



“Mindset Reset”

Expand Your Skills and Your Client Base!

Dave Elman Global Zoom Conference Catalog

January 2024

Friday 19th, Saturday 20th, Sunday 21st

www.ElmanHypnosis.com



Welcome to the Conference

The Dave Elman Medical Hypnosis Course was attended by thousands of physicians, dentists and psychiatrists from 1949-1962. Dave and Pauline Elman traveled around the US, teaching a 10-week course, until Dave's heart attack in 1962.

During this time, an evolution of Dave Elman's techniques was brought about and enhanced by the collaboration with the physician and dentist 'students' who field-tested methods as they worked with their patients and would then share

their successes and failures with the class. Successes would at times be added to the course syllabus. Thus, the methods kept evolving.

Dave devised a rapid induction which he referred to as his '3-minute routine' and is known today as the Dave Elman Induction (D.E.I.). Many schools teach it, and many hypnotists use it as their go-to induction because it is highly effective and has world-wide appeal. Gil Boyne writes in the "Hypnotherapy" forward "Then I heard Dave Elman at work! In August, 1956...one of my students loaned me a tape recording of one of Elman's Classes for physicians! Just a few minutes of Listening had an electrifying effect upon me. I knew immediately that Dave Elman had 'THE FEVER!'... a quality of excitement that ripens into an intense dedication and a lasting devotion to the use of hypnosis as a major treatment modality."

This Conference is a Celebration of the legacy of Dave Elman and his hypnosis methods plus to continue to build upon them. Today this exchange of hypnosis knowledge can expand through the magic of Zoom! Featured Speakers and global presenters will bring alive the Dave Elman experience as it influenced them personally, professionally and will look at his work in current terms. Thus, the Evolution of Hypnosis continues as Dave Elman's ongoing influence is documented today. WELCOME! You are all part of this. Someone looked at the line-up and said this is filled with Rock Stars. So, welcome to the Woodstock of Hypnosis! Dave would be blown away by the expanse of this event and would love to have met each and every one of you.

Cheryl & Larry Elman

2024
Dave Elman Global Zoom
Conference Catalog
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Friday Schedule

Dave Elman Legacy Zoom Conference Friday Jan 19th, 2024			
EST	Room 1/ Salon A	Room 2 /Salon B	Room 3 / Salon C
9:00	"The Puzzle of Your Mind: Reset the Puzzle Way" <i>Eugen Popa (Romania)</i>	HypnoDough: Tactile Approaches for Insight and Change <i>Dr Kate Beaven-Marks, UK</i>	Unlock Financial Freedom: Create & Monetize Audio Hypnosis Sessions <i>Rob DeGroof (Belgium)</i>
10:00	Welcome to the 3rd Elman Legacy Global Zoom Conference: Mindset Reset Cheryl and Larry Elman (Salon A)		
11:00	Unlocking Sensual Bliss for Our Clients: A Mindset Reset for Rediscovering Sensual Pleasure Karen (Kaz) Riley (UK) Featured Keynote Speaker (Sal A)		
12:00	Medical / Dental Panel: <i>C. Scott Giles, Sharon Waxkirsh, Dr Brian Pound, Roger Moore</i>	Overcoming Insomnia: Cognitive Behavior & Hypnotic Techniques to Improve Sleep <i>Dr Linda Ritchie (USA)</i>	The Relationship Code: Heal Your Wounded Heart <i>Debbie Papadakis (Can)</i>
1:00 (13:00)	Reset Your Marketing Mindset With A.I. <i>Sheila Granger (UK)</i>	Mindset Reset: Blending Techniques for Lasting Transformation <i>Victoria Gallagher (USA)</i>	Trance-formation & Transition of a Transgender Man: My Journey <i>Robert Fried (USA)</i>
2:00 (14:00)	Riches from Swishes: NLP Swish Pattern to enhance your wealth generating power <i>Steve G Jones (USA)</i>	Simpson Protocol: The peak of client-based hypnos <i>Tim Horn (USA)</i>	Improv for Hypnotists: Reset your Mindset with the Art of Improvisation <i>Denise Oatley Hall (USA)</i>
3:00 (15:00)	The Dave Elman Induction (DEI) for Virtual Hypnotherapy <i>Sean Michael Andrews (USA)</i>	Parallel Universe- The Sequel Time Line Therapy <i>Brenda Grey (USA)</i>	Rewind Your Mind with a Very Useful Tool: An In-Depth Look at Rewind <i>Claire de la Varre (USA & Scotland)</i>
4:00 (16:00)	Animal Magnetism- Hypnosis Roots in Energy Healing <i>Lance Baker (AU)</i>	Getting Back to Basics: Create a Mindset Reset Online Course for Clients <i>Mia Turner (NZ)</i>	Stop Hearing "I Can't Afford That!" <i>Jason Linett (USA)</i>
5:00 (17:00)	"Evolve or Die: Navigating Change, Technology & Expanding Consciousness" Heather Keys (Can) Featured Keynote Speaker (Sal A)		
6:00 (18:00)	Time Travel- Regression Panel <i>Daniel Ghanime, HypnoHeather, Debbie Papadakis</i>	Pain Control with Hypnosis and Noesitherapy in Oncologic Patients <i>Jordi Martinez Parramon (Spain) Sp/Eng</i>	NeuroNarratives: Hypnotic Storytelling for Rapid Change <i>Nathan Gist (USA)</i>
7:00 (19:00)	The Worthiness Code: A 6-Session Journey to Freedom <i>Sharon Jackman (USA)</i>	Case Studies from Hypnotic Chi: A therapeutic blend of Tai Chi & Hypnosis <i>Andrew Hardwick (NZ)</i>	Easy & Effective Resistance Clearing Before the Induction <i>Stephanie Conkle (USA)</i>
8:00 (20:00)	Tap Out of Tance for a Mindset Reset - even if overwhelmed or stuck <i>Gayle Dwer (AU)</i>	Spiritual Hypnosis: Accessing Divine Wisdom <i>C Roy Hunter (USA)</i>	Skills of Knowing Your Client Can you know your client without words spoken? <i>Larry Garrett (USA)</i>

Saturday Schedule

Dave Elman Legacy Zoom Conference Saturday, Jan 20th, 2024			
EST	Room 1/ Salon A	Room 2 /Salon B	Room 3 / Salon C
9:00	Let Me Tell You a Story: How to tell stories and love it. <i>Helen Breward (UK)</i>	What Can You Do For Pain? It's all Physical... or Is It? <i>Dr Bruce Eimer (USA)</i>	Working with Military and Emergency Services: Behind the Body Armour <i>Karl Smith (UK)</i>
10:00	Transforming Victim Mentality: How my client's past life story changed my life! <i>April Norris (USA)</i>	The Latest Evidence in Altering Your Immune System with Hypnotherapy <i>Garry Coles (UK)</i>	HypnoYoga & HypnoReiki: Use Hypnosis in Spiritual Careers <i>Anamaria Buiculescu (Spain)</i>
11:00	"Thousands of Questions Still to be Answered" Beryl Comar (Spain/Dubai)- Featured Keynote Speaker (Salon A)		
12:00	Business and Marketing Panel <i>Sheila Granger, Justine Lette, Steve G Jones</i>	Empowering your Clients in Your Pre-Talk: Emotional Rewind of the Mind <i>Amber Cox (USA)</i>	7 Secrets to Getting More Success with Clients <i>Caryn Bird (USA)</i>
1:00 (13:00)	The 4th Dimension of Regression <i>Daniel Ghanime (Lebanon)</i>	Gold Medal Hypnosis: It's a Knockout! <i>Steve Woods (UK)</i>	The Becoming Room: The Ultimate Part Therapy Protocol <i>Lori Hammond (USA)</i>
2:00 (14:00)	Who Are We in Our Hot Moments?: 5 Easy Steps to Memory Consolidation <i>Justine Lette (NZ)</i>	The Best of the Newest Written Resources in Our Field. <i>Jo Moon (USA)</i>	Fifty Years Later: Building a new practice in a new town. <i>Bob Burns (UK)</i>
3:00 (15:00)	Self-Hypnosis- Easy as 1-2-3 3 minutes to Change Your Life <i>Joann Abrahamsen (USA)</i>	Medical Miracles: Healing with Hypnosis <i>Dr Brian Pound (Can)</i>	The Last Lullaby: Role of Medical Hypnosis in End-of-Life Comfort, for a Tranquil Farewell <i>Roger Moore (USA)</i>
4:00 (16:00)	IBS Relief by Resetting the MIND: Unlock the Gut-Brain Miscommunication <i>Helena Jehnichen (Can)</i>	Quantum Connection: Mind/Light Language & Hypnotherapy <i>Amanda Steadman (Mex)</i>	"Empower Wellness" Medical Hypnosis within the Scope of Practice <i>Denise Billen-Meija (USA)</i>
5:00 (17:00)	Dave Elman's Keys to Hypnotic Confidence <i>Richard Nongard, PhD</i> Featured Keynote Speaker (Sal A)		
6:00 (18:00)	Kids Panel: <i>Pamela Mills, Ingeborg Momberg, Cheryl Elman, Marcia Horbacio</i>	Creating Unique Tangible Anchors <i>Sharna Brooks (AU)</i>	Mindset Reset - Dave Elman, Back and Forth with Hypnosis <i>Larry Elman (USA)</i>
7:00 (19:00)	Therapeutic Writing: Unlock Emotional Healing through Pen and Paper <i>Alberto Dell'Isola (Brazil)</i>	Use Personality Type to Create Suggestions that are Accepted without Resistance <i>Ruth Schneider (USA)</i>	Sacred Money Archetypes- Empower & Embrace your Unique Money Blueprint <i>Vicky Santiago (NZ)</i>
8:00 (20:00)	Working with Fibromyalgia Clients <i>Melissa Roth (USA)</i>	Don't Shoot Yourself in the Foot- End Self Sabatoge <i>Albert Bramante, PhD (USA)</i>	Hypnosis is for the Birds! Famous Resets/Conversions to Hypnosis <i>Eric Willmarth, PhD (USA)</i>

Sunday Schedule

Dave Elman Legacy Zoom Conference Sunday Jan 21st, 2024			
EST	Room 1 / Salon A	Room 2 /Salon B	Room 3 / Salon C
9:00	Mind Games- Neurobics & Mental Conditioning to Make Change Last <i>Michael Watson (USA)</i>	Stepping in the Clint's Mind. Thoughts first & help Change Using their Imagination <i>Turan Mirza (UK- Northern Ireland)</i>	Navigating Dementia with Dignity: Unlocking the Power of the Positive Person <i>Claudia Rickard (USA)</i>
10:00	Dealing With What Emerges- The skills to deal with the unexpected. <i>Sharon Waxkirsh (USA, UK)</i>	My Mindset Re-tuning's Effect On My Business and My Clients <i>Nicole Wackernagel (Switzerland)</i>	The Neuroscience of Hypnotherapy: The Brain Science behind Trance <i>Dr. Terry McIvor (Northern Ireland)</i>
11:00	Managing Dental Phobia using Elmanian Techniques <i>Dr Brice Lemaire (FR)</i> <i>Featured Keynote Speaker Sal A</i>		
12:00	Stage & Demonstrational Panel: Sean Michael Andrews, Turan Mizra, Shelly Stockwell Nicholas, Jim Kellner	Hunger Cravings & Emotional Eating: Help clients change their food relationship. <i>Joseph Onesta (USA)</i>	Using Hypnosis for Better Surgery Outcomes: Mindset in important for Surgery. <i>Seth Deborah Roth (USA)</i>
1:00 (13:00)	Unlocking Your Best Self: A Journey of Self-Care, Self-Love & Hypnosis <i>Brenda Rhodes (USA)</i>	Setting Expectations for Medical Hypnosis: A fresh take on client solutions <i>Tracy Barrett Adams (USA)</i>	Resetting Family Dynamics with Goulding Method of SleepTalk <i>Cheryl J Elman (USA)</i>
2:00 (14:00)	Recycling Mindset and Focus <i>Laiz Ricci (Brazil)</i>	Effectiveness of Associated Trances: Work With Hyperemperia <i>Christophe Pank (France)</i>	It's Not About You! Removing your ego from your client's hypnosis session. <i>Kryssa Marie Bowman (USA)</i>
3:00 (15:00)	Hypnozirk: Hypnosis & Music <i>Gabriel Nohra (USA, Lebanon)</i>	Regression Isn't For Everyone - Know When to Use It! <i>Karen Hand (USA)</i>	Boost Your Hypnosis Business: 2 Proven Approaches for Effective Change <i>Sarah Clodius & Heather Keys (Can)</i>
4:00 (16:00)	The Future of Hypnosis is Limitless: Are your sessions stuck in the past? <i>Jennifer Ibbotson Rodriguez (USA)</i>	Achieving a Mind Reset through Mind Style: A scientifically proven psychological aid <i>C. Scot Giles (USA)</i>	Flow of Life with Hypnosis: How to overcome complex problems <i>Christophe Dierckx (Belgium)</i>
5:00 (17:00)	Riding the Wave with Resilience: A Hypnotist's Mindset Reset Journey <i>Tom Nicoli (USA)</i> <i>Featured Keynote Speaker (Sal A)</i>		
6:00 (18:00)	Blended Techniques Panel: Kryssa Marie Bowman, Karen Hand, Alan Barsky	The Hallway Protocol for Kids & Teens: Releasing past without triggering trauma <i>Pamela Mills (USA)</i>	Unleashing Your Inner Badass - The Art of 'Acting As If' - Act It to Become It <i>Jim Kellner (USA)</i>
7:00 (19:00)	OMG! (Oh My Gasmic) Birthing Process <i>Linda Hayes Cooper (AU & USA)</i>	Intuitive Activation Hypnosis: Strategies, Inductions & Processes- Access Inner Genius <i>Randi Light (USA)</i>	Heal the Inner Child Discover your Jugarian Archetype <i>Patrisha Palmer (AU)</i>
8:00 (20:00)	Modern Approach to Ancient Techniques: Incorporate global science and art <i>Lauren Hall (USA)</i>	Hypnosis for Love! <i>Shelley Stockwell-Nicholas (USA)</i>	Develop Effective Hypnotic Suggestions for Athletes Using MTA <i>Joni Neidigh (USA)</i>



Cheryl J. Elman, CH, CI, CMT, BS Ed (USA)

**Conference Producer: Dave Elman Legacy Global Zoom Conference
Endorsed Trainer Goulding Method -SleepTalk**

**Cheryl Elman is the president and Primary Marketing Force
of the Dave Elman Hypnosis Institute.**

“It has been my dream to have Larry share his father’s methods with this community and we have had the pleasure of traveling to 17 countries teaching and presenting.

When producing the Elman conferences with about 83 presenters for each, these presenters have touched our lives and hearts in the past 15 years and are coming from over 16 countries.”

Cheryl was a HS Special Needs teacher, an art teacher, and artist. She has also worked as a VP, and trainer of two companies in NYC for 14 years. This experience has made her uniquely equipped to become a hypnosis trainer globally. Whether she is working with a client during a one-on-one Hypnosis session or teaching a class full of future Hypnotists, she brings humor, energy, and creativity to every situation.

Accolades

- Certified Hypnotist
- President and Marketing Director of DEHI (Dave Elman Hypnosis Institute)
- Founder and Producer of the Dave Elman Legacy Global Zoom Conferences
- Goulding SleepTalk® Method Consultant and International Trainer
- 2013 Lifetime Achievement Award from HypnoseKongress, Zurich
- 2014 Educator of the Year Award from Mid-America Hypnosis Conference.
- ICBCH Hypnotist of the Year
- 2022 Award – Most Lives Impacted by Hypnosis from Hypnosis Growth Club
- Member of International Hypnosis Federation (IHF)
- BS in Elementary Ed and Special Education K-12 from Syracuse University
- Certified Master Trainer (IACT) International Association of Counselors and Therapists
- DEHI Certified Hypnosis School Instructor for the International Medical and Dental Hypnosis Association (IMDHA)
- Lifetime Honorary Member of the Australian Society of Clinical Hypnosis (ASCH) (2012)
- Lifetime Honorary Member of the New Zealand Hypnosis Association (2019)
- Lifetime Honorary Member of the Asociatia Romana De Hipnoza (2013)

- Distinguished Fellow of the The International Guild of Hypnotherapy, NLP and 3 Principles Practitioners and Trainers (IGH3P®) Professional Body (2023)
- Co-Producer of DEHI Training Products
- Virtual Gastric Band Practitioner



**Larry Elman, CH, CI, CMT, SB Engineering (MIT), MS Engineering
– USA**

Certified Consulting Hypnotist and Son of Dave Elman

Welcome! I am proud to see how large a Conference my lovely wife generated. It reflects how important Dave Elman's work was and how that work has come down through the many decades, evolving to meet the changing needs of both the Hypnosis Profession and the Clients it serves.

I remember when my father hoped that eventually all physicians would learn hypnosis and make the human mind a more effective healing tool. Instead, today, physicians using our skills will, more often than not, do so by having a hypnotist assist them. When you are in that position, subtly teach your doctor careful hypnotic semantics, as that is the heart of making Dave Elman's methods effective.

In 2008, I was fortunate to be interviewed by Sean Michael Andrews. The interview led to my first lecture on hypnosis – a history of Dave Elman's hypnosis courses given at the National Guild of Hypnotists. What I discovered at that convention was that there were many fine colleagues with many variations on what dad originally taught. They followed the same philosophy but with modifications to fit many additional persons, situations and problems.

