



**Evolving Hypnosis Together**  
**Dave Elman Global Zoom**  
**Conference Catalog**

January 2023

Friday 20<sup>th</sup>, Saturday 21<sup>st</sup>, Sunday 22<sup>nd</sup>

[www.ElmanHypnosis.com](http://www.ElmanHypnosis.com)



## Welcome to the Conference

The Dave Elman Medical Hypnosis Course was attended by thousands of physicians, dentists and psychiatrists from 1949-1962. Dave and Pauline Elman traveled around the US, teaching a 10-week course, until Dave's heart attack in 1962.

During this time, an evolution of Dave Elman's techniques was brought about and enhanced by the collaboration with the physician and dentist 'students' who field-tested methods as they worked with their patients and would then

share their successes and failures with the class. Successes would at times be added to the course syllabus. Thus, the methods kept evolving.

Dave devised a rapid induction which he referred to as his '3-minute routine' and is known today as the Dave Elman Induction (D.E.I.). Many schools teach it, and many hypnotists use it as their go-to induction because it is highly effective and has world-wide appeal. Gil Boyne writes in the "Hypnotherapy" forward "Then I heard Dave Elman at work! In August, 1956...one of my students loaned me a tape recording of one of Elman's Classes for physicians! Just a few minutes of Listening had an electrifying effect upon me. I knew immediately that Dave Elman had 'THE FEVER!'... a quality of excitement that ripens into an intense dedication and a lasting devotion to the use of hypnosis as a major treatment modality."

This Conference is a Celebration of the legacy of Dave Elman and his hypnosis methods plus to continue to build upon them. Today this exchange of hypnosis knowledge can expand through the magic of Zoom! Featured Speakers and global presenters will bring alive the Dave Elman experience as it influenced them personally, professionally and will look at his work in current terms. Thus, the Evolution of Hypnosis continues as Dave Elman's ongoing influence is documented today. WELCOME! You are all part of this. Someone looked at the line-up and said this is filled with Rock Stars. So, welcome to the Woodstock of Hypnosis! Dave would be blown away by the expanse of this event and would love to have met each and every one of you.

### Cheryl & Larry Elman

**2023**  
**Dave Elman Global Zoom**  
**Conference Catalog**  
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# Friday Schedule

Dave Elman Legacy Zoom Conference Friday Jan 20th, 2023			
EST	Room 1/ Salon A	Room 2 /Salon B	Room 3 / Salon C
9:00	<b>"If Dave Elman Ran Your Marketing..."</b> <i>Jason Linett (USA)</i>	<b>Mental Dental</b> <i>Sharon Waxkirsh (USA, UK)</i>	<b>Apply Ancient Energy Knowledge with Modern Hypnosis</b> <i>Christophe Dierckx (BE)</i>
10:00	<b>Welcome to the Evolving Hypnosis Together Conference</b> <b>Cheryl and Larry Elman (Salon A)</b>		
11:00	<b>"Why You Must Take Your Practice Online in 2023 ... and How to Do It With Ease"</b> <b>Ali Campbell (Scotland) - Featured Keynote Speaker (Salon A)</b>		
12:00	<b>Business Panel: Sheila Granger, Steve G. Jones, Jason Linett, Tom Nicoli</b>	<b>Be a Hypnosis Urinary Incontinence Influencer</b> <i>Dr Sue Peacock (UK)</i>	<b>Less is More when Getting Insight: a rapid technique for any therapy setting</b> <i>Dr Kate Beaven Marks (UK)</i>
1:00 (13:00)	<b>Quickly Elicit Elman's Glove Analgesia with clients in waking hypnosis</b> <i>Stephanie Conkle (USA)</i>	<b>Regression Therapy: Quickly find the root cause of any complex issue</b> <i>Debbie Papadakis (Can)</i>	<b>Manifestations and Meditation: 7 meditations to attract abundance</b> <i>Victoria Gallagher (USA)</i>
2:00 (14:00)	<b>Relieve IBS- Irritable Bowel Syndrome Issues</b> <i>Melissa Roth (USA)</i>	<b>Present Hypnosis at Networking Events with Practical Tips</b> <i>Turan Mirza (Northern Ireland)</i>	<b>The PreTalk- a Catalyst for Change: Set your Client up for Success</b> <i>Patricia Scott (USA)</i>
3:00 (15:00)	<b>Creating Our Reality</b> <i>Bruno Tricarico (BR)</i>	<b>Build an All-Referral Practice in 2023 Regardless of Global Economies</b> <i>Sheila Granger (UK)</i>	<b>Dave Elman's Teachings Help Me to Be a Better Doctor</b> <i>Wieslaw Rocki, 's MD, PhD (USA)</i>
4:00 (16:00)	<b>Be as Effective with Group Hypnosis Sessions as 1:1- Learn 5 Secrets</b> <i>Lori Hammond (USA)</i>	<b>Being the best smoking cessation specialist!</b> <i>Ken Guzzo (USA)</i>	<b>Develop and Profit from Stage Hypnosis</b> <i>Kenda Summers/Michael C Anthony (USA)</i>
5:00 (17:00)	<b>"Thousands of Questions Still to Be Answered" Beryl Comar (Spain, Dubai) Featured Speaker (Sal A)</b>		
6:00 (18:00)	<b>The Golden Thread Protocol: The Evolution of Regression</b> <i>Justine Lette (NZ)</i>	<b>Release Anxiety with Hypnosis: The message behind anxiety</b> <i>Lance Baker (AU)</i>	<b>Narcissist Be Gone!</b> <i>Brenda Rhodes (USA)</i>
7:00 (19:00)	<b>Hypnotic Body Language Subtle Art of Hypnotic Persuasion</b> <i>Grant Murrell (UK)</i>	<b>Loosen Your Grip: Pre-requisites to Transformation</b> <i>Michael Watson (USA)</i>	<b>Use Your Dreams to Unlock Your Subconscious Creativity</b> <i>Richard Nongard (USA)</i>
8:00 (20:00)	<b>My Favorite Techniques Panel: Stephanie Conkle, Amber Cox, Lance Baker</b>	<b>S.A.F.E. Mode-Suggestion Affect Feedback Effect: modelling of Dave Elman</b> <i>Andrew Hardwick (NZ)</i>	<b>Media Consumption &amp; Your Mental Health</b> <i>Cindy Beers (USA)</i>

# Saturday Schedule

Dave Elman Legacy Zoom Conference Saturday, Jan 21st, 2023			
EST	Room 1/ Salon A	Room 2 /Salon B	Room 3 / Salon C
9:00	<b>HypnoDontics: Hypnosis in Dentistry</b> <i>Beryl Comar (Spain, Dubai)</i>	<b>Elman &amp; Multi-Channel Eye Movement Integration for Emotion-based Help</b> <i>Joachim Lee (Singapore)</i>	<b>Virtual Aesthetics- A Beauty Program that's so much more</b> <i>Shirley McLean (UK)</i>
10:00	<b>The Magical Mrs Elman - an Unsung Hero in the Elman Legacy</b> <i>Kaz Riley (UK)</i>	<b>Conscious Parenting and Hypnosis</b> <i>Luz Villagras Surco (Dubai)</i>	<b>Anatomy of a Research Project</b> <i>Garry Coles (UK)</i>
11:00	<b>"How to Make Money Online as a Hypnotherapist: the Importance of Branding, Marketing, Products and Production"</b> <b>Steve G. Jones (USA)</b> Featured Keynote Speaker (Sal A)		
12:00	<b>Kids Panel:</b> <i>Luz Villagras Surco, Randi Light, Barbara Scholl, Laiz Lima Ricci</i>	<b>Essentials for Successful Regression Sessions</b> <i>Eddy Oduber (Aruba)</i>	<b>Hypnotic Pain Control: Connecting Methods of Dave Elman &amp; John Sarno</b> <i>Alberto Dell-Isola (Brazil)</i>
1:00 (13:00)	<b>The Use of Deep Trace in Auto Hypnosis</b> <i>Christophe Pank (France)</i>	<b>Take a Nice Deep Breath and... Do we really need to hypnotize?</b> <i>Bob Burns (Scotland)</i>	<b>Combine Energy with Hypnosis to Accelerate Energetic/Physical Regeneration:</b> <i>Randi Light (USA)</i>
2:00 (14:00)	<b>How Did Dave Elman Inspire Me in my Medical Work?</b> <i>Giancarlo Russo (Italy)</i>	<b>Get Over Yourself &amp; Just Do It: Become Client Present and Overcome Procrastination</b> <i>Nicole Dodd (UK)</i>	<b>Tapping Your Stories: Enhance the Change with your Own Metaphors</b> <i>Paula Daoust (USA)</i>
3:00 (15:00)	<b>HypnoDontics: Collaboration With Dentists</b> <i>Anamaria Buiculescu &amp; Jordi Martinez (Spain) (in Eng &amp; Sp)</i>	<b>They Put Their Pants on One Leg at a Time How to talk to doctors about hypnosis</b> <i>Denise Billen-Mejia, MD (USA)</i>	<b>Hypnosis 'Fore' Golf: Get Your Clients in the Zone Every Time</b> <i>Steve Woods (UK)</i>
4:00 (16:00)	<b>GrowingThrough Grief: Sad Panda</b> <i>Kristie Polk (USA)</i>	<b>Deal with Headaches the Dave Elman Way</b> <i>Sean Michael Andrews (USA)</i>	<b>Evolution of Parts Therapy: Inner Conflict Resolution</b> <i>Roy Hunter (USA)</i>
5:00 (17:00)	<b>Hypnosis Is B.S. (So Is NLP for That Matter!)</b> <b>Karen Hand (USA)</b> Featured Keynote Speaker (Sal A)		
6:00 (18:00)	<b>Elman's Contributions to Pain Control Hypnosis: Keeping it Real</b> <i>Bruce Eimer, PhD (USA)</i>	<b>E.L.M.A.N. - the 2 Min. Gift &amp; 10 sec. Practice Creates Shifts</b> <i>Joane Goulding &amp; Natalie Cossar (AU)</i>	<b>If You Did It, You Can Use It! Capitalize on your unique life experience.</b> <i>Denise Oatley Hall (USA)</i>
7:00 (19:00)	<b>Resolve High Achiever Challenges</b> <i>Paul Wong (USA)</i>	<b>Silent Hypnosis: A New Way to Create Change</b> <i>Hedges (AU)</i>	<b>Integrative Hypnosis for Childbirth: Keys to prepare clients for positive birth</b> <i>Tracy Barratt Adams (USA)</i>
8:00 (20:00)	<b>Medical Panel:</b> <i>Ron Eslinger, Dr. Benedito Amor Filho, Dr. Wes Rocki, Seth-Deborah Roth</i>	<b>The Future of Hypnotism</b> <i>Lauren Hall (USA)</i>	<b>Helping You Find Your Inner Peace: the difference between stress, worry, &amp; anxiety</b> <i>Sheila Henley (AU)</i>