This Conference reflects that growth and that evolution. Watch and listen to the varied presentations of your colleagues – you will learn so much and enjoy so much. Dave Elman, my father, would be so delighted with this event. Thank you to all the presenters and participants and I look forward to meeting you throughout the weekend. ~ H. Larry Elman

Accolades

- Certified Hypnosis Instructor with the National Guild of Hypnotists (NGH)
- Certified Master Trainer with IACT (international Association of Counselors and Therapists)
- Certified Instructor of our IMDHA school (International Medical & Dental Hypnosis Association)
- Certified Instructor for ICBCH
- CEO of the Dave Elman Hypnosis Institute (DEHI)
- 2009 Presentation Award from the NGH (National Guild of Hypnotists)
- 2011 IHF ANGEL Award (International Hypnosis Federation)
- 2013 Humanitarian Award from IACT (International Association of Counselors and Therapists)
- 2013 Lifetime Achievement Award from HypnoseKongress, Zurich
- 2014 Educator of the Year Award from Mid-America Hypnosis Conference.
- DEHI Certified Hypnosis School Instructor: The International Medical & Dental Hypnosis Association
- Lifetime Honorary Member of the Australian Society of Clinical Hypnosis
- Lifetime Honorary Member of the New Zealand Hypnosis Association
- Lifetime Honorary Member of the Asociația Română De Hipnoza
- Co-Producer of DEHI Training Products
- B.S. (S.B.) in Aeronautical Engineering from MIT
- M.S. in Aerospace Engineering & Theoretical & Applied Mechanics from University of Oklahoma
- Post graduate work in Engineering Sciences from Rensselaer Polytech Institute (RPI)
- MIT Educational Counselor for 9 counties in NC

Friday Keynote Presenters



Friday January 19th - 11 AM EST

Kaz (Karen) Riley- United Kingdom

Presentation Topic:

**Unlocking Sensual Bliss for Our Clients
A Mindset Reset for Rediscovering
Sensual Pleasure**

As the host of “Trancing in the Sheets” and Mid-America Hypnotist of the Year in 2019, Kaz Riley is the founder and creator of Sexual Freedom Hypnosis, which is taught worldwide.

An award-winning international hypnotherapist and educator, she’s recognized as a leading expert in sexual freedom, sexual dysfunction, and kink-friendly hypnotherapy.

She has also earned an excellent reputation for her work with clients — and her specialist training and mentoring programs for hypnotherapists.

Website: www.KazRiley.com



Friday January 19th - 5 PM EST / 17:00 EST

Heather Keys - Canada

Presentation Topic:

**Evolve or Die: Navigating Change, Technology &
Expanding Consciousness**

Embark on a transformative journey tailored to hypnosis professionals, where we delve into innovative methods aligning with human consciousness. Leverage modern technology to not just enhance but revolutionize your practice, ensuring sustainability and profitability while fostering deep-rooted transformations in client work.

Meet Heather Keys, aka “Hypno Heather” with 12 years of experience and over 7,000 sessions. She has earned international recognition in the field of hypnotherapy.

She employs a unique approach that taps into the soul through the subconscious mind, promoting healing and self-discovery.

And she teaches practitioners to connect with their genuine selves to naturally attract those they are meant to serve, leading to purposeful and impactful businesses. Her remarkable pivot in 2020 — transitioning her entire practice and certification courses online — has equipped her to lead others in successfully evolving their hypnosis businesses for 2024 and beyond.

Website: www.hypnoheather.com

Saturday Keynote Presenters



Saturday January 20th - 11 AM EST

Beryl Comar – Spain & Dubai

Presentation Topic:

“Thousands of Questions Still to be Answered”

Beryl Comar is the author of *HypnoDontics: A Manual for Dentists and Hypnotists*.

Her courses include *The Broken Heart Cure*, *Hypnosis with Kids and Teens*, *Raising an Emotionally Intelligent Child*, *EQ Essentials for Hypnotherapists*, *HypnoDontics*, *NLP*, *Hypnosis Certifications* and *Parts Therapy*.

With Master’s degrees from both the UK and USA, she has worked in Africa and the Middle East as a school principal and university teacher trainer.

Today she trains globally online. She’s also a trainer for the Dave Elman Hypnosis Institute.

Website: www.BerylComar.com



Saturday January 20th - 5 PM EST

Richard Nongard, PhD - USA

Presentation Topic:

Dave Elman's Keys to Hypnotic Confidence

Dr. Richard Nongard is an innovative leader in the field of psychotherapy and hypnosis.

Over the last 35+ years he’s trained thousands of professionals, including ministers, medical doctors, psychologists, social workers, family therapists, hypnotherapists and professional counselors, in ways to serve their clients even better.

He’s the author of many textbooks and resources in clinical hypnotherapy. He’s also a frequent conference and keynote speaker, and he maintains a busy private practice.

Website: www.ExpertHypnosis.com

Sunday Keynote Presenters



Sunday January 21st - 11 AM EST

Dr Brice Lemaire - France

Presentation Topic:

Managing Dental Phobia using Elmanian Techniques

Dr. Brice Lemaire is the creator of the postgraduate in dental hypnosis at the University of Nice (France), and the Dave Elman Hypnosis Institute France.

A dental surgeon, speaker, and trainer in hypnosis, he's the author of books on Elmanian hypnosis, hypnodontics, and the history of hypnosis.

This presentation will show a clinical video of a dental phobia session using the Elmanian technique, which eliminated the patient's fear in just one session.

Website: www.elmanhypnosis-france.fr



Sunday January 21st - 5 PM EST / 17:00 EST

Tom Nicoli - USA

Presentation Topic:

**Riding the Wave With Resilience:
A Hypnotist's Mindset Reset Journey**

Tom Nicoli is a nationally recognized radio and television guest whose work has been featured on Dateline NBC, national radio shows, and newspapers and print publications such as Shape magazine.

He's a Board Certified Hypnotist with the National Guild of Hypnotists, an NGH Certified Instructor, a Certified Instructor Coach, an NGH

Advisory Board Member, an Order of Braid Council Member, and an adjunct faculty member.

He is also certified as a Personal Development Coach with the International Guild of Professional Coaches and Consultants.

Website: www.prosperusa.com

Panels

Panel: Dave Elman Legacy

When: Friday 10 am Eastern Standard Time, Salon A

Panel Members: Cheryl Elman Moderator, Larry Elman (USA), Eugen Popa (Romania), Nicole Wackernagel (Switzerland), Beryl Comar (Spain)

Panel: Medical / Dental Panel

When: Friday Noon / 12:00 Eastern Standard Time, Salon A

Panel Members: C. Scott Giles, Sharon Waxkirsh, Dr Brian Pound, Roger Moore

Panel: Time Travel- Regression Panel

When: Friday 6:00 PM / 18:00 Eastern Standard Time, Salon A

Panel Members: Daniel Ghanime, Heather Keys/Hypno Heather, Debbie Papadakis

Panel: Business and Marketing Panel

When: Saturday Noon / 12:00 Eastern Standard Time, Salon A

Panel Members: Sheila Granger, Justine Lette, Steve G Jones

Panel: Kids & Teens Panel

When: Saturday 6:00 / 18:00 Eastern Standard Time, Salon A

Panel Members: Pamela Mills, Joni Neidigh, Claire de La Varre, Randi Light

Panel: Stage & Demonstrational Panel

When: Sunday Noon / 12:00 Eastern Standard Time, Salon A

Panel Members: Sean Michael Andrews, Turan Mizra, Shelly Stockwell Nicholas, Jim Kellner

Panel: Blended Techniques Panel

When: Sunday 6:00 PM / 18:00 Eastern Standard Time, Salon A

Panel Members: Kryssa Marie Bowman, Karen Hand, Alan Barsky

Conference Presenters

Alan Barsky MH, CHt, BCH

When: Sunday 18:00 / 6 pm Eastern Standard Time

Where: Salon A **Blended Technique Panel**

Alan Barsky Bio (USA)

Alan has over two decades hypnotherapy practice in the San Francisco, California area. Presented at hypnosis conferences across America. Co-authored workbooks with Michael Ellner: How To Get Unstuck, and IBS Relief.

"I am client centered, so I may use NLP, the Enneagram, my business background, McGill's power hypnosis, direct suggestion, Ericksonian, and a big open heart to listen to what they need. Adding and shifting as we progress in curiosity mode. As a former teacher and well-travelled around the world, I can share insights into solutions for clients to help release their stuck situation".

Website: www.MindBodyHypnosis.com

Albert Bramante PhD in Psychology

When: Saturday 20:00 / 8:00 PM Eastern Standard Time,

Where: Salon B

Don't Shoot yourself in the Foot!

Ending Self Sabotage

This presentation will be based on an upcoming book. I will discuss in self defeating behavior and the relationship with self esteem, fear of success, self efficacy, and personality factors. Also, we will talk about cultivating a growth mindset. Stop being your own worst enemy!

Bio: Albert Bramante (USA)

Albert Bramante has a PhD In Psychology. and is a certified hypnotist & NLP Practitioner. He has an upcoming book slated for early 2024

Website: www.beartists.com

Alberto Dell'Isola Bachelor's in psychology & Master's in legal psychology

When: Saturday 19:00 / 7:00 PM Eastern Standard Time,

Where: Salon A

Therapeutic writing

Unlocking Emotional Healing Through Pen and Paper."

The Science Behind Writing Therapy, Practical Techniques in Therapeutic Writing, Incorporating Therapeutic Writing into Daily Life

Bio: Alberto Dell'Isola (Brazil)

Alberto Dell'Isola is a renowned hypnotherapist and a dedicated instructor in the field of hypnosis. With a comprehensive approach to mental well-being, he seamlessly integrates the profound effects of hypnosis with established techniques from other pivotal fields of therapy. This includes the evidence-based methodologies of Cognitive Behavioral Therapy (CBT) and the person-centered approaches found in humanistic psychology. His holistic method offers clients and students a unique blend of therapeutic modalities to foster deep change and personal growth.

Website: <http://www.albertodellisola.com.br>

Amanda Steadman BA in Franch, German & Business,

When: Saturday 16:00 / 4:00 PM Eastern Standard Time,

Where: Salon B

The Quantum Connection/Mind Or Light Language and Hypnotherapy

Discover the unknown power of your connection to the quantum and how you can enhance your life and that of others.

"Besides their esoteric, ancestral practices, Yoga and Reiki are more and more being used in the medical and therapeutic fields, as doctors and psychologists recommend Yoga and Reiki as techniques for stress release. Reiki works on the mental-emotional layer, Yoga targets the body, mind, and soul.

Unfortunately, patients self-limiting beliefs, limiting language, subconscious traumas, fears, and phobias often reduce the effectiveness of these practices. Hypnosis and NLP educate people about a mindset and brain health strategies, how even if they TRY so hard, it feels that everything goes very slow.

Anamarie demonstrates how Yoga/Reiki teachers that understand application of hypnotic language and waking hypnosis, can conduct group and individual therapy whenever a client has a catharsis during a Reiki session. It can be addressed with hypnotherapy, thus becoming a HipnoReiki session."

Bio: Amanda Steadman (Mexico)

Academy of Hypnosis, Paul Elliot Master NLP Practitioner, Louise L Hay Teacher, Reiki Master, QHHT Training . Founder of MindGenie and Author of 3 Best Selling books Amanda Steadman excels in assisting heart-centred go-getters to rewire their brain to succeed in business and life.

Her experience in corporate and entrepreneurship as well as in the holistic fields over 25 years, have enabled her to create her own blueprint of transformation from the inside out using our minds with amazing results.

Without the right internal foundations, maximum achievement can be difficult to sustain. With her neuro-spiritual formula, life becomes more fulfilling and fearless.

Amanda embodies the meaning of a stress-free lifestyle by the beach, choosing to live as consciously and in-flow, whilst inspiring others to do the same through connecting to the quantum, her talks, courses, books and events.

Website: amandasteadman.com and mindgenie.us

Amber Rose Cox BCH, CI, Author

When: Saturday 12:00 / Noon Eastern Standard Time,

Where: Salon B

Empowering Your Clients in Your Pre-talk:

Emotional Rewind of the Mind

Empowering your clients starts right at the beginning and during the pretalk.

I will share how I have evolved my approach into an intellectual conversation that empowers the client, creates belief and sets the intention of the change they have come for.

Behavior/response is about the emotion the client is feeling. Giving your client an experience and teaching them they are in control is absolutely invaluable to the session and the success your client has when they leave.

Bio: Amber Rose Cox (United States)

Amber is a client directed change expert who's work encompasses individuals, teams and companies to incorporate cohesive relationships and behavioral change according to goals, desires and general well-being. She is a facilitator of change, using integrative modalities and processes such as Emotional Intelligence training, Neuro Linguistic Programming and Clinical Hypnotherapy.

Amber also is a global presenter, speaker and trainer on Emotional Intelligence.. In addition she is an expert at delivering presentations and demonstrations on the power of suggestion with regard to behavioral change in utilizing mindfulness and resilience techniques.

Amber is a Board Certified Clinical Hypnotherapist and has done extensive and advanced training with leaders in the area of Emotional Intelligence, Neuro Linguistic Programming and Clinical Hypnotherapy. Amber has a twenty-five year background in corporate sales as well as a private Clinical Hypnotherapy practice for the past fifteen years.

Website: MaineHypnosisCenter.com

Anamaria Buiculescu Master Degree in Emotional Intelligence

When: Saturday 10:00 AM Eastern Standard Time

Where: Salon C

HypnoYoga and HipnoReiki - the use of hypnosis in spiritual careers

"Besides their esoteric, ancestral practices, Yoga and Reiki are more and more being used in the medical and therapeutic fields, as doctors and psychologists recommend Yoga and Reiki as techniques for stress release.

Reiki works on the mental-emotional layer, Yoga targets the body, mind, and soul. Unfortunately, patients self-limiting beliefs, limiting language, subconscious traumas, fears, and phobias often reduce the effectiveness of these practices. Hypnosis and NLP educate people about a mindset and brain health strategies, how even if they TRY so hard, it feels that everything goes very slow.

Anamarie demonstrates how Yoga/Reiki teachers that understand application of hypnotic language and waking hypnosis, can conduct group and individual therapy whenever a client has a catharsis during a Reiki session. It can be addressed with hypnotherapy, thus becoming a HipnoReiki session."

Bio: Anamaria Buiculescu (Spain)

Anamaria graduated from her Master of Counseling and having dealt with cancer when she was only 24 years old, she began to explore different holistic approaches to healing. Today, 12 years later, she is using many advanced techniques and methods to guide others in their individual healing experiences. She is an NLP Trainer, Hypnotherapist, Reiki Master and Yoga Teacher.

Website: www.karmagirona.com

Andrew Hardwick **CHt, MNZAPH, HNZRCH, DipM, Dip Hyp, Dip Adv Hyp, PNLP, PEFT, NZLC**

When: Friday 19:00 / 7:00 PM Eastern Standard Time

Where: Salon B

Case Studies from Hypnotic Chi

Tai Chi & Hypnosis - A Therapeutic Blend

Andrew has been combining hypnosis with tai chi when working with clients for Parkinson's Disease, arthritis, diabetes, weight loss, stress, recovery and movement dysfunction for years. He recounts stories of how the therapeutic blending of hypnosis with the yin and yang of tai chi restores equilibrium, and the mind and body's natural healing abilities are enhanced, promoting overall health and well-being.

Bio: Andrew Hardwick (New Zealand)

Andrew Hardwick - THE HABIT CHANGE WIZARD!

Andrew is an outgoing, fun, people-person, working as a Hypnotherapy Trainer & Consultant, Tai Chi Instructor, Life Coach, Practitioner of EFT (tapping) and NLP and speaker, running NZ Hypnotherapy Training and consultancy clinics in the Hutt Valley and online.

His experience is founded upon 30+ years as a Registered General Nurse, Registered Mental Health Nurse, and a variety of Project Management & Quality Management positions within public and private sector hospital management teams in the UK & NZ.

On moving to New Zealand in 2004, Andrew made a 5-year plan to switch career and become a hypnotherapist. He delivered on that plan, establishing Andrew Hardwick Hypnotherapy in 2009, Not Strictly Tai Chi in 2012, and both Petone Life Coaching and NZ Hypnotherapy Training in 2022. Andrew is an inspirational leader and passionate trainer who thinks on his feet and outside the box.

Website: www.andrewhardwick.co.nz

April Norris IACT Master Trainer

When: Saturday 10:00 AM Eastern Standard Time

Where: Salon A

Transforming Victim Mentality

How my client's past life story changed my life

Transforming Victim Mentality. Along with exploring the victim mentality and the sneaky ways it manifests in attitudes and behaviors,

I will tell the story of my most interesting regression client. I call her story 'the queen' and the life lesson I gleaned from my few sessions with this client was the most impactful lesson of my career. What I witnessed and learned changed my own perspective immediately. It involved her rapid shifting from

victim to villain to a freedom mindset. I will outline how her healing transformation took place, the mental attitudes and learning that occurred and will provide a few practical applications and answer any questions.

Bio: April Norris (United States)

April Norris is a Board Certified Hypnotherapist CHT. and Master Hypnosis Trainer through the International Association of Counselors and Therapists who has been serving students and clients for 25 years.

She trained with Stephen Parkhill and has done specialized work in medical hypnosis with a focus on Anxiety and Trauma. She regularly collaborates with physicians and enjoys speaking to medical students and healthcare professionals about the unlimited healing potentials of hypnosis.

Website: AprilNorrisMindTraining.com

Bob Burns BA Hons Psychology and Sociology

When: Saturday 14:00 / 2:00 PM Eastern Standard Time

Where: Salon C

50 Years Later:

Building a new practice in a new town

How to build and develop a practice

Bio: Bob Burns (England)

Been hypnotising for 50 years, and is a working therapist who trains and mentors others

Website: Bobburnshypnotherapy.com

Brenda Gray Certified Hypnosis Practitioner, BS, AAS, 1st Dan Black Belt

When: Friday 15:00 / 3:00 PM Eastern Standard Time

Where: Salon B

Parallel Universes: The Sequel

I'll be sharing a time line technique that allows you to create change whether you are studying martial arts, seeking increased confidence, or other issues.

Bio: Brenda Gray (USA)

I am constantly expanding my knowledge and experience in Hypnosis to stay on the cutting edge of the healing power of hypnosis and to provide the best experiences possible to my clients. I have helped clients overcome lifelong smoking habits, stress related issues, and a variety of other maladies. I have

dedicated my life to the service of others by creating Hypnosis...for change. It is a labor of love, service, and commitment to helping you live your best life. My role is to assist you in making positive change to live the life you deserve.

Website: www.hypnobybrenda.com

Brenda Rhodes Certified IHF Hypnosis Instructor & Reiki Master/Teacher

When: Sunday 13:00 / 1:00 PM Eastern Standard Time

Where: Salon A

Unlocking Your Best Self: A Journey of Self-Care, Self-Love, and Hypnosis

Discover the Power Within, Transform Your Life

Description:

Hey there, fellow hypnotists! Are you ready for an inspiring and transformative journey? Join me for a presentation that combines the magic of hypnosis with the warmth of self-care and the embrace of self-love.

Key Points:

The Power of Self-Care: We'll dive into the world of self-care and explore why it's essential not only for our clients but also for ourselves. Learn practical and effective self-care techniques that will leave you feeling recharged and ready to help others.

Embracing Self-Love: Self-love isn't just a buzzword; it's the foundation of a fulfilling life. Discover how self-love can enhance your hypnosis practice and bring out the best in both you and your clients.

Hypnosis: A Catalyst for Transformation: Explore how hypnosis can unlock the hidden potential within us. We'll share case studies and techniques that demonstrate how hypnosis can facilitate profound personal growth.

Empathy and Connection: Dive into the importance of empathy and connection in the realm of hypnosis. Learn how to establish a deeper rapport with your clients, making their journey toward self-improvement even more rewarding.

Fun and Playfulness: Let's not forget to have some fun along the way! We'll infuse our presentation with lightheartedness and laughter because, after all, transformation should be an enjoyable adventure.

Practical Tools: Walk away with actionable tools and strategies you can immediately incorporate into your practice. These techniques will help you guide your clients on their journey of self-discovery and empowerment.

Join me on this exciting adventure of self-discovery, where you'll not only enrich your hypnotic skills but also find new ways to infuse your life with self-care, self-love, and boundless transformation. Together, we'll unlock the true potential within us and create a brighter, more fulfilling future. See you there!

Bio: Brenda Rhodes (United States)

BRENDA RHODES, CHI

Certified Neural-Hypnotist, Hypnotherapist, Hypno-Life Coach, Ordained Minister, Certified Art Therapist, Andean Shamanism Instructor

For several decades, Brenda has worked as a relationship coach, educator, and clinical practitioner. She is the creator of the wildly popular “Great Relationship Retreats” and “From Survive to Thrive” a program that support the well-being of survivors of abuse. She has trained to over 2500 hypnosis clients and practitioners in over 20 countries. Her mission is to inspire YOU to achieve your dreams and goals and love yourself complete.

Website: allentownhypnosis.com

Dr. Brice Lemaire PhD

When: Sunday 11:00 AM Eastern Standard Time

Where: Salon A Featured Kenote Speaker

Managing Dental Phobia using Elmanian technique

This presentation will show a clinical video of a dental phobia treatment using the Elmanian technique. of a hypnoanalysis with a regression-to-the-cause which cured the patient in one session. A single hypnotherapy session is necessary in the case of dental phobia before starting the dental procedure.

Bio: Dr. Brice Lemaire (France)

Author, speaker, and trainer in medical hypnosis (Dental University in Nice, Dave Elman Hypnosis Institute France)

Website: <https://www.elmanhypnosis-france.fr>

Bruce Eimer Ph.D in Clinical Psychology

When: Saturday 09:00 AM Eastern Standard Time

Where: Salon B

What Can You Do About Pain?

It's just physical or is it?

It is difficult for many patients who suffer from intractable pain to believe that hypnosis or any psychological treatment can help them get out of pain. People who feel that they have been let down by the medical system often interpret a referral to a hypnotist or therapist as implying the pain is all in their head. This belief fuels resistance to buying in to the idea that their thinking affects their pain levels.

In this brief course, noted pain expert, Dr. Bruce Eimer, will demonstrate how to bridge from this resistance to acceptance of hypnosis for pain relief. Attendees will learn how the hypnotherapist can create a hypnosis pre-talk highlighting the reciprocal relationship between physical pain, thoughts and emotions. By creatively following this template, you will have greater success in transforming resignation and despair into curiosity and cautious optimism.

Bio: Bruce Eimer (USA)

Dr. Bruce Eimer is a Florida Licensed Psychologist and Certified Hypnotherapist in Lake Worth Florida who specializes in treating patients with chronic pain and depression. He has authored nine books and over 100 articles and book chapters and regularly teaches workshops on Pain Control Hypnosis to hypnotherapists and health professionals. His websites are www.BruceEimer.com and www.HypnosisCE.com.

Website: www.BruceEimer.com

C Roy Hunter PhD, DIMDHA, DAPHP

When: Friday 20:00 / 8:00 PM Eastern Standard Time

Where: Salon B

Spiritual Hypnosis

Accessing Divine Wisdom

Calling out that part of the subconscious most closely connected to God or Higher Power

Bio: C Roy Hunter (USA)

Roy Hunter was certified in hypnotherapist by Charles Tebbetts in 1983, and started teaching his mentor's 9-month professional hypnosis course in 1987 at Tacoma Community College in Tacoma, Washington. Roy has taught classes and workshops over the years in over 20 countries, and is the published author of several books, based on the work of Tebbetts, updated by his professional experience.

His hypnosis texts are recommended or required reading in many hypnosis schools around the world. His highly praised regression text was co-authored by Bruce N. Eimer, PhD, ABPP, a licensed clinical psychologist. Roy is a Life Diplomat of both the IMDHA and APHP; and has received numerous awards through the years, including recognition for lifetime achievement from three different organizations. His website is: www.royhunter.com

Website: www.royhunter.com

Caryn Bird Certified Professional Hypnotist, Performance Mindset Expert, BA in Psychology

When: Saturday 12:00 / Noon Eastern Standard Time

Where: Salon C

Seven Secrets to Getting More Success With Clients

Most of us are skilled at hypnosis. Now what? What are the secrets to getting maximum success with your clients and more in your doors?

Bio: Caryn Bird (USA)

Caryn Bird, Consulting Hypnotist and Performance Mindset Expert

Caryn is an International Speaker and Trainer, Author of Hypnos-Niche, and Founder of Win With Hypnosis Clinic. Caryn coaches and certifies hypnotists around the world to become game-changing Performance Mindset Experts via the Attitude of a Champion Academy. Her expertise is working with high performers and is a leading mindset expert. She trains athletes to tap into their self-belief and mental toughness so they can reach their peak performance.

Website: <https://CarynBird.com>

Charles (Scot) Giles Doctor of Minister (D.Min.), Diplomate of the National Guild of Hypnotists (DNGH)

When: Sunday 16:00 / 4:00 PM Eastern Standard Time

Where: Salon B

Achieving a Mind Reset Through Your Mind-Style

A scientifically proven psychological aid

The Eye Roll is a tool developed by Drs. Herbert and David Spiegel which tracks the ability of a person to be hypnotized and tells the hypnotist about the person's Mind-Style, or how they think and feel in the inner world. Different people of different Mind-Styles manage their inner world differently and knowing what works helps the professional be effective.

Bio: Charles (Scot) Giles (USA)

The Rev. Dr. C. Scot Giles is a senior member of the National Guild of Hypnotists. For more than thirty years he has maintained a large practice in hypnotic coaching that includes three free clinics for cancer patients in an arc around Chicago. He is the author of the curriculum used by the National Guild of Hypnotists to train colleagues to do hypnotic medical and cancer health coaching. He has won many awards, and in 2005 was inducted into the Order of James Braid, an international honor society for the hypnotic arts and sciences.

Website: www.csgiles.org

Cheryl J Elman (USA) CH, CI, BS Ed, Endorsed SleepTalk Trainer

When: Friday 20:00 / 8:00 PM Eastern Standard Time

Where: Salon C

Resetting Family Dynamics With Goulding Method of SleepTalk

The events of the past several years have had an impact on children and family interactions. The fears created by the ongoing wars and the COVID pandemic while being cooped up and stilted social interaction with peers, have had lasting effects on many children and teens. Using the The Goulding Method of SleepTalk, Cheryl trains parents to speak to their children 2-3 minutes during their sleep, using a proven foundation which builds their self-esteem and emotional resilience.

Do you see children in your practice? Perhaps you work with parents who have stress at home? Not only does this help the children, we sneak in the shift in the parents mindset just by doing SleepTalk. This is a great addition to your hypnosis or psychology practice.

Bio:

Cheryl was a HS Special Needs teacher, an art teacher, and artist. She has also worked as a VP, and trainer of two companies in NYC for 14 years. This experience has made her uniquely equipped to become a hypnosis trainer globally. Whether she is working with a client during a one-on-one Hypnosis session or teaching a class full of future Hypnotists, she brings humor, energy, and creativity to every situation.

- Certified Consulting Hypnotist
- President and Marketing Director of DEHI (Dave Elman Hypnosis Institute)
- Founder and Producer of the Dave Elman Global Zoom Conferences
- Goulding SleepTalk® for Children Consultant and International Trainer
- 2013 Lifetime Achievement Award from HypnoseKongress, Zurich
- 2014 Educator of the Year Award from Mid-America Hypnosis Conference.
- ICBCH Hypnotist of the Year
- BS in Elementary Ed and Special Education K-12 from Syracuse University
- Certified Instructor ICBCH
- DEHI Certified Hypnosis School Instructor for the International Medical and Dental Hypnosis Association (IMDHA)
- Lifetime Honorary Member of the Australian Society of Clinical Hypnosis
- Lifetime Honorary Member of Hypnosis New Zealand
- Lifetime Honorary Member of the Asociația Română de Hipnoză
- Co-Producer of DEHI Training Products
- Virtual Gastric Band Practitioner

Website: www.ElmanHypnosis.com

Christophe Dierckx

When: Sunday 16:00 / 4:00 PM Eastern Standard Time

Where: Salon C

Flow of Life:

How to overcome complex problems

Most issues start on 3 layers (inner child, pelvic, upper limit problem). Let's start!

Bio: Christophe Dierckx (Belgium)

Christophe Dierckx cured himself of sleep apnea—Holistic Hypnosis trainer - life (Benelux) and online-. Creator of "Flow of Life", and trainer of the Simpson Protocol.

Website: <https://bequantummind.com>

Christophe Pank Hypnosis Trainer / Certified Hypnotherapist

When: Sunday 14:00 / 2:00 PM Eastern Standard Time

Where: SalonC

Effectiveness of Associated Trances:

Work with *Hyperempiria*

What Is Hyperempiria ?

Difference between associated and dissociated strategy

Work with the triad : mental/ emotional / body

Bio: Christophe Pank (France)

I am Pank, a practitioner in hypnosis/hypnosophy and questiosophy. I have been seeing clients in my office since the early 2000s in the Yvelines region (78) in France.

I hold various certifications, including being an instructor for the National Guild of Hypnosis (NGH), the Dave Elman Hypnosis Institute (DEHI), the Silva Method, and the NLP Trainer and Consultancy. I am also certified in Medical Hypnosis by the International Medical & Dental Hypnotherapy Assoc. (USA) and Up Hypnosis Institute (USA).

I founded HnO Hypnosis in 2012 to share and provide training in these disciplines that I am passionate about.

My approach to hypnosis is quite combative. As a practitioner of combat sports, I view the therapeutic process as a battle with our own inner shadows and discomforts. Are you ready to step into the ring?

Website: www.pankhno.com

Claire de la Varre PhD, HGDipP

When: Friday 15:00 / 3:00 PM Eastern Standard Time

Where: Salon C

Rewind Your Mind

An in-depth look at the Rewind: one of the most useful hypnotic tools!

The NLP fast phobia cure has evolved into the Rewind technique. This presentation teaches two different ways of doing the Rewind and includes findings from current research. If you are not using the Rewind in your practice you should be!

Bio: Claire de la Varre (USA)

Hypnotherapist, therapist, supervisor, instructor, energy worker, and tarot reader! I split my time between Scotland and North Carolina, and have been in private practice since 2008.

Website: Positivespiralhypnosis.com

Claudia Rickard Diploma in Clinical Hypnotherapy with Distinction

When: Sunday 09:00 AM Eastern Standard Time

Where: Salon C

Navigating Dementia with Dignity:

Unlocking the Power of Positive Person Work for Dementia Care

Dementia care doesn't have to be a journey marked solely by decline and loss. By learning and applying the principles of positive person work, you can make a profound and lasting difference in the lives of individuals with dementia. It's a transformative journey that goes beyond caregiving; it's about embracing the humanity in every individual.

I invite each and every one of you to join me on this extraordinary journey of mindset reset. Let's unlock the power of positive person work for dementia care together. Your presence and commitment can create lifelong vitality for those who need it most.

It's time to embrace the new culture of dementia care, one that creates a positive and enriching environment for those in your care. This mindset reset is not just about changing the way view dementia; it's about transforming the lives of those we care for.

Bio: Claudia Rickard (United States)

Claudia Rickard, Speaker and Author was born in the U.K in 1969 and moved to North Carolina in 2019. She is an Emotional Intelligence Specialist, Certified Consulting Hypnotist, Nightingale Memory Consultant, Goulding Sleep Talk® Consultant, Master NLP Practitioner, Advanced BLAST Technique® Practitioner and a Certified Havening® Practitioner. She uses these techniques as well as EFT and Kinetic Shift in her practice and gives strategies for her clients to build their own inner resources and

release old, unwanted feelings. Claudia is passionate about helping improve quality of life for not only her clients but for anyone who wants to create change in their lives. She may be reached at info@claudiarickard.com or through her website ClaudiaRickardHypnosis.com.

Website: ClaudiaRickardHypnosis.com

Daniel Ghanimé MBA, CHT, CMP

When: Saturday 13:00 / 1:00 PM Eastern Standard Time

Where: Salon A

The 4th Dimension of Regression

Regression to cause can be done in so many ways with revivification, 3 types are known to be used: directed, non-directed and affect bridge.

In this presentation I will be discussing the use of parts regression, using the parts' therapy approach to reaching the ISE (initial sensitizing event).

Bio: Daniel Ghanimé (Lebanon)

Daniel Ghanimé is a seasoned practitioner and trainer with a track record of success with individuals, couples and groups. His work focuses on reshaping and reprogramming the emotions to build resiliency and emotional awareness in children, teens and adults. As a Morpho-Psychologist and Clinical Hypnotherapist specializing in Regression to Cause, Daniel offers a multi-disciplinary approach to facilitating true change and healing for his clients. Daniel is an international MBA, DEHI Trainer, a member of IMDHA , NGH and multiple global associations and certifications.

Website: www.TheControlAlt.com

Debbie Papadakis Clinical Hypnotherapist, Registered Psychotherapist

When: Friday 12:00 / Noon Eastern Standard Time

Where: Salon C

The Relationship Code

Heal Your Wounded Heart

- Identify problematic areas and learn how to transform clients' relationships and heal the wounded heart
- Demonstrate how to energetically free clients from past destructive relationships (if any)
- Learn how to clear cellular memory and break multi-generational patterns that are stored at the cellular level

- Define and explain the seven Chakras (energy centers) and learn how to use them to uncover blockages in order to restore balance and healing
- Apply specific techniques to transform negative emotions into positive ones using the Relationship Code system
- Outline the steps required to overcome emotional blocks and obstacles created by painful experiences/relationships
- Outline the steps to forgiveness
- Identify how to create the relationships clients desire by using the power of the mind
- Witness/Partake in a powerful demonstration to experience forgiveness and personal transformation

Bio: Debbie Papadakis (Canada)

Debbie Despina Papadakis, RP, CHt, CI is a Registered Psychotherapist, Clinical Hypnotherapist, Diplomate of the IMDHA, Author of The Relationship Code: Heal Your Wounded Heart, practicing since 1995. She has been featured in Oprah's "O Magazine, O's Big Book of Happiness, ElleCanada, Zoomer, CNN.com, WTN and VISIONTV. She is an NGH Certified Hypnosis Instructor, an IMDHA Certified Hypnosis & Pain Management Instructor, IBRT Certified Past Life Regression Instructor, Reiki Master, Educator, Speaker & Founding Director of Hypno Healing Institute (Hypnosis School & Clinic) in Toronto, Canada. Recipient of the IMDHA Life Diplomate and Fellow awards in Hypnotherapy and the NGH Charles Tebbetts' award for spreading the light of Hypnotism.