# Sunday Schedule

Dave Elman Legacy Zoom Conference Sunday Jan 22nd, 2023			
EST	Room 1 / Salon A	Room 2 /Salon B	Room 3 / Salon C
9:00	<b>Hypnotherapy for a Better Death</b> <i>Daniel Ghanime (Lebanon)</i>	<b>Simpson Protocol: The integrated protocol for optimum outcomes</b> <i>Stin-Niels Musche (Germany)</i>	<b>The OXO Science of Trance</b> <i>Dr. Brice Lemaire (France)</i>
10:00	<b>Who Knew? Making hypnotic pain management even more effective</b> <i>Claire de la Varre (Scotland, USA)</i>	<b>Dave Elman Translated for Kids &amp; Teens: HypnoKids® inductions insights</b> <i>Barbara Scholl (Switzerland)</i>	<b>Chronic Pain Management</b> <b>Learn fast &amp; effective ways to help clients</b> <i>Amber Cox (USA)</i>
11:00	<b>Thinking Big: What Else Can We Do With Hypnosis? Scott Sandland (USA) Featured Keynote Speaker Sal A</b>		
12:00	<b>Dental Panel: Sharon Waxkirsh, Beryl Comar, Anamaria Buiculescu</b>	<b>Fast and Powerful Inductions</b> <i>Rob DeGroof (Belgium)</i>	<b>5 Elements and 6 Healing Sounds for Emotional Balance</b> <i>Jack Chang (USA)</i>
1:00 (13:00)	<b>Subconsciously Heal, Consciously Thrive: Survive the Dark Dad Triad</b> <i>Tyra-Lee Wilkins (Scotland)</i>	<b>Quantum Journey: Hypnosis-The Hallway of Answers</b> <i>Kryssa Marie Bowman (USA)</i>	<b>Parallel Universes Martial Arts and Hypnosis Training</b> <i>Brenda Gray (USA)</i>
2:00 (14:00)	<b>Mind Over Menopause: Take the heat out of Menopause</b> <i>Helen Breward (UK)</i>	<b>Hypnosis &amp; NLP for Actors</b> <i>Albert Bramante (USA)</i>	<b>Avoid Pain and Struggle to Achieve Client and Business Success</b> <i>Tom Nicoli (USA)</i>
3:00 (15:00)	<b>Gold Medal Hypnosis for Teams: Structure and deliver a dynamic team talk</b> <i>Joni Neidigh (USA)</i>	<b>Hypnotic Weight Loss: A Strategy Shift</b> <i>Joseph Onesta (USA)</i>	<b>Best Practices to Avoid Claims and Lawsuits:</b> <i>Eric Banks (USA)</i>
4:00 (16:00)	<b>Create Amazing Online Hypnosis Classes: Earn faster- avoid costly mistakes</b> <i>Amanda Dell'Aquila (Canada)</i>	<b>Hypnotic Myth: Do you really need hypnotic inductions?</b> <i>Karl Smith (UK)</i>	<b>Use Dave Elman Triple Handshake to remove any problem</b> <i>David Shephard (UK)</i>
5:00 (17:00)	<b>Up to Basics! Explore the Nitty Gritty of YOU and the Work You Do</b> <b>Shelley Stockwell Nicholas (USA) Featured Keynote Speaker (Sal A)</b>		
6:00 (18:00)	<b>The Pain Brain Connection: Become an expert in a billion dollar business</b> <i>Ron Eslinger (USA)</i>	<b>Using the Elman Induction in Medical Hypnosis</b> <i>Seth-Deborah Roth (USA)</i>	<b>Integrative Coaching: Client-centered approach to integrative protocols</b> <i>Sandra Grace (USA)</i>
7:00 (19:00)	<b>Hypnosis With Kids &amp; Teens: A Fun way to work with great results</b> <i>Laiz Lima Ricci (Brazil)</i>	<b>Rare Recordings of Dave Elman</b> <i>H Larry Elman (USA)</i>	<b>Hypnotherapy for Depression Among Adolescents in the Amazon</b> <i>Dr. Benedito Amorim Filho (Brazil)</i>
8:00 (20:00)	<b>My Niche Panel: Joni Neidigh, Joseph Onesta, Phil Heldges, Turan Mizra</b>	<b>Human Design Hypnosis: Reconnect with our authentic selves</b> <i>Vicky Santiago (NZ)</i>	<b>A Potpourri of Hypnotic Techniques: Add the WOW Factor to Your Practice</b> <i>Joann Abrahamsen (USA)</i>



**Cheryl J. Elman, CH, CI, CMT, BS Ed - USA**

**Conference Producer**

**Cheryl Elman is the president and Primary Marketing Force of the Dave Elman Hypnosis Institute.**

“It has been my dream to have Larry share his father’s methods with this community and we have had the pleasure of traveling to 17 countries teaching and presenting. I never imagined it could culminate into this event and we are so honored that you are all part of it.

Each one of these presenters have touched our lives and hearts in the past 12 years and are coming from over 20 countries.”

Cheryl was a HS Special Need teacher, an art teacher, and artist. She has also worked as a VP, and trainer of two companies in NYC for 14 years. This experience has made her uniquely equipped to become a hypnosis trainer globally. Whether she is working with a client during a one-on-one Hypnosis session or teaching a class full of future Hypnotists, she brings humor, energy, and creativity to every situation.

- Certified Consulting Hypnotist.
- President and Marketing Director of DEHI (Dave Elman Hypnosis Institute)
- Gouling SleepTalk® for Children Consultant and International Trainer
- 2013 Lifetime Achievement Award from HypnoseKongress, Zurich
- 2014 Educator of the Year Award from Mid-America Hypnosis Conference.
- ICBCH Hypnotist of the Year
- 2022 Award – Most Lives Impacted by Hypnosis from Hypnosis Growth Club
- BS in Elementary Ed and Special Education K-12 from Syracuse University
- Certified Master Trainer (IACT) International Association of Counselors and Therapists
- DEHI Certified Hypnosis School Instructor for the International Medical and Dental Hypnosis Association (IMDHA)
- Lifetime Honorary Member of the Australian Society of Clinical Hypnosis
- Lifetime Honorary Member of the New Zealand Hypnosis Association
- Lifetime Honorary Member of the Asociatia Romana De Hipnoza
- Co-Producer of DEHI Training Products
- Virtual Gastric Band Practitioner



**Larry Elman, CH, CI, CMT, SB Engineering (MIT), MS**

**Engineering – USA**

**Certified Consulting Hypnotist and Son of Dave Elman**

Welcome! I am proud to see how large a Conference my lovely wife generated. It reflects how important Dave Elman's work was and how that work has come down through the many decades, evolving to meet the changing needs of both the Hypnosis Profession and the Clients it serves.

I remember when my father hoped that eventually all physicians would learn hypnosis and make the human mind a more effective healing tool. Instead, today, physicians using our skills will, more often than not, do so by having a hypnotist assist them. When you are in that position, subtly teach your doctor careful hypnotic semantics, as that is the heart of making Dave Elman's methods effective.

In 2008, I was fortunate to be interviewed by Sean Michael Andrews. The interview led to my first lecture on hypnosis – a history of Dave Elman's hypnosis courses given at the National Guild of Hypnotists. What I discovered at that convention was that there were many fine colleagues with many variations on what dad originally taught. They followed the same philosophy but with modifications to fit many additional persons, situations and problems.

This Conference reflects that growth and that evolution. Watch and listen to the varied presentations of your colleagues – you will learn so much and enjoy so much. Dave Elman, my father, would be so delighted with this event. Thank you to all the presenters and participants and I look forward to meeting you throughout the weekend. ~ H. Larry Elman

#### Accolades

- Certified Hypnosis Instructor with the National Guild of Hypnotists (NGH)
- Certified Master Trainer with IACT (international Association of Counselors and Therapists)
- Certified Instructor of our IMDHA school (International Medical & Dental Hypnosis Association)
- Certified Instructor for ICBCH
- CEO of the Dave Elman Hypnosis Institute (DEHI)
- 2009 Presentation Award from the NGH (National Guild of Hypnotists)
- 2011 IHF ANGEL Award (International Hypnosis Federation)
- 2013 Humanitarian Award from IACT (International Association of Counselors and Therapists)
- 2013 Lifetime Achievement Award from HypnoseKongress, Zurich
- 2014 Educator of the Year Award from Mid-America Hypnosis Conference.
- DEHI Certified Hypnosis School Instructor: The International Medical & Dental Hypnosis Association
- Lifetime Honorary Member of the Australian Society of Clinical Hypnosis
- Lifetime Honorary Member of the New Zealand Hypnosis Association
- Lifetime Honorary Member of the Asociația Română de Hipnoza
- Co-Producer of DEHI Training Products
- B.S. (S.B.) in Aeronautical Engineering from MIT
- M.S. in Aerospace Engineering & Theoretical & Applied Mechanics from University of Oklahoma
- Post graduate work in Engineering Sciences from Rensselaer Polytech Institute (RPI)
- MIT Educational Counselor for 9 counties in NC

## Friday Keynote Presenters



**Ali Campbell - Scotland**

**Friday January 20th 11 AM EST**

**Presentation Topic:**

**"Why You Must Take Your Practice Online in 2023 and How to Do It With Ease"**

Widely known as the UK's "Life- Fixer" and leading self-help author.

With 5 international bestsellers to his name, he's been featured among the top100 internationally acclaimed self-help authors.

His book, Just Get On With It, even outsold the Dalai Lama's on its release.

Ali has helped celebrities, rock stars, even royalty stop sabotaging themselves so they can realize their full potential. And he frequently presents to audiences of more than 1 million people around the world



**Keynote Presenter**

**Friday January 20th 5 PM EST / 17:00 EST**

**Beryl Comar - Spain ; Dubai**

**Presentation Topic:**

**"Thousands of Questions Still to Be Answered"**

Author of HypnoDontics: A Manual for Dentists and Hypnotists.

Her courses include: The Broken Heart Cure, Hypnosis with Kids and Teens, Raising an Emotionally Intelligent Child, EQ Essentials for Hypnotherapists, HypnoDontics, NLP, Hypnosis Certifications and Parts Therapy.

With Master's degrees from both the UK and USA, she has worked in Africa and the MiddleEast as a school principal and university teacher trainer.

Today she trains globally online is also a Dave Elman Hypnosis Institute Trainer

## Saturday Keynote Presenters



### **Keynote Presenter**

**Saturday January 21st 11 AM EST**

**Dr. Steve G. Jones - USA**

### **Presentation Topic:**

**”How to Make Money Online As a Hypnotherapist: The Importance of Branding, Marketing, Products and Production”**

Steve G. Jones is a board- certified clinical hypnotherapist who’s been practicing since the 1980s. He’s authored 25 books on hypnosis, weight loss and other topics. And he’s created more than 9,000 hypnosis audios and 22 online certification programs.

Dr. Jones was also featured on Bravo’s Millionaire Matchmaker as both a hypnotherapist and as a millionaire.



### **Keynote Presenter**

**Saturday January 21st 5 PM EST**

**Karen Hand - USA**

### **Presentation Topic:**

**“Hypnosis Is B.S. (So Is NLP for That Matter!)”**

Karen Hand is an award-winning, board-certified hypnotist and trainer, and an international best-selling author of books like Magic Words and Language Patterns and Trance Dance: The Hypnotic Art of Leading and Following.

Her 30-year career as a Chicago radio personality was the perfect foundation for using language to create thoughts, pictures and emotions in other people.

Since transitioning into hypnosis in 2005, she has helped thousands of clients take control of their lives.

She has also trained countless hypnotists and NLPers to help others change for good. And she continues to practice and train globally over Zoom

## Sunday Keynote Presenters



### **Keynote Presenter**

**Sunday January 22nd 11 AM EST**

**Scott Sandland - USA**

### **Presentation Topic:**

**“Thinking Big: What Else Can We Do With Hypnosis?”**

Scott Sandland is a hypnotherapist and founder of HypnoThoughts Live, the largest hypnosis convention in the world, which takes place annually in Las Vegas.

He’s also the co-founder and CEO of Cyrano.ai, a natural language understanding system that improves human-computer communication.

Cyrano.ai and Scott are dedicated to building a digital therapist that can be given away freely to every at-risk teen in America.