Website: www.hypno-healing.com

Denise Oatley Hall

When: Friday 14:00 / 2:00 PM Eastern Standard Time

Where: Salon C

Improv for Hypnotists

Reset your Mindset with the Art of Improvisation

Delve into the art of improv, a pathway to unlock spontaneity, shed the shield of defensiveness, liberate inhibitions, enhance your listening skills, and unmask your authentic self, whether it's in the realms of the office, on stage, during presentations, while networking, or in the realm of public speaking.

Bio: Denise Oatley Hall (United States)

Denise Oatley Hall is a fascinating and multi-talented individual with a diverse background in the performing arts. Her roles as a clown, performer, artist, singer, speaker, character actor, comedy hypnotist, instructor, and coach indicate a broad range of skills and experiences. Denise brings a wealth of knowledge and expertise to everything she does.

Because Denise is passionate about sharing her skills, she is excited to be speaking about "Improv for Hypnotists" this year. Improvisation is a valuable tool for enhancing creativity, spontaneity and it can

indeed make individuals more engaging, flexible, and authentic in their work as hypnotists. And it is fun!!! You will find it will not only enhance your performance as a hypnotist but every other part of your life. Get ready to risk looking silly, making mistakes, discovering your brilliance and laughing hard.

Website: www.deniseoatleyhall.com

Denise Billen-Mejia MD, Consulting Hypnotist

When: Saturday 16:00 / 4:00 PM Eastern Standard Time

Where: Salon C

"Empower Wellness"

Medical Hypnosis within the Scope of Practice"

Collaboration & Ethics

Bio: Denise Billen-Mejia (USA)

A Medical Doctor with twenty years of experience in pediatrics and emergency medicine, Denise found herself on the opposite side of the medical equation, struggling to recover her health.

After slow improvement over the course of a decade, she began to explore how she could still contribute to the world and found hypnosis to be the perfect answer. Today, her mission is to raise awareness about the potential of hypnosis and its integration into standard medical practice.

Website: www.healandberadiant.com

Dr Kate Beaven-Marks Doctorate of Education EdD, MSc, AdvDipH,

When: Friday 09:00 AM Eastern Standard Time

Where: Salon B

HypnoDough

Tactile approaches for insight and change.

This session will introduce and explore the use and benefits of using a tactile technique with clients to facilitate greater insight and change.

These techniques are particularly helpful where a client is unable to verbalise aspects of the insight or change process.

Participants will be taught a simple yet effective technique that they can use with their clients.

Bio: Dr Kate Beaven-Marks (UK)

PDCHyp, PDCBHyp, BCH, MPNLP, SQHP, ADPR, HPD(NCH), CI, ATCL, FHEA, FSET, FACCPH, MBPsS, FBSCH, FFHT, MNCH(Acc.), MNGH, C.P.H., FRSM, CMIOSH, CFIRM, MInstLM

Dr Kate Beaven-Marks is an energetic, enthusiastic, experienced clinical hypnotist, hypnotherapy trainer, international presenter and author.

She has extensive practical and theoretical knowledge of hypnosis which is supported by her extensive studies and research (including doctoral research of how hypnotherapy is taught) and a broad range of practical applications including hospital environments and a busy London-based hypnotherapy practice.

As well as teaching with HypnoTC and creating courses with Hypnosis-Courses.com (co-founder), she teaches in Universities, Colleges and in the NHS. Kate is passionate about raising hypnotherapy education standards to help each therapist develop to their fullest potential.

She is an experienced clinical supervisor, has an active role with the Complementary and Natural Healthcare Council (CNHC) and is Chair of the British Society of Clinical Hypnosis (BSCH).

Website: www.hypnotc.com / www.drkatehypno.com / www.hypnosis-courses.com

Dr Terry McIvor Bsc (Hons) Biochemistry, Doctor of Philosophy in Education

When: Sunday 10:00 AM Eastern Standard Time

Where: Salon C

The Neuroscience of Hypnotherapy

The Brain Science behind Trance

Introduction to the neuroscience aspects of the presentation titled "The Brain Science Behind Trance."

Note: Access to specific content is needed for a comprehensive overview.

Section 1: Neuroscience of Hypnotherapy

- Exploration of the neuroscience behind various brain regions and processes involved in hypnotherapy.
- Detailed look at how brain wave activity is altered during hypnotherapy.

Section 2: The Neuroscience Behind the Hypnotherapy/ Hypnosis Process

- Understanding the neuroscience behind the heightened suggestibility and deep relaxation in hypnotherapy.
- Discussion on the brain's role in accepting positive suggestions more easily during the subconscious state.

Section 3: The Neuroscience behind the Outcomes of Hypnotherapy

- Analysis of the neuroscience behind potential changes in thoughts, feelings, and behaviours post-hypnotherapy.
- Exploration of the brain's response to hypnotherapy and its long-term effects.

Section 4: Ongoing Neuroscience within Hypnotherapy/ Hypnosis Research

- Overview of the ongoing neuroscience research and debate on the exact brain mechanisms behind hypnotherapy.
- Discussion on the current neuroscience findings and their implications for hypnotherapy.

Conclusion

- Sum up of the key neuroscience points discussed.
- Emphasis on the need for further neuroscience research to fully understand the brain mechanisms behind hypnotherapy/ Hypnosis and trance.

Bio: Dr Terry Mclvor (UK)

Post Graduate Certificate in Further and Higher Education, Post Graduate Diploma in Further and Higher Education, PostGraduate Certificate in Educational Technology

Dr. Terry Mclvor stands as a beacon in the coaching profession with over two decades of unparalleled contribution. Recognised for his significant role in adult education reintegration,.

Dr. Mclvor's innovative SynapGen™ - NSP Coaching System has revolutionised professional performance enhancement by integrating rapid neurosensory methods with the neuroscience of coaching. His commitment to emotional resilience and addressing non-structural chronic pain issues is evident in his role as the CEO of the Sales Doctor Hypnotherapy and Neuropsychology Clinic and his recognition by the Pain Reprocessing Therapy Centre in the US.

His extensive roles include being the founder of the International Guild of Hypnotherapy, NLP, and 3 Principles Coaching, and the accredited STEM coaching school, AISR. His current research interests lie in the Neuroscience of Hypnotherapy, Coaching and NLP. as well as Chronic Pain Reprocessing, reinforcing his position as an accredited SIRPA practitioner for Chronic Pain.

Dr. Mclvor's influence transcends traditional roles, as evident in his work as a syndicated podcaster for the Price of Business. His visionary leadership in developing a curriculum for top coaches in London and accrediting their coaching programs for international use through his professional body, IGH3P, underscores his global impact and commitment to elevating coaching standards worldwide. His affiliation with robust regulatory frameworks like IRCM.CIC and the Coaching Ombudsman further solidify his unwavering commitment to excellence, fairness, and integrity within the coaching profession.

In chronic pain, Dr. Mclvor stands out as an experienced Chronic Pain Reprocessing Health Coach, employing innovative psychological methods and health coaching to transform lives. His dedicated and empathic approach, combined with his extensive knowledge of reprocessing chronic pain, has provided hope and improved life quality for many.

His diverse roles, innovative contributions, and unwavering commitment to excellence and innovation solidify Dr. Terry Mclvor's standing as a global thought leader in coaching, hypnotherapy, and chronic pain management. **Website: www.igh3p.com *******

Dr. Brian Pound MB. BS. LRCP. MRCS. LMCC.

When: Saturday 15:00 / 3:00 PM Eastern Standard Time

Where: Salon B

Medical Miracles

Healing With Hypnosis

The art and science of healing physical and life-style issues. Hypnotherapy in Medicine

Bio: Dr. Brian Pound (Canada)

A retired physician with over fifty years of experience in hypnotherapy in my medical practice. Still providing hypnotherapy sessions. Successfully treating physical issues that were deemed unrepeatably using hypnosis. On the staff of the Shelbourne Physiotherapy Clinic in Victoria BC and the author of five books on hypnotherapy published on Amazon Kindle.

Email: Brian.Pound@telus.net

Dr. Steve G. Jones a doctorate in education (Ed.D.), BCHt

When: Friday 14:00 / 2:00 PM Eastern Standard Time

Where: Salon A

Riches from Swishes

Use the NLP swish pattern in a hypnosis session to enhance your wealth-generating power

Dr. Steve G. Jones will teach you how to use the NLP Swish technique in a hypnosis session to program yourself or your clients for increased wealth generation.

Bio: Dr. Steve G. Jones (United States)

Dr. Steve has a bachelor's degree in psychology from the University of Florida (1994), a master's degree in education (M.Ed.) from Armstrong Atlantic State University (2007), a specialist degree (Ed.S) in education (2009), a doctorate in education (Ed.D.)

Dr. Steve G. Jones, Ed.D. is a board certified Clinical Hypnotherapist who has been practicing hypnotherapy since the 1980s. He is the author of 25 books on such topics as hypnosis, the law of attraction and weight loss.

Steve has also created over 9,000 hypnosis audio recordings and 22 different online certification programs, which are sold in over 140 countries. Dr. Steve has been featured on Bravo's Millionaire Matchmaker as both a hypnotherapist and a millionaire. Additionally, Dr. Steve has been interviewed on CNN, ABC, NBC and CBS.

Website: www.stevegjones.com

Eric Willmarth Ph.D. Clinical Psychology, Full Professor, Saybrook University

When: Saturday 20:00 / 8:00 PM Eastern Standard Time

Where: Salon C

Hypnosis is for the Birds!

Famous Resets/Conversions to Hypnosis

Some of the most famous hypnosis researchers and practitioners started out attacking hypnosis before they discovered their error. From Ericka Fromm back to the days of Mesmer, this presentation will share some of the stories of the greatest "resets" of hypnosis history.

Bio: Eric Willmarth (USA)

Eric K. Willmarth, Ph.D. is the Chair of the Applied Psychophysiology Department at Saybrook University. A clinical psychologist using hypnosis for over 40 years, he has served as president of the American Society of Clinical Hypnosis, the Society for Clinical and Experimental Hypnosis and the American Psychological Association's Division 30, The Society for Psychological Hypnosis. He has given workshops across the United States and in many countries around the world. For the past 25+ years he has collected video interviews with some of the world's most famous researchers and clinicians which can be found on YouTube or at www.hypnosiscentral.com

Website: www.hypnosiscentral.com

Eugen Popa CEO Romanian Hypnosis Association, International Speaker and Trainer

When: Friday 09:00 AM Eastern Standard Time

Where: Salon A

The Puzzle of your Mind

Reset your mind the puzzle way!

1) What are the building blocks of who we are, and our mindset? 2) How can you work with them in such a way that you can make the change you want? 3) Learn the step-by-step process to un-puzzle your mind and re-set it the way you want it!

Bio: Eugen Popa (Romania)

Eugen Popa is president or Romanian Hypnosis Association and president of International Yagerian Association. He is an international speaker, trainer and entrepreneur.

Website: www.eugenpopa.com

Gabriel Nohra

CH, Degree in Music Production, Music Composition

When: Sunday 15:00 / 3:00 PM Eastern Standard Time

Where: Salon A

Hypnozik

Hypnosis & Music

How to you use the healing effect of music in your hypnosis practice.

Bio: Gabriel Nohra (USA)

Hello, I am Gabriel Fouad Nohra, an international artist, Master Hypnotist and music composer. I practice my technic Hypnozik in 3 languages (arabic, French and English) setting new protocols in Spanish. I became well-known on an international level in the Middle East and Europe before landing in the United States of America. To date, I have performed music and practicing hypnosis in over 45 countries.

I started playing music at the age of eight in Beirut, Lebanon, during the civil war. I discovered how magical the effects of music were on my well being and on others. Music for the Lebanese people of my generation was like oxygen that gave us breath in the chaos of the civil war. I discovered hypnosis in 2006 by reading a book in one of the libraries in Paris-France. Then I started my journey in the hypnosis field learning from French Doctors teaching hypnosis like Dr Philippe Mascret from The French School of Hypnosis than I traveled to London to learn with Dr Richard Bandler, Toby & Kate McCartney and Paul McKenna.

Now at home in Texas, I have been privileged to perform at such venues as The Majestic Theatre, bringing my audiences an unforgettable performance and showmanship, combining French, English, Arabic, Spanish and Italian classics. Also practicing my technic in different group, communities, corporations and online webinaires. I inspire international corporations, giving lectures and seminars in different universities around the globe.

I trained CEO's and leaders from Dubai to Hong Kong. In 2013 I traveled to Qatar to teach effective communication skills and body language to big figures of authority in different ministries. I offered Stress management workshops via my technic, teaching employese awareness technics from Beirut to Paris for corporations like Coca Cola, Sanofi Aventis, USEK Kaslik, Gas & Corporations in Texas. As a motivational speaker, I am fluent in Arabic, French, English and Spanish teaching public speaking. As an intuitive coach, I am helping businesses to be more effective and productive. From London to Los Angeles trained trainers and doctors to Business NLP technics and hypno-ernergy, I am now based in Houston bringing to Texas my European approach in the conflict resolution.

"A corporation is a peace of art. If one musician is playing out of tune, he will ruin the whole orchestra. My role is to fine tune every instrument. So you can hear more harmony in the movement and you will enjoy the music." Gabriel F. Nohra

Website: www.gabrielnohra.com

Garry Coles MSc (Clinical Hypnotherapy)

When: Saturday 10:00 AM Eastern Standard Time

Where: Salon B

Will The Evolution of Hypnotherapy Be Psychoneuroimmunology?

The Latest Evidence on Altering Your Immune System with Hypnotherapy

- An introduction to the exciting research area of psychoneuroimmunology (PNI)
- A brief history of PNI
- What has been demonstrated with research involving PNI and hypnosis?
- Why PNI combined with hypnotherapy could be the key to the holistic revolution
- What is the latest research involving PNI and hypnotherapy?
- What could the future be?

Bio: Garry Coles (United Kingdom)

One of only a very small number of hypnotherapists in the UK (and probably Europe) to hold an MSc in Clinical Hypnotherapy. Practising as a full-time therapist for many years, Garry has busy private practices in five locations in London (Harley Street) and the south of the UK. Garry has consulted for over 17 years at a major hospital specialising in oncology-based hypnotherapy work. He also practises from within a local GP surgery, with the GP's referring many of the patients directly. In addition, he receives hospital referrals and referrals from many other local GPs and health care professionals. Garry is a regular presenter, worldwide, at conferences and conventions as well as presenting his own popular masterclasses.

Website: <https://hypno-oncology.com>

**Gayle Dwyer Diploma Clinical Hypnotherapy, Cert IV Counselling, Conflict Resolution.
Master, Clinical Hypnosis**

When: Friday 20:00 / 8:00 PM Eastern Standard Time

Where: Salon A

Tap out of trance for a mindset reset

How to reset your mindset in minutes, even when you are overwhelmed or stuck in patterns.

Are you living in autopilot? What programs, habits, or limiting thought patterns are holding you back? Self Regulation is the key to success, but what does this mean, and how can you reset your mindset to change the trajectory of your life...in minutes?

- The power of our mind
- Stepping into the present moment where all potential exists

- Tapping out of trance, and the familiar self
- Rewiring the brain and reprogramming the body
- Transforming your state of being for easy natural change

Bio: Gayle Dwyer (Australia)

Evidence Based EFT Tapping. Evidence Based EFT Tapping for Trauma. Founder, Transformational EFT Tapping Training. Matrix Re-Imprinting.

Gayle has dedicated 18 years to work and study in the field of Hypnotherapy, EFT Tapping, Mindfulness and human behaviour. She is passionate about helping people free themselves from pain, suffering, unwanted habits, and anxiety so they can live a fulfilled and empowered life. She works as a Clinical Hypnotherapist, EFT Tapping Specialist, Mindset and Mindfulness Coach, and Behaviour Change Specialist.

Gayle is founder of Transformational EFT Tapping Training for hypnotherapists. And mentors' hypnotherapists around the globe in these techniques.

She is co-author of "The Anxiety Relief Handbook: Complementary therapies to let go of anxiety." And Author of "Turn on the Happy Tap: From Anxiety to calm for children and their parents".

Gayle practises online and face to face on the Mornington Peninsula, Australia.

Website: www.gaylefrances.com

Heather Keys/ Hypno Heather & Sarah Clodius

When: Sunday 15:00 / 3:00 PM Eastern Standard Time

Where: Salon C

Boost Your Hypnosis Business With These 2 Proven Approaches For Effective Root Cause Change Work

Discover Powerful Processes To Guide Your Clients Towards Lasting Healing And Personal Growth

As a hypnotist, you play a vital role in guiding clients through their hero's journey of healing, and this presentation focuses on nurturing your capacity while boosting your hypnotherapy practice with proven root cause change techniques.

In this transformative exploration, we'll delve into:

- The Subconscious Mind: Discover its hidden treasures and how to access them through hypnotherapy.
- Regression Hypnotherapy Mastery: Harness Inner Child and Past Life Regression as powerful tools for effective root cause change work.

- **Adapting to Client Belief Systems:** Learn the art of tailoring your approach to each client's unique beliefs.
- **Practical Tips for Root Cause Resolution:** Equip yourself with a toolkit for uncovering and resolving the core issues, boosting your practice's reputation.
- **Balancing Models:** Seamlessly transition between psychological and spiritual perspectives, enriching your therapeutic offerings.
- **The Therapist's Journey as a Hero's Odyssey:** Recognize your transformational journey and attract clients ready to embark on their healing journey.