### **Keynote Presenter**

**Sunday January 22nd 5 PM EST / 17:00 EST**

**Shelley Stockwell Nicholas - USA**

### **Presentation Topic:**

**Up to Basics! Explore the Nitty Gritty of YOU and the Work You Do”**

As founder and president of the International Hypnosis Federation, Shelley Stockwell- Nicholas, PhD, devotes her life to helping you master a full range of life-enhancing processes and protocols.

She’s a clinical transpersonal hypnotherapist, trainer, newspaper columnist, spiritual counselor, researcher, and guest lecturer at schools and universities.

She’s also frequently featured on radio, TV and social media. And she’s written 25 books that are used in schools worldwide.

## Panels

### **Panel: Business Panel**

**When:** Friday 12:00 EST Salon A

**Panel Members:** Sheila Granger, Steve G Jones, Jason Linett, Tom Nicoli

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### **Panel: My Favorite Techniques**

**When:** Friday 8:00 PM EST Salon A

**Panel Members:** Stephanie Conkle, Amber Cox, Lance Baker, Justine Lette

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### **Panel: Kids Panel**

**When:** Saturday 12:00 EST Salon A

**Panel Members:** Randi Light, Barbara Scholl, Liaza Lima Ricci, Luz Villagras Surco

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### **Panel: Medical Panel**

**When:** Saturday 8:00 EST Salon A

**Panel Members:** Ron Eslinger, Dr Benedito Amorim Filho, Dr. Wieslaw Rocki,  
Seth-Deborah Roth

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### **Panel: Dental Panel**

**When:** Sunday 12:00 PM EST Salon A

**Panel Members:** Sharon Waxkirsh, Beryl Comar, Anamaria Buiculescu

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### **Panel: My Niche Panel**

**When:** Sunday 8:00 PM EST Salon A

**Panel Members:** Joni Neidigh, Joseph Enosta, Phil Hedges, Turan Mizra

## Conference Presenters

**Abrahamsen, Joann**, B.A. in Sociology with a minor in Education

**When:** Sunday 8:00 PM EST Salon: C

### **A Potpourri of Hypnotic Techniques: Add the WOW Factor to Your Practice**

Do you want to captivate an audience? Add some zip to your lectures? Be remembered as an effective speaker who is invited back? Included are many demonstration techniques and interactive processes which you could incorporate into your pre-talks and include in your lectures' demonstrations to make them informative and fun! I will also demonstrate an induction that I developed that induces hypnosis, tests and deepens the client in five minutes or less..

#### **Bio: Joann Abrahamsen (USA)**

Joann Abrahamsen is an NGH and ICBCH board certified consultant in hypnosis. She was named the Association to Advance Ethical Hypnosis' 1992 "Person of the Year," and was recipient of both the President's Award and the Harry Arons Award. In August 2009, Joann was inducted into the National Guild of Hypnotists Order of Braid, recognizing a lifetime of outstanding achievement, dedication, and service. Joann has received the NGH Outstanding Achievement Award and the Charles Tebbets Award for "spreading the light of hypnosis."

Joann teaches courses in hypnosis and presents demonstrations for many organizations. In her private practice, Abrahamsen has helped many people achieve their goals by combining her award-winning hypnotic techniques with behavior modification. She has written two books: Self-Hypnosis, Easy as 1,2,3; and A Potpourri of Hypnotic Techniques. She is a regular columnist for the Journal of Hypnotism. Joann lives in Westchester County, NY with her husband, Robert, & their cat, Nutmeg.

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**Amorim Filho, Benedito**, M.D. , Research Fellow at National Institutes of Health/Bethesda/MD

**When:** Sunday 7:00 PM EST Salon: C

### **Hypnotherapy for Depression among Adolescents in the Amazon**

Depression is an important issue among young adults as well as teenagers living along the rivers in the Amazon. There are still many cases of depression as well as suicide in those communities. For the last seven years, our group has developed educational and therapeutic actions in order to bring attention to that issue and to deal with it. Hypnotherapy has gained substantial impact in this field, and we can share some of these results.

#### **Bio: Benedito Amorim Filho (Brazil)**

Benedito Amorim Filho is a:

- Functional neurosurgeon and pain management specialist
- Hypnotherapist
- Professor of pain medicine and hypnotherapy at Albert Einstein Hospital in São Paulo - Brazil
- Co-founder of Cortex Academy
- Coordinator and Vice President at Projeto Servir NGO

**Anamaria Cristodora Buiculescu &, Jordi Martinez,** Anamaria Buiculescu (international) NLP Trainer by NFNLP, Hypnotherapist and trainer certified by NGH, Dave Elman, UK Hypnosis, Jeff Toussaint etc. Jordi Martinez (Spain) Hypnotherapist and trainer formed by Pedro Alcaraz, Armando Scharovsky, Horacio Ruiz, Jeff Toussaint, Noesitherapy and Noesiology teacher by Dr. Angel Escudero etc.

**When:** Saturday 3:00 PM EST Salon: A

**HypnoDontics: Collaboration with Dentists**

In this presentation, we are focusing on bringing insights on how to enter a dentist’s space, and gain their confidence to assist them and their patients.

The objective is to reduce the distance between dentists and their staffs, dentists and the hypnotists, and patients and hypnotherapists.

**Bio: Jordi Martinez Anamaria Cristodora Buiculescu & (Spain)**

Anamaria Buiculescu has a degree in psychosociology and a postgraduate degree in Emotional Intelligence. She complements her studies by delving into the world of language by studying NLP. Trained in hypnotherapy, Reiki, and Yoga, she is a trainer and congresswoman.

Jordi Martinez studied nursing, with a postgraduate and master’s degree in Emergencies and specialized in Oncology. Hypnosis teacher, lecturer, and trainer, he participates in oncology and hypnosis congresses. He is the creator of his own hypnosis pain control method.

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**Andrews, Sean Michael,** AA Regents College, BCH

**When:** Saturday 4:00 PM EST Salon: B

**Deal with Headaches the Dave Elman Way**

I found this process in an old Dave Elman recording. In the recording, Dave Elman walks a client through a simple process to banish headaches forever. I have used this process on myself and I have not had a headache in over 13 years!

**Bio: Sean Michael Andrews (USA)**

Sean Michael Andrews is a graduate of Regents College. He is a Master Practitioner of Neuro-Linguistic Programming and a certified instructor with IMDHA. Sean is the Supervising Instructor for the Dave Elman Hypnosis Institute and he is the 2018 IACT Hypnotist of the Year. He has taught in 17 countries. Sean is a hypnosis researcher who resides in Central Florida. He holds a black belt in Taijutsu Karate. Sean is considered by many to be the World’s Fastest Hypnotist.

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## **Baker, Lance,**

**When:** Friday 6:00 PM EST Salon: B

### **Releasing Anxiety with Hypnosis: The Message behind Anxiety**

Learn how to understand what anxiety is often about to the subconscious mind, and use that knowledge to release much of that anxiety.

#### **Bio: Lance Baker (Australia)**

Lance Baker is an Australian hypnotherapist, speaker, author, podcaster and trainer.

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## **Banks, Eric, B.S.B.A., Juris Doctorate**

**When:** Sunday 3:00 PM EST Salon: C

### **Best Practices for Avoiding Claims and Lawsuits:**

#### **Do not Allow a Mis-step to Destroy your Hypnosis Practice**

Common sense is only effective in common situations. The way you are running your hypnosis business may put you at risk for personal liability. Learn concrete, simple techniques to minimize claims and, if absolutely necessary, win lawsuits.

#### **Bio: Eric Banks (USA)**

Eric Banks is an experienced trial attorney and Certified Consulting Hypnotist. He helps attorneys, clients, and witnesses reformat their subconscious so that they can become more confident and persuasive presenters.

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## **Barrett Adams, Tracy,**

**When:** Saturday 7:00 PM EST Salon: C

### **Integrative Hypnosis for Childbirth: Keys to Prepare Clients for Positive Birth**

You have skills as a hypnotist, and I'll teach you enough about the physiology and psychology of birth that you can effectively prepare clients for their big day. I'll share my straightforward set of tools – use them verbatim or make them your own in client-centered sessions. Of course, there can be value in learning extensive "hypnosis for childbirth" programs, but you don't need to join one to begin making a world of difference for expectant parents. You'll learn in this brief course specific skills to help your clients welcome the rhythms of strength and rest throughout labor, ditch fears in favor of realistic and powerful choices, and use self-hypnosis for a deeply satisfying birth (even if things don't go according to a "model" birth plan).

**Bio: Tracy Barrett Adams (USA)**

My practice focuses on medical hypnosis for issues like chronic pain, migraine, insomnia, anxiety, and hypnosis for fertility. In addition to my one-to-one hypnotherapy practice, I'm a birth doula, childbirth educator, and award-winning hypnosis instructor. I have co-authored and co-taught (along with Roger Moore) the Integrative Medical Hypnosis Practitioner Certification Course through IC BCH, and I've created practitioner certification programs for childbirth, postpartum, fertility, and insomnia.

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**Beaven-Marks, Kate**, EdD, MSc, AdvDipH, PDCHyp, PDCBHyp, BCH, MPNLP, SQHP, ADPR, HPD(NCH), CI, ATCL, FHEA, FSET, FACCPH, MBPsS, FBSCH, FFHT, MNCH(Acc.), MNGH, C.P.H., FRSM, CMIOSH, CFIRM, MInstLM

**When:** Friday 12:00 PM EST Salon: C

**Less is More when Getting Insight: A Rapid Technique for any Therapy Setting**

Some clients benefit from less discussion and less talk from the therapist (resist that temptation!) This session teaches a rapid insight technique which avoids leading or challenging the client, yet leads to the client gaining insights they may not achieve otherwise. During this session you will learn the technique and then have an opportunity to practice it straight away, meaning that you can immediately use it within your therapy practice.

**Bio: Kate Beaven-Marks (UK)**

Dr Kate Beaven-Marks is an energetic, enthusiastic, experienced clinical hypnotist, hypnotherapy trainer, international presenter and author, with extensive practical and theoretical knowledge of hypnosis which is supported by her extensive studies and research (including doctoral research of how hypnotherapy is taught) and a broad range of practical applications including medical and surgical hospital environments and a busy London-based hypnotherapy practice. As well as teaching with HypnoTC and creating courses with Hypnosis Courses.com (co-founder), she teaches in Universities, Colleges and in the NHS. She is an experienced and sought-after clinical supervisor and has an active role on the Profession Specific Board for Hypnotherapy with the Complementary and Natural Healthcare Council (CNHC) and is Chair of the British Society of Clinical Hypnosis (BSCH).

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**Beers, Cindy**, MS - Philosophy, 500 ERYT, Hypnotherapist

**When:** Friday 8:00 PM EST Salon: C

## **Media Consumption and Your Mental Health**

In 2019, the National Institute of Health (NIH) wrote an article, “Can you get PTSD/Trauma by watching TV?” They concluded that “TV viewing following trauma exposure may be a marker of vulnerability for developing PTSD and also a consequence of having PTSD. High TV viewing levels may be linked with ineffective coping strategies or social isolation, which increase risk of developing PTSD” (Source).

With information at our fingertips, we can watch what’s going on 24 hours a day, 7 days a week. Our exposure to war is constant, but how does the body handle it? Seeing horrific things on the news can cause significant anxiety, depression, trauma, and stress—which impact us in many different ways. Yoga is one tool available that can help mitigate these symptoms.

In this workshop you’ll learn the signs of over-exposure and tools to help protect your mental wellness during these challenging times,

### **Bio: Cindy Beers (USA)**

Cindy Beers, MS, E-RYT500, Hypnotherapist, is a mission-minded entrepreneur responsible for founding, designing, and establishing a successful yoga business. It creates a place for people of all ages and body types to practice yoga and mental health techniques in a safe, inviting, and authentic environment.

Each client's experience is tailored to their ability, sprinkled with compassion and a touch of laughter that leaves them feeling confident and more at ease. Cindy’s teachings are informed from her extensive training and life experiences.

Cindy spent 18 years in the US Armed Forces and has a special understanding for teaching yoga and mental health practices to veterans, teens, and adults living with anxiety, depression, trauma and PTSD. She is also a dedicated educator with over 13 years of teaching experience, including serving as adjunct professor at Northeastern University. She is a skilled spokesperson, corporate liaison, and mediator with extensive experience working on hundreds of private and public sector contracts and is adept at taking projects from concept to completion.

Cindy is a member of Yoga Alliance (E-RYT500), ADAA (Anxiety, Depression Association of America) and NAMI (National Association for Mental Illness). Her programs and classes have been endorsed by the American Mental Wellness Association.

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**Billen-Mejia, Denise**, MD, Certified Consulting Hypnotist

**When:** Saturday 3:00 PM EST Salon: B

**They Put their Pants on One Leg at a Time:  
How to Talk to Doctors about Hypnosis**

Most physicians don't know much about hypnosis and are as misinformed as the general public. That is a great disservice to their patients. YOU can help them understand how referring to a hypnotist can help get the outcomes their patients want.

**Bio: Denise Billen-Mejia (USA)**

Denise Billen-Mejia worked for two decades as a physician in Pediatrics and Emergency Medicine until retiring due to ill-health. Once recovered, she trained as a hypnotist. She actively seeks opportunities to educate physicians and the public about hypnosis's value in medicine. To that end she speaks, writes, podcasts, sees clients (mostly on zoom but face-to-face if their medical condition requires it,) and networks like crazy.

She is a fellow of the Royal Society of Medicine's section on Hypnosis and Psychosomatic Medicine and a member of the National Guild of Hypnotists.

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**Bowman, Kryssa Marie**, CHyp. B.S. in Applied Psychology; Women's Studies minor, Certified in RTT, MMHA, OldPain2Go, IACT and reciprocity certification through IC BCH.

**When:** Sunday 1:00 PM EST Salon: B

**Quantum Journey: Hypnosis - the Hallway of Answers**

We'll begin with a introduction to the concept of whole consciousness and multi-dimensionality as well as the benefits of this approach over just working with the subconscious. I will then walk us through a brief overview of the Preframe and Ego States Transformation to address any obstacles or hesitations the client may have regarding deeper trance work. This protocol does utilize a near somnambulistic trance state based in part on Elman's eye roll and fractionation. I will then explain the "Quantum Hallway" and the various doors as well as flexibility in adding in other doors (e.g. other hypnotic methods.) I will end with some of the most interesting and unexpected client sessions and outcomes.

**Bio: Kryssa Marie Bowman (USA)**

Kryssa's academic background is in Applied Psychology. She never thought she would work with people in a therapeutic way, preferring research and laboratories instead. However, when hypnosis helped her overcome years of agoraphobia, she wanted to pay it forward by learning how to give these same freedoms to others. Several of her clients experienced Past Life Regressions despite no intention, so she began devouring every resource and research she could get her hands on to help her be a more effective guide in this realm. This led to a deeper understanding of a Near Death Experience she had decades earlier, and thus began her own direct communication with her highest self. It's through this direct communication that she's created Quantum Journeys Hypnosis.

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**Bramante, Albert,** PhD in Psychology

**When:** Sunday 2:00 PM EST Salon: B

### **Hypnosis and NLP For Actors**

This workshop will focus on working with actors (although the techniques can be applied to anyone in a performance setting, such as athletes, speakers, performers, etc.) I will discuss NLP Techniques for state control to assist with audition nerves and anxiety. Additionally, I will discuss using deep trance identification to get into and out of character. This can also be used for anyone who has to give a presentation, participate in an athletic event, or have a difficult conversation.

#### **Bio: Albert Bramante (USA)**

Albert Bramante is a certified hypnotist and NLP Practitioner. Additionally, he is a theatrical talent agent in New York representing actors for film, television, and theater. He has a PhD in Psychology and a book in progress.

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**Breward, Helen,** BA (Hons), DipCAH, HPD

**When:** Sunday 2:00 PM EST Salon: A

### **Mind Over Menopause**

#### **Taking the Heat out of Menopause**

All ladies experience this change of life. With an estimated 700 million women currently going through menopause and so much controversy over hormone replacement therapy (HRT,) it's crucial to offer a credible alternative. It's crucial to be prepared with knowledge and ideas to help those ladies going through the change. Using hypnosis to help ladies with symptoms is becoming more popular and potentially a huge constant market. In this presentation you will gain: 1. Background information - Why I work with menopause, research, results of my trial program and press.

2. Basic knowledge of the menopause - Estrogen dominance.
3. What a hot flash feels like and common triggers.
4. Demo - How to help your clients.

#### **Bio: Helen Breward (UK)**

Helen Breward is the pioneer of The Menopause Relief Programme, which has gained national and international recognition for helping ladies with their hot flashes. She now trains therapists in her work and has practitioners in eight countries helping ladies to take back control. Helen has also presented her work at hypnosis conferences in Canada, Las Vegas, Daytona, Chicago, London, Switzerland and Australia. In 2018, she published her first self-help book My Menopause, My Way which became an Amazon Kindle bestseller. Prior to working full time in her hypnotherapy clinic, Helen was a primary school teacher for 13 years.

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**Burns, Bob,** BA Hons psychology, sociology

**When:** Saturday 1:00 PM EST Salon: B

**Take a Nice Deep Breath and... Do we Really Need to Hypnotize?**

We take a 40 year journey from the need for instant induction to trance to deepeners to the question: is ANY of it really necessary?

**Bio: Bob Burns (Scotland)**

Based in Montrose in Scotland (the home of James Esdaile) and in the world of healing for over 40 years, Bob Burns prides himself in being a full-time working clinical hypnotist, although he has worked also for many years in the professional world of magic, mentalism, stage hypnotism and music.

He is regarded among his peers as one of the finest trainers in the world of hypnotherapy: yet, he is perhaps one of the only trainers in the world who prefers to mentor his students IN the therapy room where they get to witness real live situations with real live patients, as opposed to the unreality of a training room. He is well known for saying: "It's great when they see me fail, and then they get to see what I do about it!"

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**Campbell, Ali,**

**When:** Friday 11:00 AM EST Salon: A

**Featured Speaker: Why You Must Take your Practice Online in 2023... and How to Do It With Ease**

**Bio: Ali Campbell (Scotland)**

Life "Fixer", Presenter and Internationally Bestselling Author. Ali Campbell is widely accepted in the media as the UK's leading Life-Fixer and self-help author. Now with 5 international bestsellers to his name his book "Just Get On With It" even outsold the Dalai Lama on its release and Ali was featured prominently in top 100 internationally acclaimed self-help authors frequently presenting to an audience of over 1 million people around the world. Clients include Celebrities, Rockstars and even Royalty.

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**Chang, L.Ac., Jack,** Masters in TCM & Herbal Medicine

**When:** Sunday 12:00 PM EST Salon: C

## **5 Elements and 6 Healing Sounds for Emotional Balancing The Power and Resonance of the Five Elements for Emotional Healing**

Resonance and sounds help the internal organs release stored emotional trauma. We will explore and have hands-on experience in releasing trauma from the organs and discover how easy it is to dispel lower vibrational frequencies that hold lower vibrational emotions. The five elements are a critical part of which organs are being affected and the corresponding six healing sounds are utilized to release the issues.

### **Bio: Jack Chang, L.Ac. (USA)**

Jack Chang, L.Ac., C.Ht. is a Licensed Acupuncturist, Qi Gong teacher, Trainer of NLP and Hypnotherapy. He has studied meditation and energy work for over 20 years. Jack loves to learn, master and teach what he has learned. Having studied from masters of hypnosis like David Snyder, Mark Cunningham, Marc Savard, Igor Ledochowski and Jonny Dupre, he developed his own approach to change work called The Desktop. He is constantly developing fast and easy ways to create transformations in people. As a Transformational Coach, he helps clients to discover their true potential and guide them on their paths to being the people they want to be.

Jack is a Certified Practitioner of Conversational Hypnosis, Ericksonian Hypnosis, Regression Hypnosis, Face Reading, Chinese Medicine and Hypnotherapy. He is a Certified Trainer of Hypnosis and NLP. He is also a Certified Master Practitioner NLP and a Certified Hypnotherapist.

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**Coles, Garry,** MSC (Clinical Hypnotherapy)

**When:** Saturday 10:00 AM EST Salon: C

## **Anatomy of a Research Project How to Carry Out your own Hypnosis Academic Research**

Pre or post workshop would be a one-day intensive 'Hypnotic Interventions for the Cancer Journey: Hypno-Oncology' Certification Masterclass

### **Bio: Garry Coles (UK)**

Garry is one of only a very small number of hypnotherapists in the UK (and probably Europe) to hold an MSc in Clinical Hypnotherapy. Practicing as a full-time therapist for many years, he has busy private practices in five locations in London (Harley Street) and the south of the UK.

Garry has consulted for over 17 years at a major hospital specializing in oncology-based hypnotherapy work. He also practices from within a local GP surgery, with the GP referring many of the patients directly. In addition, he receives hospital referrals and referrals from many other local GPs and health care professionals.

Garry is a regular presenter, worldwide, at conferences and conventions as well as presenting his own popular masterclasses.

**Comar, Beryl**, Ma in Education (USA), MA in Applied Linguistics (UK) MNLP, DipTEFL

**When:** Saturday 9:00 AM EST Salon: A

**HypnoDontics - Hypnosis in Dentistry: From Bruxism to Gagging, Smoking and Beyond**

Author of the Manual "HypnoDontics" will explain how she became recognised as an expert in the field, and how you can too.

Discover the fascinating history of dentistry and anesthesia, how you can help dental practitioners with their physiological and psychological issues, and how to persuade them to include you in their team and refer clients. With more people than ever interested in good looking teeth, it's lucrative to join in the success.

**Bio: Beryl Comar (Spain)**

Through the 90s, Beryl Comar was the only hypnotherapist practicing in the Middle East so people flew from all over the region to see her, or did telephone consultations (moving to Zoom was easy!) Following a fascinating career in teaching and teacher training, Beryl thought she would principally be working with kids. Then parents sought her for themselves, followed by singles for her famous Broken Heart Cure.

Just like Dave Elman was encouraged by an "Oral Surgeon" and became known, it was dentists who followed Beryl and encouraged her to publish. This led to global travel and training in all things NLP and Hypnosis. She continues to love working with kids and teens.

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**Conkle, Stephanie**, Clinical Hypnotherapist

**When:** Friday 1:00 PM EST Salon: A

**Quickly Elicit Analgesia with the Client in Waking Hypnosis**

Level up your hypnosis skills and master Hypno-anesthesia and Glove Analgesia. Stephanie Conkle teaches using waking hypnosis based on the work of Dave Elman. Yes, you read that correctly. Waking hypnosis! No deep trance is required for analgesia or anesthesia if done properly!

**Bio: Stephanie Conkle (United States)**

Stephanie Conkle is a Certified Clinical Hypnotherapist, NLP Master, and EFT Practitioner. She is also an ICBCH Certified Hypnosis Instructor, founder of Clear Life Results Hypnotherapy, and Stephanie Conkle Hypnosis. Stephanie Conkle is an industry innovator, winning awards for her work with hypno-analgesia/anesthesia. She is mostly known for creating the highly successful Profound Somnambulism Protocol (PSP) direct voice hypnosis. She is the author of the self-help book Happy Person. Happy Life, an ebook aimed to help readers use her proven, research-based formula to feel and stay happier. She has other manuscripts in the works, including a book called The Ultimate Power Within.