This presentation invites you to nurture your capacity as a healer, unlocking your potential for personal growth while enhancing your practice with proven approaches.

By embracing your own transformation, you'll not only elevate your effectiveness but also draw more clients seeking healing and self-discovery to your thriving hypnotherapy business.

Join us in this exploration of your transformative power, and discover how you can unlock your potential to guide clients toward lasting change and personal growth while attracting a steady stream of new clients to your hypnotherapy practice.

Your journey to becoming a catalyst for transformation and business success begins here.

Bio: Heather Keys / Hypno Heather & Sarah Clodius (Canada)

With 12 years of experience as a hypnotherapist, trainer, and mentor, Heather Keys of Hypno Heather has earned international recognition in the field of hypnotherapy. Hailing from Calgary, Alberta, Canada, her remarkable pivot in 2020, transitioning her entire practice and certification courses online, positions her to lead others in successfully evolving their hypnosis businesses for 2023 and beyond.

Heather employs a unique approach that taps into the soul via the subconscious mind, promoting healing and authentic self-discovery. Her philosophy centers on practitioners doing the inner work and connecting with their genuine selves to naturally attract those they are meant to serve, leading to purposeful and impactful businesses.

Heather Keys serves as the trusted guide for both seasoned professionals and aspiring practitioners, navigating the world of hypnotherapy. Her legacy continues to grow significantly as she becomes a prominent voice in the industry, contributing to the evolution of the field for the greater good of the world.

Website: www.hypnoheather.com

Sarah Clodius, owner of Luna Point Hypnosis & Astrology LLC, is a Board-Certified Hypnotherapist, Soul Regression Therapist, Life Coach, and Evolutionary Astrologer. Her journey from compassionate caregiving to empowered facilitation and guidance has shaped her career. Through Life Coaching, she fosters personal and professional growth.

Sarah's expertise in psycho-spiritual wisdom shines in Regression Therapy and Evolutionary Astrology Readings, allowing clients to explore their 'Karmic Journey of the Soul.' Using Hypnosis to delve into the Subconscious Mind, she helps clients understand the links between beliefs, emotions, and behaviors, fostering growth and healing.

Sarah serves clients virtually and in-person from her Lakewood office in Denver, Colorado

Website: hypnoheather.com, www.lunapointhome.com

Helen Breward BA (Hons), DipCAH, HPD

When: Saturday 09:00 AM Eastern Standard Time

Where: Salon A

Let me tell you a story

How to tell stories & love it

During this presentation participants will learn -

- A little history of storytelling and its purpose.
- How to write a story for your clients, with hints, tips and a few story starters.
- Experience the power of a story.
- Discuss ideas for specific issues to help with clients.
- Time to practise story telling for clients.

Remember the enjoyment of listening to a story and have the tools & confidence to write your own stories for your clients.

Build up your own confidence telling a story to your clients and WOW them.

Bio: Helen Breward (UK)

Helen Breward is the pioneer of The Menopause Relief Programme, gaining international recognition. Her work has been recognised in the UK Spirit & Destiny magazine and national newspapers. In May 2018, Helen Published her first book 'My Menopause, My Way' a self-help book for ladies of a certain age, which became an Amazon best seller.

She has created multiple training courses and teaches therapists, how to use her work, including the Menopause Relief Programmes. Helen has also presented her work at hypnosis conferences in Australia, Canada, Las Vegas, Daytona, Chicago, Switzerland and London.

Prior to working full time in her hypnotherapy clinic, Helen was a primary school teacher for 13 years.

Website: www.helenbreward.com

Helena Jehnichen CHt

When: Saturday 16:00 / 4:00 PM Eastern Standard Time

Where: Salon A

IBS Relief by Resetting the MIND

Unlocking the Gut Brain Miscommunication

In this presentation, you will learn about a transformative approach to addressing Irritable Bowel Syndrome (IBS) symptoms by delving into physical and emotional aspects of this disorder. Imagine providing your IBS clients rapid relief, both emotional and physically within a few weeks!

I'll unveil my groundbreaking four-step method known as "The Rapid Relief IBS Protocol". With this protocol you can guide your clients on a remarkable healing journey, allowing their digestive systems to rediscover their natural state of well-being, and their tummies to experience the soothing embrace of calmness.

Bio: Helena Jehnichen (Canada)

Helena Jehnichen, Certified Clinical Hypnotherapist AKA The Stop Smoking Lady, is an expert in helping people stop bad habits such as smoking and vaping. Certified in 2013 by the IMDHA, her clients have achieved lasting results such as relief from life long weight loss issues, crippling social anxiety and sexual performance issues. With 20 years of health food industry knowledge, it's natural that her 3rd protocol, The Rapid Relief IBS Protocol, leads clients through the transformative journey towards lasting healing and emotional well-being.

Website: www.FlourishHypnosis.com

Heather Keys / Hypno Heather - NGH Certified Hypnotherapist NGH International Certified Instructor of Hypnotism ICBCH Certified Instructor of Hypnosis 3 Principles Coach

When: Friday 17:00 PM / 5:00 PM Eastern Standard Time

Where: Salon A Featured Keynote Speaker

Evolve or Die: Hypnotherapy & The Future of Mindset Reset for 2023 and Beyond

Embrace the Future of Hypnosis: Navigating Change, Technology, & Expanding Consciousness

Are you a practitioner struggling to evolve or perhaps keenly observing how outdated some approaches in our industry have become?

Join Heather Keys from Hypno Heather on a transformative journey into the world of hypnosis in 2023 and beyond.

Discover how traditional approaches are evolving to embrace a more holistic and expansive understanding of human consciousness, recognizing the tremendous capacity for change through the subconscious mind.

Explore the changing role of the hypnotherapist, shifting from an authority figure to a guide and mentor, empowering individuals to tap into their innate wisdom and inner authority.

Join us as we step into the future, embracing a more holistic and expansive understanding of human consciousness and the tremendous capacity for change through the subconscious mind.

In this ever-changing landscape of personal growth, we'll discuss the integration of mind, presence, and emerging technologies.

Together, let's move with greater ease into a future that is already happening and embrace change, expand consciousness, and thrive in the evolving world of hypnosis.

Bio: Heather Keys / Hypno Heather (Canada)

NGH Certified Hypnotherapist, NGH International Certified Instructor of Hypnotism, ICBCH Certified Instructor of Hypnosis 3 Principles Coach

With 12 years of experience as a hypnotist, trainer, coach, and mentor, Heather Keys of Hypno Heather has earned international recognition in the field of hypnotherapy. From Calgary, Alberta, Canada, Heather's remarkable pivot in 2020, transitioning her entire practice and certification courses online, has equipped her to lead others in successfully evolving their hypnosis businesses for 2023 and beyond.

Heather employs a unique approach that taps into the soul via subconscious mind, promoting healing and authentic self-discovery. Her philosophy centers on practitioners doing the inner work and connecting with their genuine selves to naturally attract those they are meant to serve, leading to purposeful and impactful businesses.

With over 7,000 sessions under her belt, Heather's experience as an NGH Certified Hypnotherapist and NGH International Certified Instructor of Hypnotism sets her apart. Through the Hypnosis Healers Club and personalized coaching, she empowers practitioners to excel in their hypnotherapy careers.

Heather Keys serves as the trusted guide for both seasoned professionals and aspiring practitioners, navigating the world of hypnotherapy. Her legacy continues to grow significantly as she becomes a prominent voice in the industry, contributing to the evolution of the field for the greater good of the world.

Website: hypnoheather.com

Jason Linett

When: Friday 16:00 / 4:00 PM Eastern Standard Time

Where: Salon C

Stop Hearing "I Can't Afford That!"

Bio: Jason Linett (USA)

What if you could have your dream clients wanting more from you - even before you ask for the sale?

Jason Linett is a best-selling author, TEDx speaker, full-time professional hypnotist, and the host of the WORK SMART HYPNOSIS PODCAST, a program that has been downloaded more than a million times worldwide in more than 100 countries.

He was awarded the “Hypnotist of the Year’ by the Mid-America Hypnosis Conference. He has previously delivered inspirational hypnotic keynotes at HypnoThoughts LIVE, the MidAmerica Hypnosis Conference, the Canadian Hypnosis Conference, and the Australian Hypnotherapists Association.

His programs, HYPNOTIC WORKERS and HYPNOTIC BUSINESS SYSTEMS are used by thousands of professional hypnotists world-wide, and he co-trains the ICBCH Train-the-Trainer Program.

Jason is also the host of the ATTRACT PRE-SOLD CLIENTS podcast, teaching online entrepreneurs the power of hypnotic communication for ethical business influence.

While building a successful business is a great goal to strive toward, Jason is most proud of his ability to do so and be at home each night with his wife and two children.

Website: www.worksmarthypnosis.com/

Jennifer Ibbotson Rodriguez BCH CI

When: Sunday 16:00 / 4:00 PM Eastern Standard Time

Where: Salon A

The Future of Hypnosis is Limitless

Are your sessions stuck in the past?

Participants will embrace 3 mesmerizing benefits of a more future forward approach to empower their clients to emerge triumphant and free. When a client communes with their future-self they are connecting with the greatest resource state available, their wisest and most knowing self. Now is the time to bring the future into focus. Everyone can make a habit of living the life they want to live, right now!

Bio: Jennifer Ibbotson Rodriguez (United States)

Jennifer Ibbotson Rodriguez is an NGH Board Certified Consulting Hypnotist, Certified Instructor, and Faculty Presenter who works as a Virtual Hypnotic Coach from her home state of Colorado. "Jen" empowers survivors to release the past and embrace the now by connecting them with their wisest and most knowing sense of self, their future-self.

They say the final stage of healing is helping others to heal. She is inspired to be who she is as a direct result of both personal and global traumas.

As a survivor of 9/11 herself, and a caregiver to a “100% disabled” combat veteran, Jen believes: “we survive to thrive and fully live.”

Her motto is: Your mindset is yours to set; enjoy more success with less stress!

Website: www.hypnosishaven.com

Jim Kellner Certified Hypnotherapist | Pres of NGH Washington State Chapter

When: Sunday 18:00 / 6:00 PM Eastern Standard Time

Where: Salon C

Unleashing Your Inner Badass: The Art of 'Acting As If

Act it, to Become it.

In this transformative class, we dive into the powerful concept of "Act As If," - a strategy that that when applied correctly, can propel you toward success and personal growth. Discover how adopting the mindset and behaviors of success can reshape your reality. As an accomplished hypnotherapist, comedy stage hypnotist, and motivational speaker, our instructor brings unique insights into this technique. Get ready to unlock your potential and manifest the success you desire.

Takeaways:

- **The Mindset of Success:** Learn how to cultivate a success-oriented mindset by acting as if you've already achieved your goals. Explore the psychology behind this powerful mental shift.
- **Behavioral Transformation:** Gain practical techniques for adopting the behaviors and habits of successful individuals, creating a path for personal growth and achievement.
- **Manifesting Success:** Discover how "Act As If" can be a catalyst for turning your dreams into reality. Learn how to set and achieve your goals with confidence, drawing from the wisdom of those who have already succeeded.

Bio: Jim Kellner (USA)

Jim Kellner is a, Hypnotist, author, and TEDx speaker. Jim’s likable stage presence is in demand at conferences and other events across the US, including some of the top hypnosis conferences in the world. He delivers information that is useful, entertaining, and actionable.

He has helped thousands of people change their lives with the power of hypnosis through one-on-one hypnotherapy and coaching and with his large volume of online content and strong online presence, as well as several tools for personal growth and empowerment. He is also an award-winning comedy hypnotist.

He is committed to advancing and elevating the field of hypnosis, educating the public about what's possible with this powerful modality, and encouraging other hypnotists to do the same.

Website: JimKellnerHypnotist.com



Jo Moon CCHt, C-NLP

When: Saturday 14:00 / 2:00 PM Eastern Standard Time

Where: Salon B

The Best of the Newest Written Resources in Our Field

With a plethora of hypnosis books on the market which ones will you choose to read? Where should you invest your time? Jo's 2023 Books Report update will guide you through the most recent books on the market, books that fit your niche, and books to expand your mind. Join Jo on her journey to discover the best resources available and navigate your way to enhancing your knowledge base in a fast profusion of new material & valuable resources to enhance your practice.

Bio: Jo Moon (USA)

Jo Moon trained as a Medical Support-Clinical Hypnotherapist, Sports Hypnotist, and Integrative Life Coach. She is a graduate of the HAA and was privileged to be in classes taught by the legendary Gil Boyne. Prior to entering the field of hypnosis, Jo worked in International Sales and Marketing with leading sporting goods and marine manufacturers and traveled internationally while working with athletes in many different countries. She is an international speaker and presenter. Jo works with clients from around the globe.

Website: www.springfieldhypnosis.com

Joann Abrahamsen

When: Saturday 15:00 / 3:00 PM Eastern Standard Time

Where: Salon A

Self-Hypnosis: Easy as 1, 2, 3

3 Minutes to Change Your Life

Reset your mindset with self-hypnosis. My method of self-hypnosis teaches you how to formulate a suggestion, induce hypnosis, stay in hypnosis while giving yourself a suggestion, and emerge from hypnosis in just three minutes. This method is unique in that you give yourself a suggestion BEFORE going into hypnosis. With some other methods, you give yourself suggestions after you are in hypnosis. When you give yourself a suggestion while you are in hypnosis, you lighten the trance because you must use your conscious, critical mind to deliver the suggestion. With my method, because you give yourself the suggestion before going into hypnosis, your subconscious mind can totally focus on the suggestion without interference from your conscious, critical mind.

Bio: Joann Abrahamsen (United States)

Joann Abrahamsen is a board-certified consultant in hypnosis by the National Guild of Hypnotists and the International Certification Board of Coaches and Hypnotists. In 2009, she was inducted into the National Guild of Hypnotists, "Order of Braid," recognizing a lifetime of outstanding achievement, dedication, and service. Joann has received both the NGH Outstanding Achievement Award and the

Charles Tebbets award for “spreading the light of hypnosis.” Joann has written two books, “Self-Hypnosis, Easy as 1,2,3” and “A Potpourri of Hypnotic Techniques” and is a regular columnist for the Journal of Hypnotism. In her on-line and in-person private practice, Abrahamsen has helped many people achieve their goals by combining her award-winning hypnotic techniques with behavior modification.

Website: www.joannabrahamsen.com

Joni Neidigh

When: Sunday 20:00 / 8:00 PM Eastern Standard Time

Where: Salon C

Developing Effective Hypnotic Suggestions for Athletes

Using the MTA (*Mental Toughness Assessment*)

Using the MTA prior to the first hypnosis session with increase rapport and help define the problem.

Using the MTA during the session will assist in quickly developing effective suggestions.

Using the MTA after will reinforce/demonstrate positive changework.

Bio: Joni Neidigh (USA)

Joni Johnston Neidigh – a Licensed Mental Health Counselor in the State of Florida has been in private practice providing psychotherapy for over 26 years. Joni is the director of AVIP (Anger and Violence Intervention) at Community Behavioral Services and the owner of AIM Sports Hypnosis. She has offices in Orange Park, Jacksonville and Jacksonville Beach, Florida.

Joni is also a Certified Clinical Hypnotist with an emphasis on athletic performance. She has helped develop athletes from age-groupers and national level swimmers to Olympians and professionals in the sport of swimming. Joni was instrumental in working with teams, coaches and athletes which resulted in several gold medals during the 2016 Summer Olympic Games in Rio. She believes that the mental side of the sport is crucial to removing limits and achieving the desired highest level. She understands that athletes struggle to become champions without training their minds as well as their bodies.

Joni added hypnosis to her practice after years of working with athletes realizing that hypnosis is the fastest, easiest, most fun and permanent way to overcome obstacles and achieve goals. She continues to work with swimmers in her office, at training sites, via Zoom and at swim meets. Her goal is to encourage as many athletes, coaches and parents to understand the importance of this successful modality. The earlier an athlete can experience and learn this skill, the sooner they will possess a confident, winning mindset and enjoy success.

Joni has two daughters who swam for NCAA Division 1 programs as scholarship athletes and contributed to their teams. They were both 2012 Olympic Trial Qualifiers. One of her daughters, Ashley continued to compete in swimming and was a 2016 Olympic Trial Qualifier, an SEC Champion in the 1650 freestyle, breaking a distance freestyle school record and scoring at NCAA's. Ashley Neidigh is currently swimming professionally. She attributed her astounding win at SEC's to “just jumping in and

trusting my gut". Joni believes if more athletes develop and accept this mindset that they will enjoy greater success.

**You can learn more about Joni by visiting her website at aim-for-success.com or joining her facebook page AIM for Success.

Website: www.goldmedalmentaltoughness.com , www.aim-for-success.com

Jordi Martinez Parramon Master in Oncologic Care, Hypnoterapist, NLP Trainer, Noesitherapy and Noesiology Profesor etc.

When: Friday 18:00 / 6:00 PM Eastern Standard Time

Where: Salon B SPANISH WITH TRANSLATION

Pain Control with Hypnosis and Noesitherapy in Oncologic Patients

Jordi has a profound interest in the study of pain management, and he has been studying with some of the pioneers in the field as Dr. Angel Escudero, Dr. Arturo Boicocea etc. In his presentation Jordi will talk about some fundaments of pain and how to deal with it, putting emphasis on oncologic patients as this is his specialty. Jordi holds the trademark of "Mental Anesthesia with Hypnosis in Spain".