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**Cox, Amber,** BCH, CI

**When:** Sunday 10:00 AM EST Salon: C

**Chronic Pain Management: Learn Fast and Effective Ways to Help Clients**

Chronic pain is a huge problem in the world. So many people are suffering and seeking relief. More often than not, chronic pain is exacerbated by the emotions being experienced. In this presentation, Amber will show you effective approaches that you can use to help your clients and teach them tools to apply in their everyday lives.

**Bio: Amber Cox (USA)**

Amber Rose Cox, Author, Board Certified Clinical Hypnotist, Emotional Intelligence Trainer/Coach

Amber is a client directed change expert whose work encompasses individuals, teams and organizations. Her work is focused on improving communication and behavioral changes that support cohesive relationships which improve overall well-being.

Amber is a facilitator of change, using integrative modalities and processes such as Clinical Hypnotherapy and Emotional Intelligence Development.

Amber is also a global presenter, trainer and instructor on Clinical Hypnosis and Emotional Intelligence. She is an expert at delivering presentations and demonstrations on the power of suggestion directed at helping people change negative or limiting behaviors.

Amber has done extensive and advanced training with leaders in the area of Clinical Hypnotherapy, Emotional Intelligence and Neuro Linguistic Programming. She is the founder of Maine Hypnosis Center and has a private practice spanning fifteen years.

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**Daoust, Paula,** Ph.D., Behavioral Psychology

**When:** Saturday 2:00 PM EST Salon: C

**Tapping Your Stories: Enhancing the Change Effort with Your Own Metaphors**

I have evolved the early “Elman” techniques to use embedded stories in hypnosis.

Discover how to use your life stories for a powerful hypnotic message. We all have stories but it is sometimes a challenge to find them. This presentation will provide you with a tool that will quickly and easily allow you to build an inventory of stories that add originality, authenticity, and inspiration. It will deepen rapport with your client and also suggest tips for naturally making the story richly hypnotic.

**Bio: Paula Daoust (USA)**

Dr. Daoust is a behavior analyst, a hypnotherapist, a professor, and a best-selling author of books on conflict, social anxiety, sales, change management, and personal efficacy. She has taught organizational development, organizational behavior, and leadership classes to over a thousand masters-level students. She currently heads up the leadership academy for a large corporation and has coached hundreds of business leaders, from front-line to C-Suite, in their pursuit of peak performance.

**de la Varre, Claire, PhD**

**When:** Sunday 10:00 AM EST Salon: A

**Who Knew? Making Hypnotic Pain Management Even More Effective  
How to Formulate Hypnotic Suggestions that Target Different Parts of the Brain**

As a hypnotherapist and therapist, I specialize in working with clients who have chronic unresolved or functional medical issues, many of whom have pain. This seminar looks at current evidence for hypnotic pain management including how to formulate suggestions that target specific areas in the brain for more effective pain relief.

**Bio: Claire de la Varre (USA)**

Claire de la Varre, PhD, is a therapist, hypnotherapist and instructor with a private practice in both North Carolina and Scotland. In Scotland Claire works as a mental health counsellor with teens and young adults coping with anxiety and depression. In the US, Claire specializes in helping children and teens who have functional bowel disorders like IBS. Over almost 15 years in practice, Claire has continued to refine her approach to pain management by keeping an eye on hypnosis research findings.

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**DeGroof, Rob,**

**When:** Sunday 12:00 PM EST Salon: B

**Fast and Powerful Inductions: They are so fast you need to come to believe it.**

Because of Rob's background in entertainment, he uses instant inductions for every occasion. Whether it is in the therapy room, at a party, in the street or on stage, there is always an instant induction that will fit the moment. During this presentation, Rob will demonstrate on video and explain different instant inductions.

Rob will also explain how you can practice new inductions while working with clients without the client knowing you are learning something new.

**Bio: Rob DeGroof (Belgium)**

Rob De Groof is an award-winning trainer and one of Europe's leading hypnotists. He is the owner of the very successful Hypnosis Centre Belgium where he is working together with 8 hypnotherapists in 4 different cities. As the owner and head trainer of the European Hypnosis Academy, he has trained thousands of students in the wonderful art of direct hypnosis while teaching at his school in Belgium or while traveling the world.

As the official trainer of his mentor, the late Jeffrey Stephens, one of Rob's goals is to keep Jeffrey's techniques alive. Rob is also a trainer for Sheila Granger's Virtual Gastric Band, Bob Burns' The Swan and the Dave Elman Hypnosis Institute. He is the author of the book Mentalism for Hypnotherapists and the presenter of the online show "The Art of Simple Hypnosis." In April 2022, his new book Stop It! was released. He created the following hypnosis protocols: HypnoFasting (The Power Combo), Hypnosis4Golfers, Stop4Ever and Hypnotic Breast Enlargement.

**Dell'Aquila, Amanda, CH, CTP**

**When:** Sunday 4:00 PM EST Salon: A

**How to Create Amazing Online Hypnosis Classes  
The Do's and Don'ts so You Can Make Money Faster without the Costly Mistakes**

Whether you're completely new to creating courses or have launched many before, consider this session your go-to-guide on how to make money faster without falling into the trap of costly mistakes. Attend this session and get closer to that passive income you deserve.

**Bio: Amanda Dell'Aquila (Canada)**

With over 10+ years of experience, join Amanda as she gives you money saving tips on everything from course design to online tools, marketing, gathering testimonials and everything in between! Whether you're completely new to creating courses, or have launched many before, consider this session your go-to-guide on how to make money faster without falling into a trap of costly mistakes. Attend this session and get closer to that passive income you deserve.

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**Dell'Isola, Alberto**

**When:** Saturday 12:00 PM EST Salon: C

**Pain Control with Hypnosis  
Connections between the techniques of Dave Elman and John Sarno**

Dr. John Sarno was a specialist in rehabilitation medicine at NYU Medical Center. He developed a method that explained how psychosomatic symptoms occurred and how to treat them. There are many connections between Dave Elman's and John Sarno's works. Both of them had a framework based on the hydraulic model of the emotions and knew the importance of expressing repressed emotions in life.

**Bio: Alberto Dell'Isola (Brazil)**

Alberto Dell'Isola has a degree in Psychology, a Masters Degree in Philosophy of Law and has been teaching hypnosis for 10 years in Brazil. He has taught more than 1500 people every year.

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## **Dierckx, Christophe,**

**When:** Friday 9:00 AM EST Salon: C

### **Quantum Mind: Flow of Life**

#### **How to Apply Ancient Energy Knowledge with Modern Hypnosis.**

After this seminar you will understand:

- how to deal with complex emotional and medical problems with IMR (ideomotoric response)
- how energy flows in the body according to TCM (Traditional Chinese Medicine)
- how spirituality can help you to set up a quantum feedback system
- the importance of being healthy and intuitive
- how hypnosis is the most efficient tool to accomplish all above items.

#### **Bio: Christophe Dierckx (Belgium)**

Christophe Dierckx is the creator of the Quantum Mind: Flow of Life program.

For many years, he has been part of the Simpson Protocol family as the local SP trainer for Belgium and The Netherlands.

He cured himself from sleep-apnea.

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## **Dodd, Nicole, Dip.Hyp, MNLP**

**When:** Saturday 2:00 PM EST Salon: B

### **Get Over Yourself and Just Do It**

#### **How I Learned to be Client Present and Overcome Procrastination**

I remember how it was: scared to death, searching for scripts, hours prepping for a one hour session then finding the client's goal wasn't what I'd prepped, possibly missing vital information leaving them less than pleased, or taking us unnecessarily overtime. Aah! We both deserved better than that.

Let me share how I was able to put the labels and diagnosis aside and to listen: to boldly evolve beyond training, and focus. Our clients are not the problem; the problem is programs they've been running. I learned how to defrag their minds to find out what was really going on and fix it.

#### **Bio: Nicole Dodd (UK)**

Before I entered the world of hypnotherapy, I had many skills including working in telecommunications, teaching and running my own business. In 2019, I completed my first hypnotherapy training. I felt something was still missing, so I decided to continue to train with people such as the Elmans, David Shephard, Barry Neale, Wendie Webber, Jason Linett and Richard Nongard. I've also spent the past year in a mentorship with Beryl Comar where I have graduated from student to mentor. I assist those who are new to hypnosis to fill in the gaps and find their places in their new careers. I help them to believe in themselves and their capabilities as they overcome procrastination and move towards their goals.

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**Eimer, Bruce**, Ph.D. in Clinical Psychology; Fellow with IMDHA

**When:** Saturday 6:00 PM EST Salon: A

**Elman's Contributions to Pain Control Hypnosis: Keeping It Real**

This workshop will define, outline and clarify the utilization of hypnosis as a valuable tool to address and manage persistent pain. Bruce will demonstrate several trance inductions that increase the hypnotic responsiveness of patients in pain. Acronyms and clearly laid out steps allow for skill to build on skill. Participants will be able to apply this information in their own practices to improve their effectiveness in helping patients with pain and a variety of medical problems.

**Bio: Bruce Eimer (USA)**

Bruce Eimer, Ph.D., ABPP is a Board-Certified Licensed Psychologist practicing in Lake Worth and Delray Beach, Florida. He has used clinical hypnosis to help patients control pain since 1986 and has authored numerous books, journal articles, and chapters. Bruce teaches fundamental and advanced in-person and online workshops on Pain Control Hypnosis to health care professionals and hypnotherapists through his company, Bruce Eimer, Ph.D., LLC.

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**Elman, Cheryl**,

**When:** Friday 10:00 AM EST Salon: A

**Hosts and Welcome Address: Evolving Hypnosis Together from Dave Elman to all of Us**

**Bio: Cheryl Elman (USA)**

Cheryl was a HS Special Need teacher, an art teacher, and artist. She has also worked as a VP, and trainer of two companies in NYC for 14 years. This experience has made her uniquely equipped to become a hypnosis trainer globally. Whether she is working with a client during a one-on-one Hypnosis session or teaching a class full of future Hypnotists, she brings humor, energy, and creativity to every situation.

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**Elman, H Larry**, CH, ci, Cmt. Master of Aerospace Engineering AND son of Dave Elman

**When:** Sunday 7:00:00 PM EST Salon: B

**Rare recordings of Dave Elman**

Before Dave Elman was able to record his series of 9 classes, he created several shorter recordings. They were on assorted topics such as: RELAXERDUCER, and child technique for pediatricians, and more. Come hear Larry's memories of the classes and the recordings

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**Eslinger, Michael "Ron"**, MA, CRNA, APN, RN, BCH, CMI, FNGH, FNCH, OB

**When:** Sunday 6:00 PM EST Salon: A

**The Pain Brain Connection: How to Become an Expert in a Billion Dollar Business**

This seminar introduces the Eslinger Breath Hypotheses. I developed a new breathing theory based on breathing as nature intended to stimulate the vagus nerve. My theory states a 1:1:1 ratio = in: out: rest. CO2 automatically builds up during the resting state to stimulate the next breath.

I will discuss the Limbic System and how the Limbic system accepts suggestions to increase or decrease pain perception. The attendee will be able to list the parts of the Limbic System, and each part will respond to negative and positive suggestions. The attendee will review a back pain client video and follow the Eslinger I model for introducing EMDR, metaphors, direct suggestions, imagery, forgiveness, and gratitude during the first session.

Three chronic pain case studies, headache, phantom limb pain, and coccygodynia, are discussed.

**Bio: Michael "Ron" Eslinger (USA)**

Michael R "Ron" Eslinger, Captain, USN, Retired

Ron has practiced hypnosis since 1979 in private practice and in the military. He continues to operate his hypnosis practice as Healthy Visions Training Company in Clinton, TN. [www.healthyvisions.com](http://www.healthyvisions.com).

Ron is an international presenter and author. He has presented throughout the United States, Canada, Europe, and Saudi Arabia. Students from fourteen countries from Asia and Europe attended classes in Ron's Training Center. He also presented Grand Rounds for Yale Medical School for Neuroscience.

Ron writes for the NGH Journal of Hypnotism Quarterly, publishes in many professional journals, and has published many books and videos on hypnosis. You can visit him on Youtube, Ron Eslinger, or at [www.healthyvisions.com](http://www.healthyvisions.com).

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**Gallagher, Victoria,**

**When:** Friday 1:00 PM EST Salon: C

**Manifestation and Meditation: 7 Meditations to Attract Abundance**

We're going to go over 7 different styles of meditation from breathing to mantras to visualizations and more. They will help you raise your vibration and attract more abundance into your life.

**Bio: Victoria Gallagher (USA)**

Victoria Gallagher is a worldwide leader in hypnotherapy, a best-selling author, international speaker, life success coach, and renowned authority on the law of attraction. She empowers people all over the world to successfully live lives of liberty aligned with their dreams through her meditative recordings and online courses.

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**Ghanime, Daniel, MBA, CHT**

**When:** Sunday 9:00 AM EST Salon: A

## **Hypnotherapy for a Better Death**

### **Preparing Palliative Clients to Face the Challenges of Dying to Experience Better Deaths**

A dying person is like a child lost at a shopping mall—scared, confused and emotionally numb. They are squeezing out their last drop of willpower to stay strong. They don't want to appear weak in front of everyone they know. They're trying to be a war hero, the family's superhuman, or an unbreakable Hercules. At that moment, when you stand in front of this person, you must

see beyond the sickness and vulnerability. In this program, we will look at how to set up your hypnotherapy session to face death with dignity and respect. Look at the importance of death as a continuum of life rather than the "dead."

#### **Bio: Daniel Ghanime (Lebanon)**

Daniel Ghanime is a seasoned practitioner and trainer with a track record of success with individuals, couples and groups. His work focuses on reshaping and reprogramming the emotions to build resiliency and emotional awareness in children, teens and adults. As a Morpho-Psychologist and Clinical Hypnotherapist specializing in Regression to Cause, Daniel offers a multi-disciplinary approach to facilitating true change and healing for his clients. Daniel is an international MBA, DEHI Trainer and a member of multiple global associations and certifications.

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**Grace, Sandra, CI, BCH, Ch, BA,BS, LMT**

**When:** Sunday 6:00 PM EST Salon: C

## **Integrative Coaching: Client Centered Approach to Integrative Protocols**

Why add coaching to your Hypnosis practice? Learn the benefits of taking a truly integrative approach to your client-centered transformations. When we integrate the mind, body and spirit in our practice and approach it from a coach's perspective, we create LASTING change.

#### **Bio: Sandra Grace (USA)**

With more than 30 years of teaching, coaching and speaking experience, Sandra Grace is passionate about getting results with an integrative approach. In her roles as instructor, mentor and master teacher whether in corporate training, the classroom setting or hosting a retreat, Sandra is committed to her client-driven coaching protocols. At Integrative LifeWorks Sandra, alongside her business partner Amanda Dell'Aquila, certifies Integrative Coaches, Hypnotists, Reiki Masters and more.

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## **Granger, Sheila,**

**When:** Friday 3:00 PM EST Salon: B

### **Build an All-Referral Practice in 2023 Regardless of Global Economies**

#### **Bio: Sheila Granger (UK)**

Sheila is a multi-award winning hypnotherapist, business owner, and a transformational leader in personal and business development. A professional guest and keynote speaker at conferences around the world, Sheila has trained over 2500 hypnosis practitioners in 16 countries. She built an internationally successful hypnotherapy business from scratch and her growth has been peppered with awards. Her mission now is to educate, motivate, help and inspire other hypnotherapists to achieve more than they ever thought possible with their own businesses.

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**Gray, Brenda,** BS, AAS, Diploma HPTI (Hypnosis Practitioner Training Institute, ICBCH (Certified Professional Hypnotist

**When:** Sunday 1:00 PM EST Salon: C

### **Parallel Universes: Martial Arts and Hypnosis Training**

I plan to share how we can use my 4-step process to create client change, learn martial arts, or resolve any other issues that may arise.

#### **Bio: Brenda Gray (USA)**

I've been doing hypnosis almost 10 years now and I am still blown away by the effectiveness of hypnosis and the success of my clients. I am fortunate to have received amazing training and mentoring in hypnosis and continue to avail myself of numerous training opportunities. No list of degrees or certificates can demonstrate my passion for hypnosis or my connection to my clients and their success.

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## **Guzzo, Ken,**

**When:** Friday 4:00 PM EST Salon: B

### **Being the best smoking cessation specialist!**

**Jam packed full of secrets of how to build the most effective and profitable business.**

We'll talk about how to distinguish yourself from other Hypnotists in your area, how to add impact and authenticity to your sessions, and how to turn your clients into enthusiastic referrers.

#### **Bio: Ken Guzzo (USA)**

Ken has helped over 10,000 people stop smoking in one session with a lifetime guarantee. His practice has been 100% referral for over 12 years. Ken is the founder of the North American Academy of Hypnosis, and has trained some of the worlds leading hypnotists in his successful protocols.

**Hall, Lauren,**

**When:** Saturday 8:00 PM EST Salon: B

### **A Future of Hypnotism: Ideas for Suggesting to All**

I see A Future of Hypnotism which includes the everyday use of these time-tested techniques. Let's simplify the steps and combine support from self-measuring tools like technology. Add in your own personalized plans for accompanying hypnosis with additional masters of esoteric craft like astrology, intuitive work and custom enneagram interpretations.

#### **Bio: Lauren Hall (USA)**

Lauren Hall, founder of Modern Day Hypnosis and Conscious Healing and Art LLC, works as a Consulting Hypnotist and Cognitive Performance Coach in Greensboro, NC and virtually with people all around the globe. She holds certification in hypnosis and as a hypnosis instructor from IACT and DEHI as well as holding certificates from NGH, NFNLP, The American Alliance of Hypnotists, HypnoBabies®, HypnoBirthing®, Hypno-Waving®, SleepTalk®, Virtual Gastric Band®, and performance and business coaching from The John Maxwell Team. Lauren is a yoga certified, Reiki attuned, an Emotional Intelligence Development Specialist, and Meditation Instructor. She loves sharing the processes of the HeartMath institute and collaborates with Floatation Therapy Centers to share audios and instruction for expanding conscious flow for athletes, business elite, or anyone in between.

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**Hammond, Lori,** Really Great Hypnotist (We probably shouldn't write that though 🤪)

**When:** Friday 4:00 PM EST Salon: A

### **The 5 Secrets to EFFECTIVE Group Hypnosis Sessions**

#### **What if Group Sessions could be as Effective as 1:1?**

Is there a part of you that LOVES the idea of reaching dozens, if not hundreds of people at a time with group hypnosis? Is there another part of you that thinks: "People can't get the same breakthrough as in a 1:1 session?" What if they could?

After doing group sessions for 5 years, Lori's experience has shown that breakthroughs and miracles happen in group settings. If you're curious to discover why, and learn the simple secrets that ensure transformation, mark your calendar for this presentation.

#### **Bio: Lori Hammond (USA)**

Lori Hammond has been facilitating weekly online group hypnosis sessions since 2017 (before people knew what Zoom was.) The calls began as an experiment because she was unwilling to charge unless she KNEW group hypnosis was effective. After witnessing miracle after miracle, Lori stumbled on a secret in 2021 that caused her to stop doing private sessions completely, because she enjoys group sessions more and can reach more people while preserving her empathic, introverted energy.

## **Hand, Karen,**

**When:** Saturday 5:00 PM EST Salon: A

### **Hypnosis is B.S. : (So is NLP for that Matter)**

Hypnosis and NLP are B. S. Think about that for a moment and bring your B. S. to the session. We'll have a look at how Hypnosis Happens and the role of the professional Hypnotist in any change process. We'll also talk about how to turn negative BS into positive change for good.

Walk away with a HANDful of metaphors to use with groups and clients. Plus, you'll have a way of defining change and responsibility both for your clients and you own B. S.

#### **Bio: Karen Hand (USA)**

Karen Hand is an award-winning, board-certified hypnotist and trainer, and an international best-selling author of books like Magic Words and Language Patterns and Trance Dance: The Hypnotic Art of Leading and Following.

Her 30-year career as a Chicago radio personality was the perfect foundation for using language to create thoughts, pictures and emotions in other people.

Since transitioning into hypnosis in 2005, she has helped thousands of clients take control of their lives. She has also trained countless hypnotists and NLPers to help others change for good. And she continues to practice and train globally over Zoom.

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## **Hardwick, Andrew**

**When:** Friday 8:00 PM EST Salon: B

### **S.A.F.E. M.O.D.E.**

#### **Suggestion Affect Feedback Effect Modelling Of Dave Elman**

Before becoming a hypnotherapist, I was a Registered Nurse, Hospital Quality Manager and Health and Safety Manager. When I trained as a hypnosis professional, I wanted my practice to be as safe and evidence-based as I was already used to. In this workshop we take a brief look at how modelling Dave Elman's techniques promotes safe, evidence-based hypnosis.

#### **Bio: Andrew Hardwick (New Zealand)**

Andrew Hardwick was a Registered General Nurse, Registered Mental Health Nurse and Hospital-based Project Manager/ Quality Manager/ Health and Safety Manager.

2009 – present

Founded Hypnotherapy Practlce, Not Strictly Tai Chi, Hypnotherapy Training NZ, and became a trainer for Sheila Granger. He holds a Diploma in Advanced Clinical Hypnotherapy and Certificates in Hypnotism (Therapy, Stage & Street,) Fertility by Hypnosis, Birth by Hypnosis, and Life Coach. Practitioner of NLP, EFT, and Time-Line Therapy. Accredited Goulding SleepTalk Consultant, Tai Chi Coach, and Actor/ Speaker/ Toastmaster/ Trainer.

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## **Hedges, Phil**

**When:** Saturday 7:00 PM EST Salon: B

### **Silent Hypnosis: A New Way to create Change with Hypnosis**

Silent hypnosis certification training.

We have developed a new method of hypnosis for hearing impaired people

#### **Bio: Phil Hedges (Australia)**

Co-founder of the Progressive Hypnosis Academy; Creator of the Silent Hypnosis Method.

2X world record holder in the field of hypnosis

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## **Henley, Sheila**, Clinical Hypnotherapist, EFT Practitioner

**When:** Saturday 8:00 PM EST Salon: C

### **Helping You Find your Inner Peace**

#### **What's the Difference between Stress, Worry and Anxiety**

My presentation is based on sharing a powerpoint presentation called "Helping You Find your Inner Peace."

The powerpoint is based on breaking down the differences between stress, anxiety and worry. Following the presentation, we will go through a body relaxation and guided meditation to a healing stream in the forest.

I created this presentation during Covid to share as an online presentation to help you through these difficult times.

#### **Bio: Sheila Henley (Australia)**

My name is Sheila Henley. I live in a small community of 300 people in Ungarie NSW Australia. Being farmers, in 2003 we went through a 10 year drought. Knowing I wanted to make a difference in some way and knowing the detrimental effects stress can have on the body, I became a volunteer phone councillor for suicide prevention. This led me to do what I do today. I've enjoyed working with my clients as a clinical hypnotherapist over the past 12 years, both in person and online. My motto is: prevention is easier than cure. My "Helping You Find Your Inner Peace" presentation was created to help through the uncertain times during Covid. I look forward to sharing with you.