Bio: Jordi Martinez Parramon (Spain)

Jordi is an oncologic nurse, having worked for the Catalan Institute of Oncology for the past 12 years. Before that he worked in the emergency ambulance service in special interventions. At the same time, he is a renowned hypnoterapist and trainer in Spain.

Website: www.karmagirona.com/jordimartinez

Joseph Onesta Certified Clinical Hypnosis Practitioner

When: Sunday 12:00 / Noon Eastern Standard Time

Where: Salon B

Hunger, Cravings and Emotional Eating

Helping Your Clients Change Their Relationship with Food

Hunger is more than physical. Cravings are more than psychological. And emotional eating is more than nostalgia, compensation or reward. Understanding the science behind hunger, cravings, and bouts of emotional eating can provide a cognitive reframe you can use to back up what you do with them in hypnosis. You become both hypnotist and coach helping your clients both control their habits as well as improve their lives in such a way that emotional eating is minimized. Clients gain a new relationship with food. In this seminar, you'll learn about the physical, psychological and emotional relationship with food and how hypnotists are uniquely equipped to help their clients improve their relationship with food.

Bio: Joseph Onesta (USA)

Joseph Onesta is a clinical hypnotist and author from Pittsburgh, Pennsylvania. He specializes in helping clients reverse type 2 diabetes and lose weight. His certifications include the International Medical and Dental Hypnosis Association (IMDHA), and the International Certification Board of Clinical Hypnotherapy. (ICBCH) where he is also certified as an instructor. He is the author of The Hypnotist's Guide to Diabetes and Obesity and the companion client handbooks, Life Without Diabetes and Life Without Obesity. He also trains hypnotists in the The Onesta Process: a systematic way of helping clients reverse type 2 diabetes and/or obesity based on sound metabolic science.

Website: www.mindpowerpittsburgh.com

Justine Lette Certified Hypnotist, Certified Instructor, DEHI Trainer

When: Saturday 14:00 / 2:00 PM Eastern Standard Time

Where: Salon A

Who Are We in Our *HOT* Moments

5 easy steps to Memory Reconsolidation

Speaking on Trauma Informed Therapy, What are implicit memories, how they show up in our lives, what's stopping you moving forward and how to shift uncomfortable sensations easily.

Bio: Justine Lette (New Zealand)

Justine Lette is an internationally recognized hypnotherapy trainer, owner of Hypnosis New Zealand, NZ training for the Dave Elman Hypnosis Institute, The Simpson Protocol, The Swan, and creator of the Golden Thread Trauma Transformation Protocol. Justine is an expert in using hypnotherapy and altered states to help clients overcome negative past experiences, beliefs and feelings and create a great life. As a Professional Member of The International Association of Counselling and The Australia and New Zealand Mental Health Association, Justine runs a successful clinic in Rotorua, where she specializes in using Trauma Informed Hypnotherapy to help clients move forward.

Website: www.hypnosisnewzealand.co.nz www.justinelette.com

www.justinelette.com/about-me

Karen Hand B. S./Ed

When: Sunday 15:00 / 3:00 PM Eastern Standard Time

Where: Salon B

Regression Isn't For Everyone - Know When to Use it!

Regression is an excellent tool for insight when it is appropriate. But it's just not needed for every change. Discover when regression is the best go-to technique for a change...PLUS learn when to use less invasive yet just as effective tools for the job.

Bio: Karen Hand (US)

Karen Hand is a Board-Certified Hypnotist, Trainer, International Best-Selling Author and World-Class Communicator. She has helped thousands change for good. Karen is headquartered in Chicago and sees clients and trains globally via ZOOM. She has received numerous awards including the IMDHA Pen and Quill Award for Literary Excellence and the Mid-America Lifetime Achievement Award. Her books include Magic Words and Language Patterns, Trance Dance, Hypnotic Workshops Like A Pro! and Hypnosis So Easy You Can Do It with your Eyes Closed (or Wide Open)

Website: <https://www.karenhand.com/>

Karl Smith

When: Saturday 09:00 AM Eastern Standard Time

Where: Salon C

Working with Military and Emergency Services

Behind the body armour

Working with Military and Emergency services. Things you would've never thought of implementing.

Bio: Karl Smith (Uk)

Karl Smith served 12 years in the British Army in many conflicts and then left the Military to become a SWAT officer for 12 years.

Website: www.ukhypnosisacademy.com

Kryssa Marie Bowman Applied Psychology, BS 2003. Women's Studies minor, 2003. Certified Clinical Hypnotherapist

When: Sunday 14:00 / 2:00 PM Eastern Standard Time

Where: Salon C

It's Not About You!

Removing Your Ego From Your Client's Hypnosis Sessions

- * How letting your ego be in the driver's seat of your sessions is killing your confidence.
- * Why it's important to let your clients take credit for their own healing and transformations.
- * The dangers of being too empathetic: Inviting your client's to meet you at the frequency of empowerment, rather than you meeting them at a place of powerlessness

Bio: Kryssa Marie Bowman (United States)

Applied Psychology, BS 2003. Women's Studies minor, 2003. Certified Clinical Hypnotherapist through International Hypnosis Association. Certified Hypnotist through MMHA. Certified RTT Practitioner through Rapid Transformational Therapy. Certified Quantum

Founder of Quantum Journeys Hypnosis Academy , Kryssa is a lifelong student of the metaphysical, with a formal academic background in Applied Psychology. This combination motivates her to continually find effective ways to navigate the bridge between science and spirituality. She has healed herself of a rare factor 7 bleeding disorder and a decades long struggle with agoraphobia using a combination of hypnosis and energy work.

Website: www.kryssamariebowman.com

Laiz Ricci Psychologist / Neuropsychologist / Hypnotherapist

When: Sunday 14:00 / 2:00 PM Eastern Standard Time

Where: Salon A

Recycling mindset and focus

How I recycled my mindset and that also helped my clients to recycle theirs too.

Description:

Over the past year I had to recycle my mindset as a therapist to be able to help clients that were coming to me for help. It brought all my fears and insecurities back in a way that I had no choice but to deal with them. What I didn't realize at the beginning, but did a few months later, was that by dealing with my issues I gained tools to help my clients with theirs. This is a talk about learning how to reinvent yourself, even after years, recognizing that this is not a new beginning. It's just a change of route, carrying with you an immense baggage of knowledge on this new path!

Bio: Laiz Ricci (Brazil)

Graduated in psychology with a PhD In Neuropsychology. I started my work with kids and teens, which then it led me to work with the parents, especially with the mothers and couples' relationships. This led to a better environment at home which will help the whole family. That is when the work with self esteem and healing your inner child started.

As a Psychologist and Neuropsychologist, I specialized in children's analysis and hypnosis.

I explore life with curiosity and passion. I am passionate about learning and growing- always looking for new adventures and challenges. As a psychologist, I am committed to promoting emotional and mental well-being and believe that each person has a unique and meaningful journey. I believe in the power of authenticity, embracing diversity and cultivating genuine connections.

Website: [@laizricci](https://www.instagram.com/laizricci) on instagram

Lance Baker

When: Friday 16:00 / 4:00 PM Eastern Standard Time

Where: Salon A

Animal Magnetism

Hypnosis' roots in energy healing

Animal Magnetism, or Mesmerism as it came to be known is the origin of hypnosis. In this talk I will be covering what Animal Magnetism is, how it greatly differs from hypnosis and it's story.

Bio: Lance Baker (Australia)

Lance Baker is an Australian hypnotherapist, speaker, author, podcaster and trainer.

Website: www.branchesofhealing.com.au

Larry Elman CH, CI, CEO DEHI, Son of Dave Elman

When: Saturday 18:00 / 6:00 PM Eastern Standard Time

Where: Salon C

Mindset Reset - Dave Elman, Back and Forth with Hypnosis

Dave Elman varied his goals and his careers many times over his lifetime. But what he tried to do with each change in those goals, aspirations, and behaviors was to LEARN LESSONS from one period and use those lessons to produce an “improved product” in the next. We can follow many of these changes to get an idea of how and why his hypnosis methods evolved. Even if you believe you know much about Dave’s careers, I believe that in approaching it this way, you will get new insights which may assist you on your own hypnosis career / road. And just to spice the pot a bit, we will take a short trip through the Mind Set – Reset of Dave’s father and mother, for they were quite remarkable persons and provided Dave with certain talents....

Bio:

Welcome! I am proud to see how large a Conference my lovely wife generated for the third year. It reflects how important Dave Elman’s work was and how that work has come down through the many decades, evolving to meet the changing needs of both the Hypnosis Profession and the Clients it serves.

I remember when my father hoped that eventually all physicians would learn hypnosis and make the human mind a more effective healing tool. Instead, today, physicians using our skills will, more often than not, do so by having a hypnotist assist them. When you are in that position, subtly teach your doctor careful hypnotic semantics, as that is the heart of making Dave Elman’s methods effective.

In 2008, I was fortunate to be interviewed by Sean Michael Andrews. The interview led to my first lecture on hypnosis – a history of Dave Elman’s hypnosis courses given at the National Guild of Hypnotists. What I discovered at that convention was that there were many fine colleagues with many

variations on what dad originally taught. They followed the same philosophy but with modifications to fit many additional persons, situations and problems.

This Conference reflects that growth and that evolution. Watch and listen to the varied presentations of your colleagues – you will learn so much and enjoy so much. Dave Elman, my father, would be so delighted with this event. Thank you to all the presenters and participants and I look forward to meeting you throughout the weekend. ~ H. Larry Elman

Accolades

- Certified Consulting Hypnotist
- Certified Hypnosis Instructor with the National Guild of Hypnotists (NGH)
- Certified Instructor of our IMDHA school (International Medical & Dental Hypnosis Association)
- Certified Instructor for IC BCH
- CEO of the Dave Elman Hypnosis Institute (DEHI)
- 2009 Presentation Award from the NGH (National Guild of Hypnotists)
- 2011 IHF ANGEL Award (International Hypnosis Federation)
- 2013 Humanitarian Award from IACT (International Association of Counselors and Therapists)
- 2013 Lifetime Achievement Award from HypnoseKongress, Zurich
- 2014 Educator of the Year Award from Mid-America Hypnosis Conference.
- DEHI Certified Hypnosis School Instructor for the International Medical and Dental Hypnosis Association (IMDHA)
- Lifetime Honorary Member of the Australian Society of Clinical Hypnosis
- Lifetime Honorary Member of Hypnosis New Zealand
- Lifetime Honorary Member of the Asociația Română De Hipnoza
- Co-Producer of DEHI Training Products
- B.S. (S.B.) in Aeronautical Engineering from MIT
- M.S. in Aerospace Engineering and Theoretical and Applied Mechanics from University of Oklahoma
- Post graduate work in Engineering Sciences from Rensselaer Polytech Institute (RPI)

Website: www.ElmanHypnosis.com

Larry Garrett BA

When: Sunday 13:00 / 1:00 pm Eastern Standard Time

Where: Salon C

Skills of Knowing Your Client

Can you know your client without words spoken?

The skills of pre-talk are done more intuitively than consciously. Learn a method of secondary gain within a moment or two.

Bio: Larry Garrett (US)

This is my 53rd year of full-time hypnosis. I have touched many areas of hypnosis including, but not limited to; first class at a college in Illinois in 1971, worked in many hospitals with Amputees. Dual

personalities, currently with cancer patients. I am publishing my 4th book and have published over 100 articles on hypnosis and the mind. My interests are on consciousness and what isn't spoken orally. I am director of the longest serving hypnosis center in Chicago. How do I share 53 years affective?

Website: GarrettWellnessCenter.com

Lauren Hall

When: Sunday 20:00 / 8:00 PM Eastern Standard Time

Where: Salon A

A Modern Approach to Ancient Techniques

Incorporating the Science and Arts of Therapies from Around the Globe

Description:

- therapy approaches across the centuries
- differences and similarities to therapies from different cultures
- how the modalities of suggestion therapy and fixation techniques have evolved and stayed the same
- how the modalities of somatic and body work or energy work therapies have evolved and stayed the same
- how to incorporate many different techniques into your practice and help clients navigate the options so that they work with you longer, for more goals, with more success!

Bio: Lauren Hall (USA)

Lauren is an educator of Clinical Hypnotherapy and a Performance Mental Coach in Greensboro, NC. She helps people all over the world to rewrite stories of mental blocks, challenges, or limitations so that they emotionally, and physically, begin experiencing increased health, happiness and flow. She is trained in: Hypnosis, Hypno-Waving®, HypnoBirthing®, Virtual Gastric Band®, NLP and is an Emotional Intelligence Development Specialist, Yoga Certified, Meditation Consultant, Qi Gong Instructor, Shaman and Reiki Attuned.

Lauren is a teacher of hypnosis for The Dave Elman Institute and IACT. She operates Modern Day Hypnosis and supports its affiliate ambassadors. She is author of The Brilliance of Imagination and speaks at conferences for Floatation and Transformative Technologies spreading awareness and education on hypnosis and self-hypnosis techniques.

Website: www.ModernDayHypnosis.com

Linda Ritchie Ph.D. in Psychology; Psychologist; Certified Hypnotherapist,

When: Friday 12:00 / Noon Eastern Standard Time

Where: Salon B

Overcoming Insomnia

Cognitive Behavioral and Hypnotic Techniques to Improve Sleep

You do not need to be a sleep expert to help your clients improve their sleep. This presentation will provide you with information about sleep and why we sleep. It will arm you with the basic information you need to understand why people have difficulty sleeping and provide you with additional tools to add to your toolbox so that you can help your clients sleep better.

Included in this presentation:

1. Basic facts about sleep.
2. Conditions requiring medical assessment and treatment.
3. How insomnia / difficulty in sleeping evolves.
4. Key sleep quality question you should be asking your clients.
3. The connection between the way we think, the things we do, and how we sleep.
4. Using both the conscious and the unconscious mind to improve sleep.
5. Sleep practices to follow for optimizing sleep.
6. Simple and effective strategies and specific behavioral and hypnotic techniques for helping clients change their sleep-depriving habits.

Bio: Linda Ritchie (USA)

Linda G. Ritchie, Ph.D., is a Psychologist, a Licensed Professional Counselor, a Licensed Marriage and Family Therapist, and a Certified Hypnotherapist. She is a Certified Hypnosis Instructor for the Dave Elman Hypnosis Institute, the International Certification Board of Clinical Hypnotherapists (ICBCH), and a Certified Consultant for the American Society for Clinical Hypnosis (ASCH). Additional hypnosis affiliations include the International Medical and Dental Hypnotherapy Association (IMDHA) and the Society of Neuro-Linguistic Programming. She is a Cognitive Behavioral Therapist with certifications from the Beck Institute for Cognitive Behavior Therapy and from David Burns, MD of the Feeling Good Institute. Linda is a retired Army officer having spent 23 years of active-duty service. She has a private practice in Fairfax VA.

Website: www.centerforlifestrategies.com

Linda Hayes-Cooper

ICBCH Certified Professional Hypnotist, Certified NLP & Hypnosis Practitioner, Certified Prenatal Bonding (BA) Analysis Practitioner, M.Psyc.Clinical Psychology, Bach.Psychology (Hon), Bach.Health-Registered Nurse

When: Sunday 19:00 / 7:00 PM Eastern Standard Time

Where: Salon A

The OMG! (Oh My Gasmic) Birthing Process

It's a fine line between pleasure & pain.

The Key points include the Who, What, Why, How, & WOW of The OMG! Birthing Process.

The thought of labor & birthing may manifest a growing fear that sends mothers down the birth-plan path of choosing invasive medical procedures. The anticipation and administration of these procedures has a snow ball effect reaching greater fear, with disconnect from their unborn baby, to slow progress, to more invasive procedures, and lands with physical & emotional trauma, and distress for the whole family.

Bio: Linda Hayes-Cooper (USA)

G'Day! I'm Linda Hayes-Cooper, an Aussie gal from Sydney Australia currently living in Pennsylvania. Yes, I'm living on the opposite end of the Earth from where I was born and bread, which has it's challenges, however, I see it as an Adventure. In fact, I experience life as one BIG adventure full of sub-adventures that bring me moments of experiential curiosity, as I live in my senses in the moment.

I have a curiosity for learning, "a perpetual student" some would say, however, each training has naturally progressed to the next teaching, enhancing my experience and repertoire of tools. What I am most grateful for, is to have been welcomed into the lives of new and expectant parents for over 30 years now, where my greatest learning takes place. What I love most when working with my clients is seeing the happy smiles & loving connection between a mum and/or a dad and their infant.

I'm currently on a path of expanding my business online and through social media platforms like YouTube, TikTok, and Instagram. So if you see me and my Compassionate Early Parenting business online, feel free to drop me a line, I'd love to connect. After all, life is about "Being With".

ICBCH Certified Professional Hypnotist, Certified NLP & Hypnosis Practitioner, Certified Prenatal Bonding (BA) Analysis Practitioner, M.Psyc.Clinical Psychology, Bach.Psychology (Hon), Midwifery Certification, Lactation Consultant Certification, Child & Family Health Certification, Bach.Health-Registered Nurse.