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**Hunter, Roy, DIMDHA, DAPHP**

**When:** Saturday 4:00 PM EST Salon: C

**Evolution of Parts Therapy  
Inner Conflict Resolution**

Learn how to know when parts therapy is indicated and learn a step-by-step process that helps get results. Learn a little about the variations. Roy has divided parts therapy into three phases: preparation, the 11-Step Process, and conclusion. Each phase has its own steps.

**Bio: Roy Hunter (USA)**

Roy Hunter was certified in hypnotherapy by Charles Tebbetts in 1983 and started teaching his mentor's 9-month professional hypnosis course in 1987 at Tacoma Community College in Tacoma, Washington. Roy has taught classes and workshops over the years in over 20 countries. He is the published author of several books, based on the work of Tebbetts and updated by his professional experience. His hypnosis texts are recommended or required reading in many hypnosis schools around the world. His highly praised regression text was co-authored by Bruce N. Eimer, PhD, ABPP, a licensed clinical psychologist. Roy is a Life Diplomate of both the IMDHA and APHP; and he has received numerous awards through the years, including recognition for lifetime achievement from three different organizations. His website is: [www.royhunter.com](http://www.royhunter.com)

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**Joane Goulding &, Natalie Cossar,**

**When:** Saturday 6:00 PM EST Salon: B

**E.L.M.A.N.**

**The 2 Minute Gift and the Practice of 10 Seconds that have been Creating Shifts**

The essence of the Elman technique has transcended generations; the energy of his knowledge has been applied throughout many different modalities, practices and therapy rooms. This presentation shares the 2 minute gift and the practice of 10 seconds that have been creating shifts.

**Bio: Natalie Cossar Joane Goulding & (Australia)**

Natalie Cossar created The Practice of 10 Seconds that empowers us to pause and create a new state of being, in this moment, one breath at a time. Natalie also supports practitioners and families utilising the Joane Goulding Sleptalk Method, a ground-breaking Proven Parenting solution, an oriented and-client focused internationally recognised application that parents can learn to help their own children overcome a variety of issues.

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**Jones, Dr. Steve G.,** Dr. Steve has a bachelor's degree in psychology from the University of Florida (1994), a master's degree in education (M.Ed.) from Armstrong Atlantic State University (2007), a specialist degree (Ed.S) in education (2009), a doctorate in education (Ed.D.) at Georgia Southern University (2013)

**When:** Saturday 11:00 AM EST Salon: A

## **How to Make Money Online as a Hypnotherapist**

### **How to create Effect(ive?) Hypnotherapy Scripts**

In the seminar, "How to Make Money Online as a Hypnotherapist," I will talk about the importance of branding, marketing, products and production. I will discuss the following:

- Branding: How to brand yourself and narrow your focus
- Marketing: How to market yourself and how to use affiliate marketing
- Products: Importance of creating ebooks, audio programs, video programs, certification courses, etc. This makes a difference financially.
- Production: How to create products.

### **Bio: Dr. Steve G. Jones (USA)**

Dr. Steve G. Jones, Ed.D. is a board certified Clinical Hypnotherapist who has been practicing hypnotherapy since the 1980s. He is the author of 25 books on such topics as hypnosis, the law of attraction and weight loss. Steve has also created over 9,000 hypnosis audio recordings and 22 different online certification programs. Dr. Steve has been featured on Bravo's Millionaire Matchmaker as both a hypnotherapist and a millionaire.

Dr. Steve has a bachelor's degree in psychology from the University of Florida (1994), a master's degree in education (M.Ed.) from Armstrong Atlantic State University (2007), a specialist degree (Ed.S) in education (2009), a doctorate in education (Ed.D.) at Georgia Southern University (2013) and has studied psychology at Harvard University.

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**Lee, Joachim,** Master in Social Science in Counseling

**When:** Saturday 9:00 AM EST Salon: B

## **Integrating Elman and Multichannel Eye Movement Integration**

### **Dissolving Trauma and Emotion-Based Issues**

This seminar will focus on how to integrate the Elman Induction as the go-to approach in creating an internal state of being safe to calm the Limbic System while creating an internal readiness for change. The multi-layered testing and fractionation in the Elman Induction is the direct client feedback loop as to level in distress. Trauma is activated in the individual brain and body. Information from Neurobiology will further elaborate the science behind why tailoring the change process in trauma work is critical.

Participants will also learn the power of Goal-Directed Eye Movements-Multichannel Eye Movement Integration. Developed by Dr Deninger, this is a new effective and fact treatment in releasing trauma. Interspersed with case studies, you will get to hear the effectiveness of the therapy.

**Bio: Joachim Lee (Singapore)**

Joachim Lee is the Senior Principal Psychotherapist in private practice and a Certified Hypnotherapist, with over 20 years of clinical practice. Trained and certified in the various psychotherapeutic modalities, he is Southeast Asia's expert in Multichannel Eye Movement Integration - a brain science approach in treating trauma and emotion-based issues. He is also the trainer in the Simpson Protocol and a hypnotherapy trainer with ICBCH. Joachim has been trained by many of the leading hypnotherapists - Jerry Kein, Freddy and Antony Jacquins, Ines Simpson, Jason Linett, Richard Nongard, Jeff Zeig, Bill O'Hanlon, Bob Burns, Jeff Stephens and many more. For his tireless contribution to Singapore's nation building, the President of Singapore conferred on him the Public Service Award in 2016.

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**Lemaire, Brice, Phd**

**When:** Sunday 9:00 AM EST Salon: C

**The OXO Science of the Trance  
Understanding the Management of Deep Trance**

Based on our research in historical and experimental hypnosis, we propose a technique to manage deep trance and obtain the level necessary for operative, medical or therapeutic hypnosis. There will be a lot of demonstrations with videos and exercises for the participants in order to understand the technique described.

**Bio: Brice Lemaire (France)**

Dr Lemaire Brice: dental surgeon, speaker, and trainer in hypnosis is the author of books in Elmanian hypnosis, hypnodontics and history of hypnosis. He is the creator of the postgraduate in dental hypnosis at the University of Nice (France) and creator of the Dave Elman hypnosis Institute France.

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**Lette, Justine**

**When:** Friday 6:00 PM EST Salon: A

**The Golden Thread Protocol - the Evolution of Regression  
A New Way to Work with Body-Stored Trauma and Memory Reconsolidation**

Talking about regression: and the key points of how it has evolved and become extremely safe for working with trauma, especially developmental trauma.

**Bio: Justine Lette (New Zealand)**

Justine Lette is owner of Hypnosis New Zealand, Instructor for the Dave Elman Hypnosis Institute and The Simpson Protocol.

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**Light, Randi**, Master's in Education with Environmental Focus, Certified Hypnotherapist, Certified Hypnosis Instructor, NLP, Alchemical Hypnotherapy, Pediatric Hypnosis, Advanced DNA Theta Healer, Qigong, Reiki

**When:** Saturday 1:00 PM EST Salon: C

## **Accelerate Energetic and Physical Healing – Combine Energy Healing with Hypnosis**

Discover powerful and effective processes that combine energy healing modalities with hypnosis to free your clients from emotional and physical pain. The experience naturally and automatically reduces stress, anxiety, and pain, resets systems, unleashes vitality, and raises vibrations. You will learn how to easily guide your clients to access their inner healers to release stuck and stored emotions in the physical bodies. In the trance state, clients intuitively receive profound wisdom from their inner healer/physician along with a power to shift physical, emotional, and mental dysfunction to health and well-being.

### **Bio: Randi Light (USA)**

Randi Light, founder of Enlightened Living Hypnosis Academy, is an award-winning hypnotherapist, hypnosis instructor, author, healer, and peak performance coach. Her Essential 4 Success System and book establishes over a 90% success rate with private clients who are insomniacs, stressed, feeling stuck, anxious, depressed or in chronic pain but want to heal and become their best version of themselves. Her courses utilize a powerful education model that includes accelerated learning techniques, healing hypnosis, hypnotic enhancers, and experiential activities to create confident hypnotists and coaches that make a great living doing what they love. Her secret sauce is the small and intimate setting needed to help you break through your own blocks while also learning how to do this with all your clients.

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**Lima Ricci, Laiz**, Psychologist. Phd I'm neuropsychology. Specialized in children's analysis and hypnotherapy.

**When:** Sunday 7:00 PM EST Salon: A

## **Hypnosis with Kids and Teens**

### **A Fun Way of Working as a Therapist and having Great Results**

I'll explain how children's minds work so that you can understand how easy and fun working with kids can be. I'll also add a demonstration of a good technique so you can see how this therapy can be fun and also have great results.

### **Bio: Laiz Lima Ricci (Brasil)**

I'm a neuropsychologist specializing in working with kids and teens. Working with children stimulated me to find out fun and effective techniques to make my sessions more dynamic so the children don't get bored. That's when I found hypnosis and added this incredible technique to my work.

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**Linett, Jason,**

**When:** Friday 9:00 AM EST Salon: A

**"If Dave Elman Ran Your Marketing..."**

What if the same methods you used to help your clients could become the same methods you used to ignite a thriving hypnotic business?

Join Jason Linett on Friday morning to kick off the Dave Elman Legacy Conference as he shares specific strategies we can model from the work of Dave Elman, and how they easily adapt into real-world proven business-building strategies that you will use to attract your ideal clients to your business.

- Want to avoid potentially problematic clients?
- Want to make sure the people you're working with are truly ready to change?
- Want your dream clients to arrive "Pre-Sold" on working with you?

This is a workshop you will NOT want to miss!

**Bio: Jason Linett (USA)**

What if you could have your dream clients wanting more from you - even before you ask for the sale?

Jason Linett is a best-selling author, TEDx speaker, full-time professional hypnotist, and the host of the WORK SMART HYPNOSIS PODCAST, a program that has been downloaded more than a million times worldwide in more than 100 countries.

He was awarded the "Hypnotist of the Year" by the Mid-America Hypnosis Conference. He has previously delivered inspirational hypnotic keynotes at HypnoThoughts LIVE, the MidAmerica Hypnosis Conference, the Canadian Hypnosis Conference, and the Australian Hypnotherapists Association.

His programs, HYPNOTIC WORKERS and HYPNOTIC BUSINESS SYSTEMS are used by thousands of professional hypnotists world-wide, and he co-trains the ICBCH Train-the-Trainer Program.

Jason is also the host of the ATTRACT PRE-SOLD CLIENTS podcast, teaching online entrepreneurs the power of hypnotic communication for ethical business influence.

While building a successful business is a great goal to strive toward, Jason is most proud of his ability to do so and be at home each night with his wife and two children.

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**McLean, Shirley**, Advance Clinical Hypnotherapist, EFT and NLP Practitioner

**When:** Saturday 9:00 AM EST Salon: C

## **Virtual Aesthetics**

### **A Beauty Program that's So Much More**

The Virtual Aesthetics workshop is to share how I personally created my own program with the wonderful inspiration and influence by many people within the profession. An overview of the Virtual Aesthetics Program, what it is and why it was created with the study results of the hosted pilot scheme, the benefits of this life changing formula and the vision for the future of the Virtual Aesthetics.

#### **Bio: Shirley McLean (UK)**

Shirley McLean is an Advanced Clinical Hypnotherapist, EFT and NLP Practitioner and the proud founder of 'Virtual Aesthetics.'

Shirley's mission is to simply inspire and encourage people to live happier, healthier lives.

Prior to hypnotherapy, Shirley had a 31 year career in the NHS, including 14 years as a manager of a large pharmacy where she led 32 individuals to the Team of the Year Award. She was also shortlisted for the Chemist and Druggist Pharmacy Manager of the Year in 2017, a feat previously unheard of as Shirley was a non-pharmacist.