Website: TBA (current upgrade in progress)

Lori Hammond

When: Saturday 13:00 / 1:00 PM Eastern Standard Time

Where: Salon C

The Becoming Room

The Ultimate Parts Therapy Protocol

This is a favorite protocol and is one of the most powerful protocols out there. It can be used for almost any reason a person comes to see a hypnotist. This protocol installs tools that the client can use anytime on their own after the session (and it will keep them coming back for more sessions for other things).

Bio: Lori Hammond (United States)

Lori Hammond is a Professional Hypnotist in Denver CO. She has been profoundly impacted by Dave Elman and is passionate about carrying his work into the future. Lori specializes in group hypnosis and hosts weekly group hypnosis sessions via zoom. Come learn tools that you can use right away to make your practice stronger and draw clients to you.

Website: trancypants.com



Melissa Roth

When: Saturday 20:00 / 8:00 PM Eastern Standard Time

Where: Salon A

Working with Fibromyalgia Clients

Bio: Melissa Roth (USA)

Melissa is a Hypnotherapist who has specialized in Complementary Medical Hypnosis for decades. Among her specialties are working with IBS, Fibromyalgia and pain. She has had practices in Alabama, Colorado and is currently in Charleston, SC. Melissa is available to work online with clients and training for hypnotists.

Website: www.MelissaRoth.com

Mia Turner Bachelor of Arts (Honours) - Criminology

When: Friday 16:00 / 4:00 PM Eastern Standard Time

Where: Salon B

Getting Back to the Basics

Creating an online course to support a mindset reset in your clients

After hypnotherapists, we have so many tips and tools that support our clients to make a profound and sustainable transformation. In 2022 I turned some of this knowledge 'the basics' into a 5-week course (1 hour a week) that can be delivered as a standalone option or complementing a hypnotherapy program.

'Manage your Mindset' aims to help clients create a simple strategy they can build on over a 5 week period, in order to boost their mindset. The topics I include are:

1. Breathe (properly) - Use your breath to help you sleep and reduce your stress levels
2. Attention Training - Harness the power of your thoughts
3. Intentional and Conscious Living - Get out of autopilot mode
4. Dealing With 'Monkey Mind' - Calm your busy mind
5. Sleep - Set yourself up for quality sleep

This presentation will show you how you too can create a course that communicates your 'basics' in a simple yet powerful way to your clients, so you can spend less time covering this in session, and more time doing tranformational hypnosis.

Bio: Mia Turner (New Zealand)

Mia is an Australian Clinical Hypnotherapist and Empowerment Coach based in New Zealand. She has two degrees in criminology from Flinders University, South Australia and has had a diverse career including working as an investigator, criminal intelligence analyst and lecturer in criminology.

In 2019 Mia created Manta Mind Hypnotherapy after experiencing profound results using hypnosis for healing childhood trauma and associated anxiety. Her initial training was completed with Hypnosis New Zealand where she has attained numerous additional certifications since, including from the Dave Elman Hypnosis Institute. In 2022 Mia completed the entire Natural Success curriculum and now offers empowerment coaching to clients.

Her passion is helping women heal the past so they can be the parent they needed when they were younger.

Website: www.mantamind.com

Michael Watson

When: Sunday 09:00 AM Eastern Standard Time

Where: Salon A

MIND GAMES: Neurobics and Mental Conditioning

Making Change That Last

Drawing from the work of Jean Houston, Stanislav Grof, and John Grinder this presentation will discuss and demonstrate a number of exercises that you can use to creatively stimulate the neurology and increase the capacity of deeper, unconscious exploration. Processes that activate and integrate new choices.

Bio: Michael Watson (USA)

Michael Watson is a hypnosis trainer with over 40 years of experience. He is the Principal Trainer for IACT and the host, (along with Karen Hand) of The Virtual Chapter a monthly, online gathering of Hypnotists and Friends.

Website: www.phoenix-services.org

Nathan Gist ICBCH Instructor, NGH Certified, Work Smart Hypnosis Master Hypnotist, NLP Master Practitioner and Trainer

When: Friday 18:00 / 6:00 PM Eastern Standard Time

Where: Salon C

NeuroNarratives:

Hypnotic Storytelling for Rapid Change:

Discover the science and art of "NeuroNarratives." Learn how hypnotic stories can rewire brain pathways, and accelerate positive life transformations. Discover the neuroscience of storytelling, its benefits, and proven techniques to drive profound, enduring change. Craft tales that captivate and transform.

Bio: Nathan Gist (United States)

Nathan Gist is a Motivational Speaker, Teacher, Radio Host, Business Owner, Husband, and Father. As a High Performance Life Coach and Professional Hypnotist, Nathan has taught thousands of people how to overcome fear and anxiety, build confidence, and improve the quality of their life. Approaching life with humor, fun, and faith, Nathan's main drive is to connect and train minds to break free of self doubt and limiting beliefs. Utilizing professional coaching, NLP, hypnosis, and some good ole' mental hustle, Nathan brings real and actionable solutions to life.

Website: www.fredericksburghypnosis.com

Nicole Wackernagel

When: Sunday 10:00 AM Eastern Standard Time

Where: Salon B

My Mindset Re-tuning's Effect - On My Business and My Clients

Bio: Nicole Wackernagel (Switzerland)

Nicole has been dealing with hypnosis for over 30 years. She experienced hypnosis for the first time at the 11 when she listened to her late grandmother's hypnosis records. The interest never waned, even when she heard at 16, in church, that hypnosis was something sinister and bad that one should avoid. Almost 20 years later, she experienced a dental treatment under hypnosis. Realizing that what she thought she knew and believed was wrong was a bitter realization.

So, she started learning everything she could and she was off and running. Now she is a keynote speaker, IMDHA CH and Certified Trainer, a DEHI Trainer, a VGB trainer and has been on TV and radio. She is a partner in the Swiss Hypnosis Institute, and has blossomed in her confidence and still sponging up all she can learn.

Website: www.swisshypnosis.institute

Pam Mills

LISW-S, ACHt, SAP, MSW

When: Sunday 18:00 / 6:00 PM Eastern Standard Time

Where: Salon B

The Hallway Protocol for Kids & Teens

Releasing the Past Without Triggering Trauma

Come discover a simple, repeatable protocol that empowers kids and teens to free themselves of the past — without triggering any trauma.

You'll learn how to read a child's face like a roadmap all the way to their goal.

And you'll take away a technique that helps your suggestions melt into their minds like warm chocolate.

Bio: Pam Mills (USA)

Pam Mills is one of the rare hypnotherapists who literally meets her clients where they're at: She and her team of clinicians practice in elementary, middle and high schools across Western Ohio.

As an advanced certified hypnotherapist, hypnosis trainer and licensed clinical social work therapist, Pam has developed an approach to working with kids that empowers even the most timid.

Her simple, elegant protocol is flexible enough to work with every age, from 8 to 18, and all the way through adulthood. Her specialty is helping those who have a hard time expressing their concerns.

Website: www.pkmlifetransitions.net

Patrisha Palmer

When: Sunday 19:00 / 7:00 PM Eastern Standard Time

Where: Salon C

Heal the Inner Child

Dicsover your Jungian Archetype

What this presentation will do for you and your clients:

- Help alleviate past, present and future trauma and create an understanding of unhealthy and healthy patterns so that they can be broken or enhanced - This is done in an NLP and Hypnosis way.
- Understand and connect - When we recognize the Jungian and how it connects with us we can become aware of personality triggers, personality attractions, constant habits (good and bad) plus discover why we do what we do in a natural sense.
- To alleviate and remove deep-rooted wounds we aren't consciously aware of, explore all the different parts of who we are. By doing what, we truly learn to nurture, love and grow.
- Answer the question "Why are you the way you are?"

Bio: Patrisha Palmer (Australia)

Trish Palmer's services and knowledge are in high demand. Her genuine caring nature to help people get their results comes from years of training and personal experience.

After breaking her back in 3 places when she was 14, she was told she would never walk again or would always be in chronic pain. During this diagnosis period she found out she was half deaf in each ear and was told by her school teachers she "wouldn't amount to much" due to severe anxiety and depression.

In 2010 Trish began studying hypnosis. Her expertise is in treating anxiety, depression, inner child & gut issue clients using hypnosis, NLP, coaching & more.

Some Training and accreditation include:

- Master practitioner in hypnotherapy, Neuro Linguistic Programming, Conversational Hypnotherapy
- Diploma in Health
- Bachelors in Technology

>> Creator of the Gut Directed Hypnosis Protocol and Heal the Inner Child

Website: www.PellenandPalmer.com

Randi Light Masters of Science In Environmental Education, Hypnosis Instructor

When: Sunday 19:00 / 7:00 PM Eastern Standard Time

Where: Salon B

Intuitive Activation Hypnosis

Strategies, Inductions & Processes For You & Clients To Easily Access Your Inner Genius

Do you and your clients want to enhance, trust and act on your intuition? During this class, you will learn and experience 3 processes to rapidly connect you with your intuition, give you insights into exactly how you best receive impressions as well as acquire a method to actively read and influence people.

You will also experience a hypnotic method that assists with clearing and healing which allows you to be more open and receptive to the insights and information coming through for you personally and for your clients.

Learn what blocks your intuition as well as how to break through those barriers in order to easily trust and act on your inner genius. One more offering you will receive during the class is a personal ritual to make it easier for you to show up in a high vibe for your client and easily accept intuitive downloads to provide to your clients.

Bio: Randi Light (United States)

Randi Light, founder of Enlightened Living Hypnosis Academy, is an award-winning hypnotherapist, hypnosis instructor, author, healer, and peak performance coach. Her Essential 4 Success System and book, establishes over a 90% success rate with private clients who are insomniacs, stressed, feeling stuck, anxious, depressed or in chronic pain but want to heal and become their best version of themselves.

Randi’s school is dedicated to increasing your success rates as well as creating outstanding hypnotherapists and coaches. Her courses utilize a powerful education model that includes accelerated learning techniques, healing hypnosis, hypnotic enhancers, and experiential activities to create confident hypnotists and coaches that make a great living doing what they love. Her secret sauce is the small and intimate settings needed to help you breakthrough your own blocks while learning how to also do this with all your clients.

Website: <https://www.randilight.org/essential-4-certification>

Rob De Groof

When: Friday 09:00 AM Eastern Standard Time

Where: Salon C

Unlocking Financial Freedom: A Guide to Creating and Monetizing Audio Hypnosis Sessions

Maximize Your Revenue Stream with Minimal Effort

Are you a hypnotherapist looking to diversify your income? Interested in extending your impact beyond the walls of your therapy room? This presentation is specifically designed for hypnotherapists who are eager to explore new avenues of income through the production and sale of audio hypnosis sessions. And if you're not keen on creating the recordings yourself, don't worry—we have a solution for you too.

Bio: Rob De Groof (Belgium)

Rob De Groof is an acclaimed trainer and a distinguished hypnotist in Europe. He owns the thriving HypnosisCentre.be in Belgium, where he collaborates with a team of skilled hypnotherapists across multiple cities. As the owner and chief instructor of the European Hypnosis Academy, he has educated a considerable number of students in the fascinating discipline of direct hypnosis, both at his school in Belgium and while globetrotting.

Rob is honored to be the official trainer for techniques developed by his late mentor, Jeffrey Stephens, and aims to preserve Jeffrey's unique methods and perspectives. He is also a certified trainer for Sheila Granger's Virtual Gastric Band, Bob Burns' The Swan, and the Dave Elman Hypnosis Institute.

He has authored the book "Mentalism for Hypnotherapists" and hosts the online program "The Art of Simple Hypnosis." Rob has formulated various hypnosis protocols, including HypnoFasting (The Power Combo), Hypnosis4Golfers, Stop4Ever, and Hypnotic Breast Enlargement. His latest book, "Stop It!" was launched in April of 2022.

Website: www.robdegroof.com

Robert Fried • Bachelors in Social Work • Masters in Special Education • Certified Hypnotist, NLP Practitioner & Time Line Therapist •

When: Friday 13:00 / 1:00 PM Eastern Standard Time

Where: Salon C

The Trance-formation and the Transition of a Transgender Man. 50 minutes

My Journey

Join me on my journey to becoming a man! How did I know that I was male at 2-1/2 to 3 years old? How did I know I couldn't talk about it within the circle of my family and my friends? Learn how I coped within the "not so friendly community" in the LGBTQ+ world in the 60's, 70's, 80's and 90's. Transition is much easier now. The world is more accepting today and many of the surgeries are paid for. When I

transitioned in my 60's I had to pay for all the surgeries myself. You may know someone who is transgender, you may even know someone who is transitioning or you might just be curious about the process. You might even say to someone who believes they have never met a transgender person... "that you know of!"

Questions are welcome.

Bio: Robert Fried (USA)

Robert is a certified hypnotist, NLP Practitioner and a Life Coach for over 15 years. He is a certified member of the National Guild of hypnotists and the International Certification Board of Coaches and Hypnotherapists. During the course of his practice Robert has worked with the LGBTQ+ Community assisting them in accepting who they are, where they are and understanding that it's all okay... that they are normal. Over time they begin to feel better...yes, even to feel good about themselves.

Website:

Roger Moore Masters in Marriage & Family Therapy

When: Saturday 15:00 / 3:00 PM Eastern Standard Time

Where: Salon C

The Last Lullaby: The Role of Medical Hypnosis in End-of-life Comfort

Medical Hypnosis for a Tranquil Farewell

1. Introduction to Medical Hypnosis:
2. Understanding the principles and dispelling myths, establishing its clinical relevance and applications.
3. Mind-Body Synergy at End-of-Life:
4. Highlighting how emotional well-being impacts physical comfort and the role of hypnosis in harmonizing this connection.
5. Hypnotic Techniques for Comfort:
6. Overview of specific hypnotic interventions for pain management, anxiety relief, and emotional closure.
7. 4. Real-World Case Studies:
8. Showcasing tangible evidence of hypnosis' effectiveness in enhancing end-of-life quality through real patient experiences.
9. Integration into End-of-Life Care

Steps and considerations for weaving medical hypnosis into comprehensive end-of-life care strategies.

Bio: Roger Moore (USA)

Roger Moore has been a counselor since 1973 with a Master's in Applied Counseling Psychology. With over 9 years in Behavior Science studies, he's specialized as a Medical Counselor and Hypnotherapist since 1997. Roger authored Becoming the Greatest Expression of You and Becoming Slender For Life.

Dedicated to harnessing the mind's power, he Integrated Medical Hypnosis for issues like anxiety, depression, and pain.

As an integrated part of medical care, Roger offers Medical Hypnosis as a safe and drug-free approach for anxiety, depression, pain, tremors, stiffness, end-of-life and other health matters.

Roger is affiliated with esteemed organizations: The International Certification Board of Clinical Hypnotherapists, The International Medical and Dental Hypnotherapy Association, the Parkinson's Resource Organization's Wellness Village and Cancer Pathways.

Website: <https://www.rogermooreinstitute.com/>

Ruth Schneider **BA in Psychology, MS in Logistics and Organizational Science, Master Hypnotist, Master Practitioner of Myers-Briggs Personality Type Indicador, Board Certified Coach**

When: Saturday 19:00 / 7:00 PM Eastern Standard Time

Where: Salon B

Using Personality Type to Understand the Hard Wiring of the Subconscious

Create Suggestions that are Accepted without Resistnce

Personality Type describes 16 different in-born, subconscious patterns that determine how people think and act. Developing suggestions that are aligned with the client's Personality Type provides a quick and effective way to help them achieve their goals. The lecture covers what Personality Type is, how these in-born preferences effect people, and how understanding it can help you and your clients.

Bio: Ruth Schneider (USA)

Ruth E Schneider has over 30 years of experience as a manager, educator, hypnotherapist and consultant. She uses her knowledge of motivation, problem solving, teamwork and interpersonal relationships to develop customized solutions to diverse problems. She has used her Personality Type expertise with both individuals and teams.

She has co-authored two books, "From Stressed to Best" and "Leadership 16", as well as numerous courses, training manuals and materials based upon Personality Type. Ruth has worked in all levels of the public sector, as well as with small businesses and large corporations. She has a life-long dedication to helping individuals and organizations achieve their goals.

She is a Banyan Certified Master Hypnotist, NGH Consulting Hypnotist, Certified Stress Reduction Specialist, Certified Diabetes Motivational Coach, Certified Mast Innovator, Certified Master MBTI Practitioner and Board-Certified Coach.

Website: www.facebook.com/rutheschneider

Sean Michael Andrews Certified Hypnotist, Certified Instructor

When: Friday 15:00 / 3:00 PM Eastern Standard Time

Where: Salon A

The Dave Elman Induction for Virtual Hypnotherapy

The Dave Elman Induction is the most effective induction for hypnotherapy. Learn how this induction can be used over Zoom, Skype for individuals or groups.

Bio: Sean Michael Andrews (USA)

Sean Michael Andrews is the Supervising Instructor for the Dave Elman Hypnosis Institute. He was named Hypnotist of the Year in 2018 (IACT) and 2013 (MAHC). Sean, who holds a black belt in Taijutsu Karate, has taught hypnosis in 19 countries. Many consider him to be the World’s Fastest Hypnotist.

Website: www.WorldsFastestHypnotist.com

Seth-Deborah Roth CRNA, RN, CCHT, CI

When: Sunday 12:00 / Noon Eastern Standard Time

Where: Salon C

Using Hypnosis for Better Surgery Outcomes

Mindset is Important for Surgery

Mindset can change surgical outcomes. Hypnotherapy can alter these mindsets and influence how you enter the pre-op area, your anesthesia experience, your recovery and yes...even your postoperative healing.

Bio: Seth-Deborah Roth (United States)

Seth-Deborah is a CRNA and a Clinical Hypnotherapist. She is a NGH Hypnosis Instructor, a Fellow with the NBCCHT, a member of the "Order of Braid", has received the "Award of Excellence in the Field of Health" and the "Charles Tebbetts" awards. She has presented at UCSF Integrative Health Forum, UCSF student elective for Alternative Health class, Samuel Merritt University of Health Sciences, NGH, American Board of Hypnosis, Institute of Advanced Studies in Health, Dermatology Nurses Association, Kaiser Hospital, St. Rose Hospital, Sutter Health Hospital, Herrick - Summit Hospital, Seton Hospital, IHF and The Association for Professional Hypnosis and Psychotherapy.

Website: www.HypnotherapyForHealth.com

Sharna Brook Mrs Sharna Brook - Clinical Hypnotherapist and Trainer

When: Saturday 18:00 / 6:00 PM Eastern Standard Time

Where: Salon B

Creating Unique Tangible Anchors

Using tangible objects to create and collapse anchors and installing post-hypnotic suggestions that allow the client to tap in to their powerful new resource anchors any time they need. The tangible objects that will be discussed leave a lasting impression with your client, ensuring that they will speak highly of you and generate future business.

Bio: Sharna Brook (Australia)

Sharna Brook owns and runs Gympie Modern Hypnosis, a very popular business in her home town and see's 20-25 clients a week for all sorts of issues. Sharna has been a trainer for The Mind Academy & also Hypnofit with Eleni Mitas. She now runs her own training course called The competent and confident Hypnotherapist which was created to fill any gaps or answer any questions that an individual may have after undertaking their initial Hypnotherapy Training. Sharna's husband also works in the Clinic and together they opened The Gympie Wellness Clinic which hosts up to 13 holistic business's.

Website: <https://www.gympiemodernhypnosis.com.au/>

Sharon Waxkirsh BAHons CHT MHT HBCE

When: Sunday 10:00 AM Eastern Standard Time

Where: Salon A

Dealing With What Emerges

Experimentation- The skills to deal with the unexpected

Gil Boyne, the pioneer of combining psychotherapeutic methods with hypnosis, developed Transforming Therapy™ from the study of Dave Elman. Unlike standard hypnotic approaches, it prioritizes dealing with what emerges (DWWE) during initial sessions. Patient cues seemingly unrelated to the presenting complaint become the focus, leading to more effective outcomes when applied in the hypnotic state. Through active participation in experimentation with Boynean therapeutic approaches during this workshop one will develop skills that can be applied during patient hypnosis. The goal of being better equipped to encounter the unexpected in hospital or dental-practice settings as well as private practice sessions, will be achieved, leading to the attainment of successful outcomes for clients. A brief introduction to Transforming Therapy and how it can be used in any situation.

Learn how to recognize the cues of the subconscious.

No protocol? No problem. Feel confident in dealing with any issue a client brings even if you have never come across anything like it before.

Practice the most effective tool as a hypnotherapist.....curiosity and the language that utilizes it.

Learn to recognize your own agenda as the therapist and how to avoid fishing for answers to fulfil it

Bio: Sharon Waxkirsh (United States)

UK native Sharon Waxkirsh is the Director of the Academy for Hypnosis, a school approved by the American Council of Hypnotist Examiners (ACHE) and the DEHI. Students from over 13 different countries include psychotherapists, surgeons, dentists, established hypnotherapists as well as new entrants into the field of hypnotherapy.

Sharon trained with renowned hypnotherapists Gil Boyne, Dr John Butler and Marie Mongan and is one of a handful of trainers officially authorized to teach Transforming Therapy TM.

Sharon lives with her husband an Associate Professor of Biological Sciences at Purdue University, Indiana.

Website: www.academyforhypnosis.com **Email:** Sharon@academyforhypnosis.com

Sharon Jackman Certified Hypnotist, Master Certified Business Coach

When: Friday 19:00 / 7:00 PM Eastern Standard Time

Where: Salon B

The Worthiness Code

A 6-Session Journey to Freedom

Have you ever found yourself in a session wondering, "What do I do now?" or, "Is there a script for this?"

The Worthiness Code is here to ease your worries. This elegant protocol leverages the fact that, despite our differences, our brains tend to operate in a similar way.

In just 6 sessions, it provides you with a consistent approach that helps your clients relieve the implicit memories, disempowering emotions and limiting beliefs that are holding them back.

The result? A more predictable income for you. And for your clients, the exciting realization that it's never too late to have a happy childhood — and an even brighter future.

Bio: Sharon Jackman (United States)

Sharon Jackman, CH, is a professional hypnosis specialist for anyone who wants to be free of fear and worry.

Nationally certified by the NGH since 1993, she uses evidence-based techniques backed by neuroscience to help her clients make lifelong change.

Sharon is also an award-winning speaker, teacher, author and coach who teaches advanced hypnosis methods to practitioners around the world.

Website: SharonJackman.com



Shelley Stockwell-Nicholas

When: Sunday 20:00 / 8:00 PM Eastern Standard Time
Where: Salon B

Hypnosis for Love!

Bio: Shelley Stockwell-Nicholas (USA)

Transpersonal Hypnotherapy Instructor, Shelley Stockwell-Nicholas, PhD is President and co-founder (with Ormond McGill) of the International Hypnosis Federation. She's the author of 25 books used in hypnosis that are used schools worldwide and a regular guest on radio, television, in the press and on social media.

Website: www.internationalhypnosisfrderation.com/

Stephanie Conkle Bachlor's...no title.

When: Friday 19:00 / 7:00 PM Eastern Standard Time
Where: Salon C

Easy & Effective Resitance Clearing

How to spot and clear resistance to hypnosis before the induction

Are you or your client worried that they cannot be hypnotized? Stephanie Conkle shows you a suggestibility test that clearly displays if the client is resistant/fearful or too much "in their head." It also confirms when they are ready to be hypnotized and at what rate and pace they accept your suggestions. She then teaches you a few simple techniques for how to clear resistance easily and effectively to give you the edge on having successful sessions.

Bio: Stephanie Conkle (USA)

Stephanie Conkle is an award-winning Certified Clinical Hypnotherapist, an NLP Master, and an EFT Practitioner. She is also an ICBCH Certified Hypnosis Instructor and the founder of Clear Life Results Hypnotherapy and Stephanie Conkle Hypnosis.

A leader in the industry since 2009, her vision for teaching is to create a learning atmosphere charged with a kind of fun comradery, where all students feel welcomed and treated as a part of the collective fraternity of hypnotists, and she teaches from the heart with approachable authority.

Stephanie Conkle is an industry innovator, winning awards for her work with Hypno-anesthesia, but is well-known for creating the highly successful Profound Somnambulism Protocol (PSP), direct voice hypnosis.

Website: clearliferesults.com and stephanieconkle.com

Steve Woods Registered Hypnotist (Academy of Hypnotic Arts), SNHS Diploma in Hypnotherapy

When: Saturday 13:00 / 1:00 PM Eastern Standard Time

Where: Salon B

Gold Medal Hypnosis - Its a Knockout!

Are you ready to take your hypnosis practice to new heights and unlock the secrets of peak performance for your clients? To reset their mindset and accelerate to the top.

As an esteemed hypnotist, you already know the power of the mind in transforming lives. But imagine the possibilities when you combine your expertise with the winning strategies that propelled a UK Boxer to claim a Gold Medal at the prestigious Commonwealth Games in 2022. Alongside my award-winning work with golfers worldwide, I have had the privilege of working tirelessly with this exceptional athlete, refining their mindset and instincts for peak performance, time and time again.

Now, I invite you to join me on an exhilarating journey as I unveil some of the specific preparation techniques that led to this extraordinary achievement.

1. **Getting in the Zone - Every Time:** Discover the precise techniques to help your clients effortlessly access the zone of peak performance consistently. Unleash their hidden potential and guide them towards achieving extraordinary results in any field.
2. **Trusting Reactions When It Matters:** In high-pressure situations, your clients need to trust their instincts implicitly. Learn how to cultivate unwavering confidence in their abilities, enabling them to make decisive and accurate decisions precisely when they need to.
3. **Mastering the Art of Resetting:** Setbacks are inevitable, but true champions know how to rebound stronger than ever. Acquire the tools to guide your clients in resetting their mindset, overcoming obstacles, and forging ahead towards victory with resilience and determination.
4. **Tuning in to the Coach Amidst Distractions:** In a world filled with noise and distractions, maintaining focus and aligning with the coach's guidance is paramount. Learn effective techniques to help your clients tune in, filter out distractions, and absorb invaluable insights that will propel them towards excellence.
5. **Learning and Adapting Like a Pro:** The ability to learn and adapt swiftly is what sets champions apart. Equip your clients with the skills to absorb knowledge, refine their skills, and adapt to any opponent or situation, giving them a significant competitive edge.
6. **Assisting in Injury and Surgery Recovery:** Hypnosis holds incredible potential for aiding in injury and surgery recovery. Learn powerful techniques to guide your clients through the healing process, harnessing the mind's innate ability to restore physical well-being.
7. **Time Management Beyond Performance:** Excelling in life extends beyond the performance arena. Discover proven time management strategies that will empower your clients to maximize productivity, achieve work-life balance, and succeed in all aspects of their lives.

Prepare to elevate your practice and become a Gold Medal Hypnosis expert.

Bio: Steve Woods (UK)

Steve Woods, a highly qualified and experienced professional, is the Registered Hypnotist and Director at Hypnosis Fore Golf Ltd. With over 18 years of experience in the field, he has been successfully helping individuals and organizations bring positive changes in their lives.

Some of his prestigious clients include GB Boxing, The British Medical Association, Wolverhampton College, Acorns Childrens Hospice, Homeserve, and the Help Harry Help Others Charity, among others. With his expertise and exceptional skills in hypnosis, he is dedicated to helping people achieve their goals and live a better life.

Website: Hypnosis Fore Golf Ltd.

Tim Horn Certified Instructor, Board Certified Hypnotist

When: Friday 14:00 / 2:00 PM Eastern Standard Time

Where: Salon B

Simpson Protocol

The Peak of Client Based Hypnosis

The Simpson Protocol:

- 1) The Conscious Mind is sectioned off
- 2) The Client creates their own healing metaphor
- 3) Prevents shot your self in the foot hypnosis
- 4) Deal with Mind, Body and Spiritual Connection
- 5) Honors the Client's believe
- 6) Is easily repeatable
- 7) Establishes triggers to shorten future sessions
- 8) Allow enough flexibility for most hypnotists' differing background

Bio: Tim Horn (United States)

From dynamic teaching at every level, to innovative workshops for businesses and organizations, to advanced education and one-on-one support utilizing hypnotherapy, Tim Horn of Hypnoconsult in Manassas, VA applies the mind sciences to help people overcome challenges and reach goals – even ones they thought unattainable. Tim teaches clients in Northern Virginia and throughout the world to maximize the potential of the mind, to live with fewer barriers.

Website: www.hypnoconsult.com

Tom Nicoli BCH, CI, CPC - Board Certified Hypnotist - Certified Instructor - Certified Professional Coach

When: Sunday 17:00 PM / 5:00 PM Eastern Standard Time

Where: Salon A Featured Keynote Speaker

Riding the Wave with Resilience:

A Hypnotist's Mind Reset Journey

Bio: Tom Nicoli (USA)

Tom Nicoli is an internationally published author, speaker, trainer, personal development coach, and consultant to practicing hypnotists. Tom is a Board Certified Hypnotist with the National Guild of Hypnotists, an NGH Certified Instructor, Certified Instructor Coach, NGH Advisory Board Member, Order of Braid Council Member and adjunct faculty member. He is also certified with the International Guild of Professional Coaches and Consultants as a Personal Development Coach.

Tom is a dynamic speaker, seminar leader and lecturer as well as a nationally recognized radio and television guest. The success of his work has been covered by Dateline NBC, national radio shows, and newspapers and print publications such as Shape magazine.

Website: www.prosperusa.com

Tracy Barrett Adams Clinical Hypnotherapist

When: Sunday 13:00 / 1:00 PM Eastern Standard Time

Where: Salon B

Setting Expectations for Medical Hypnosis

A Fresh Take on Client Solutions

This talk will present clear steps to build calm and confidence in your sessions, and help to shift your thinking about success with medical hypnosis clients. I'll also discuss, a clear measure for knowing when your skills are enough (bonus: my secret sauce for building connections with the medical community).

Bio: Tracy Barrett Adams (United States)

Tracy Barrett Adams specializes in medical hypnosis, with an emphasis on insomnia, neurological issues, and reproductive health. Tracy is the author of the CLEAR Sleep Practitioner Protocol, and HypnoMothering programs for Fertility, Childbirth, and Postpartum, and she's the co-creator with Roger Moore of the Integrative Medical Hypnosis Practitioner Certification Course.

Website: www.tracybarrettdams.com

Turan Mirza

When: Sunday 09:00 AM Eastern Standard Time

Where: Salon B

Stepping into the Clients Mind

Putting the clients thoughts first and helping them change using their imagination

An intro to my work and how I developed my technique.

Explain my process with a variety of anecdotes from my experience.

Invite someone for a demo to show the process in action.

Summary, final advice and close – any other questions.

Bio: Turan Mirza (UK)

I have used hypnosis for the last 13 years and for 6.5 years have been a full-time hypnotist performing change work. Starting as a hobby, it developed into Street Hypnosis before moving to paid hypnosis entertainment. It was only a matter of time before I was asked to help people change their lives with hypnosis and so I started to train in that area, eventually making it my full-time career.

Website: www.feel-good.today

Sheila Granger

When: Friday 13:00 / 1:00 PM Eastern Standard Time

Where: Salon A

"Reset Your Marketing Mindset With A.I."

Bio: Sheila Granger (UK)

Sheila is a multi-award winning hypnotherapist, business owner, and a transformational leader in personal and business development. A professional guest and keynote speaker at conferences around the world, Sheila has trained over 2500 hypnosis practitioners in 16 countries. She built an internationally successful hypnotherapy business from scratch and her growth has been peppered with awards. Her mission now is to educate, motivate, help and inspire other hypnotherapists to achieve more than they ever thought possible with their own businesses.

Website: www.sheilagranger.com

Vicky Santiago Clinical Hypnotherapist and Business Coach

When: Saturday 19:00 / 7:00 PM Eastern Standard Time

Where: Salon C

Sacred Money Archetypes®

Empower your practice by embracing your unique money blueprint

Money, a vital aspect of our lives, is more than just currency. It represents our hopes, dreams, fears, and aspirations. Your relationship with money is not a random occurrence; it's deeply rooted in your unique set of Money Archetypes.

In this presentation, we'll delve into the concept of Sacred Money Archetypes® – a framework that unveils the eight distinct personalities that shape our financial behaviors and beliefs. These archetypes not only reveal your money strengths and gifts but also shed light on your money behaviors and shadow sides.

But, our exploration doesn't stop there. Your Money Archetypes are like keys that can unlock doors to growth opportunities across all aspects of your life, including business and relationships. Discover how understanding your archetypes can lead to innovation, success, and fulfillment in every area of your life.

Plus, we'll look at how we can take this knowledge and implement it in our practices including our pricing, marketing and packages.

Bio: Vicky Santiago (New Zealand)

Vicky Santiago is a Clinical Hypnotherapist and Business Coach specializing in helping professionals reach their full potential in business, life and wellness.

As a professional speaker, Vicky is a regular presenter at conferences and summits both in New Zealand and overseas, speaking on topics related to mental health and business success mindset.

Website: www.vickysantiago.com

Victoria Gallagher

When: Friday 13:00 / 1:00 PM Eastern Standard Time

Where: Salon B

Mindset Reset:

Blending Techniques for Lasting Transformation

In this presentation, we will delve into four powerful techniques for mindset reset: cognitive restructuring, visualization, positive affirmations, and Neuro-Linguistic Programming (NLP).

You will learn how to identify and challenge negative thought patterns, create vivid mental images of desired outcomes, reinforce positive beliefs through affirmations, and utilize NLP techniques for mindset shifts.

- Cognitive Restructuring: Learn how to identify and challenge negative thought patterns, replacing them with positive and empowering beliefs for mindset reset.
- Visualization: Explore the power of guided imagery to create vivid mental images of desired outcomes, enhancing the manifestation of goals and aspirations.
- Positive Affirmations: Discover the effectiveness of constructing and using affirmations to reinforce positive thoughts, beliefs, and behaviors.
- Neuro-Linguistic Programming (NLP): Explore NLP techniques, such as anchoring and reframing, to facilitate mindset shifts and empower clients.
- Blending Techniques: Understand the art of blending these techniques to create a comprehensive and personalized approach for profound mindset reset and lasting transformation.

Bio: Victoria Gallagher (USA)

Victoria M. Gallagher is a renowned Law of Attraction Hypnotist with over 24 years of experience in personal development. As a certified hypnotherapist, she helps individuals tap into the power of their minds to manifest their desires and create a life of abundance. Victoria blends hypnosis with the Law of Attraction, guiding clients to overcome limitations and unlock their unlimited potential. Through her transformative hypnosis programs, bestselling books, and dynamic speaking engagements, she inspires and empowers audiences with her expertise and passion. With a compassionate and knowledgeable approach, Victoria is dedicated to guiding others on their journey of personal growth and manifestation.

Website: www.victoriagallagher.com

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