Shirley has obtained hundreds of health topic CPDs over the years including leadership, management training and healthy living. She is a mental health first aider.

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## **Michael C Anthony and Kenda Summers**

**When:** Friday 4:00 PM EST Salon: C

### **How to Develop and Profit from a Stage Hypnosis Career**

**Learn from two Experts in the Field. Newcomers and seasoned professionals welcome**

#### **Bio: Kenda Summers & Michael C Anthony (USA)**

This seminar is co-presented by Kenda Summers and Michael C Anthony. Kenda Summers is a Canadian stage hypnotist who now lives in the United States. Kenda has also trained her goldendoodle dog Stelly to perform with her. She is also the President of Wand Enterprises, a thriving entertainment agency that has been in operation for over 30 years. Michael C Anthony is a full-time Stage Hypnotist with over 25 years of experience and the founder of Stage Hypnosis University. He has performed in every state and on every continent. Michael was cast as "The Hypnotist" in The Illusionists, the world's highest grossing show of its kind, after a nationwide search.

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**Mirza, Turan,**

**When:** Friday 2:00 PM EST Salon: B

## **Presenting Hypnosis at Networking Events with Practical Tips**

This presentation will give practical advice and demos to hypnotherapists on how to network at networking events like BNI and other local meetups. The presentation will include real advice, recommendations and feedback from Turan's experience and success in gaining clients and referrals by performing live demo's and practical talks that will help you grow your business. Turan will cover the do's and don'ts of networking to help grow your practice

### **Bio: Turan Mirza (United Kingdom)**

I have used hypnosis for the last 13 years and for six years I have been a full-time hypnotist performing change work. Starting as a hobby, hypnosis developed into Street Hypnosis before moving to paid hypnosis entertainment. It was only a matter of time before I was asked to help people change their lives with hypnosis, so I started to train in that area and eventually made it my full-time career. The best way to find out about me is to check out my YouTube channel 'Feel Good Hypnosis.'

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**Murrell, Grant,** Post Graduate Diploma in Management (DiMS)

**When:** Friday 7:00 PM EST Salon: A

## **Hypnotic - Body Language**

### **The Subtle Art of Hypnotic Persuasion through Body Language**

By utilising Hypnotic Body Language skills you can very quickly build rapport with new clients, challenging clients and enhance the pace and accuracy of the desired outcome with your existing clients too. This added dimension to your Hypnotic portfolio of skills will allow you a fascinating insight into your clients hidden barriers and unrealised goals. Thereby giving you the uncanny ability to perceptively allay their fears and guide them to their stated outcomes whilst also helping them unlock the hidden pathway to their ultimate goals.

### **Bio: Grant Murrell (UK)**

Grant Murrell is fast becoming one of the most sought-after names in the world of human communication. He is an international speaker, transformation expert, Certified Trainer in NLP & Hypnotherapy, international bestselling author, radio show presenter and entrepreneur.

Over 20 years, Grant and an international team have helped thousands of employees, entrepreneurs, businesses and organisations across 15 countries to increase their profits by up to 200% in record time. Grant is regarded as a Thought Leader, world-class Coach, Hypnotherapist, mentor, consultant and trainer who is in demand across many countries.

Grant's vision is to build a global movement, skilfully navigating one million leaders to live without limits and clearly communicate their messages with the world.

## **Musche, Stin-Niels,**

**When:** Sunday 9:00 AM EST Salon: B

### **The Simpson Protocol**

#### **The Complete Integrated Protocol for Optimum Outcomes**

The Simpson Protocol is a process that allows the client's Conscious mind to relax and step aside so that the Superconscious can work freely and completely -to the benefit of the Client's optimum outcome.

This takes the Hypnotist's conscious mind out of the equation and allows the client's own mental assets to do the evaluation and the change work from within. This is a much purer means of bringing about an accurate and correct change for the specific issue in each client and is client-centered which empowers the client.

#### **Bio: Stin-Niels Musche (Germany)**

Stin-Niels Musche is a leading German hypnotherapist, CEO of Hypno School, and a licensed professional. He is the thrilling therapist with heart, stuffed with cheerfulness. Since 2010 he has been in adult education. Stin-Niels has had over 4000 delighted participants. He has also presented over 2000 full day events. Since 2009, he occupies himself with hypnosis. In 2013, he was awarded an international award at the International Hypnosis Conference in Zurich, Switzerland.

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**Neidigh, Joni,** Psychotherapist, Masters in Counseling Psychology, Certified Clinical Hypnotherapist and Trainer, Nationally Certified Domestic Violence Forensic Counselor

**When:** Sunday 3:00:00 PM EST Salon: A

### **Gold Medal Hypnosis for Teams**

#### **How to Structure and Deliver a Dynamic Team Talk**

In this workshop Joni will discuss how she is able to secure opportunities to speak to groups about the power of the mind as well as how she outlines and structures team talks to present a message tied to convincers, hypnotic phenomena, and self-hypnosis. In addition, Joni will provide you with tips that have proven to be successful in delivering team talks that not only are enjoyable, experiential, and interactive but result in new business.

## **Bio: Joni Neidigh (USA)**

Joni Johnston Neidigh is a Licensed Mental Health Counselor in the state of Florida and has been in private practice for over 30 years. In addition to her role as a psychotherapist, Joni is also a Certified Clinical Hypnotist and trainer for IC BCH. She assists people with a variety of issues including sleep disturbances, relaxation, weight loss, smoking cessation, anxiety, fear of flying, confidence, focus, concentration and much more.

In addition to her general practice, Joni specializes in athletic performance. She has helped develop athletes from age-group to Olympians and professionals. Joni works with athletes and coaches in a variety of sports.

Joni is also a corporate speaker and travels regularly to deliver talks at conferences, clubs, coaches clinics, and colleges. She is known to help individuals, corporations, teams, coaches, and parents learn to improve their mental game in a fun and easy way. In addition to seeing clients at her private practice locations in Florida, she also offers one on one sessions via, Zoom, or FaceTime.

Joni is the author of the AIM Gold Medal Mental Toughness Success Guide for Athletes as well as the Anger and Violence Intervention Program Success Guide. She offers sports hypnosis training and certification for her Gold Medal Mental Toughness for Hypnotists program. She has produced over 50 audio products to help with general wellness and athletic performance.

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**Nicoli, Tom**, BCH, CI, CPC - Board Certified Hypnotist - Certified Instructor - Certified Professional Coach

**When:** Sunday 2:00 PM EST Salon: C

## **The Top 3 Top Reasons Hypnotists Need Coaching**

### **How to Avoid the Pain and Struggle to achieve Client and Business Success.**

Once certified, new (and seasoned) hypnotists unfortunately are lost and without direction without any sense of what it takes to be really successful with clients and how to create business profits.

In this presentation you will learn the top 3 reasons why hypnotists need coaching from someone who has already done what you're looking to achieve - consistent client results and increased business profits. And how to do it with the most effective strategies in less time and with less struggle.

## **Bio: Tom Nicoli (USA)**

Tom Nicoli is an internationally published author, speaker, trainer, personal development coach, and consultant to practicing hypnotists. Tom is a Board Certified Hypnotist with the National Guild of Hypnotists, an NGH Certified Instructor, Certified Instructor Coach, NGH Advisory Board Member, Order of Braid Council Member and adjunct faculty member. He is also certified with the International Guild of Professional Coaches and Consultants as a Personal Development Coach.

Tom is a dynamic speaker, seminar leader and lecturer as well as a nationally recognized radio and television guest. The success of his work has been covered by Dateline NBC, national radio shows, and newspapers and print publications such as Shape magazine.

**Nongard, Richard**, MA in Counseling, MBA, Doctorate in Leadership (Cross-Cultural Engagement), and is currently completing his Doctor of Psychology degree program.

**When:** Friday 7:00 PM EST Salon: C

### **Using Your Dreams to Unlock your Subconscious Creativity**

He was awarded the "Hypnotist of the Year" by the Mid-America Hypnosis Conference. He has previously delivered inspirational hypnotic keynotes at HypnoThoughts LIVE, the MidAmerica Hypnosis Conference, the Canadian Hypnosis Conference, and the Australian Hypnotherapists Association.

#### **Bio: Richard Nongard (USA)**

Dr. Richard Nongard is a licensed marriage and family therapist, a popular author and a clinical hypnotherapist who has worked with thousands of clients over the past 30+ years.

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### **Oatley Hall, Denise,**

**When:** Saturday 6:00 PM EST Salon: C

### **If You Did It, You Can Use It! Capitalizing on your Unique Life Experience**

#### **Bio: Denise Oatley Hall (USA)**

Denise Oatley Hall is known as The Game Changer Queen and is the founder of Denise Oatley Hall Hypnosis. Denise started her career in hypnosis as a Comedy Stage Hypnotist in 2003 and became a Board-Certified Hypnotist in 2005 through NGH, trained by Gerald F. Kein.

Denise is a best-selling author on Amazon, is internationally recognized, and is respected by her colleagues for her experience, talent and expertise. Denise performed for the 2018 Mid America Hypnosis Conference as their featured Comedy Hypnotist and as a speaker. An award-winning hypnotist, Denise was also a speaker for the International Dave Elman Conference in 2021. Through her almost 20-year career, Denise has touched and changed the lives of over 65,000 people with healing and laughter.

Denise lives in Lutz, Florida on the outskirts of Tampa Bay.

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**Oduber, Eddy**, ■ Designated Certified Hypnotherapy Instructor - OMNI Hypnosis Training Center (2013) ■ Certified Hypnotherapy Instructor - NGH ■ Board Certified Hypnotherapist - NGH ■ Certified Hypnotherapist - NGH

**When:** Saturday 12:00 PM EST Salon: B

## **Essentials for Successful Regression Sessions**

### **Making sure your Regression Sessions are Successful**

After having done thousands of regressions and doing over 80% of all his clients with regression, a few important steps stick out. During the presentation, Eddy will go over these steps and share these simple tips that will improve your regression sessions enormously. Particularly making sure that you are indeed at the “initial sensitizing event” the pool of energy where the issues start.

#### **Bio: Eddy Oduber (Aruba)**

- Started doing smoking cessation in 2006.
- Followed numerous hypnosis and hypnotherapy courses.
- Certified Hypnotherapist - OMNI Hypnosis Training Center (2011)
- Certified Hypnotherapy Instructor - OMNI Hypnosis Training Center (2013)
- Certified Hypnotherapy Instructor - NGH
- Board Certified Hypnotherapist - NGH
- Certified Hypnotherapist - NGH
- -Path Certified Hypnotherapist - Cal Banyan

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**Onesta, Joseph**, Clinical Hypnosis Practitioner (CHP)

**When:** Sunday 3:00 PM EST Salon: B

## **Hypnotic Weight Loss**

### **A Strategy Shift**

Do you base your hypnotic weight loss protocols on an eat-less/exercise-more rationale? There is a much better way. In this short presentation, you'll learn the seven keys to effective hypnotic weight loss protocols. Your imagination will run wild adapting and improving on what you already do to be even more effective with your weight loss clients.

#### **Bio: Joseph Onesta (USA)**

Joseph Onesta is a certified clinical hypnosis practitioner and author from Pittsburgh, Pennsylvania where he specializes in helping his clients reverse type 2 diabetes and lose weight. His certifications include the International Medical and Dental Hypnosis Association (IMDHA), and the International Certification Board of Clinical Hypnotherapy (ICBCH) where he is also certified as an instructor. He regularly presents at international hypnosis conferences. In addition to his client-centered practice, he privately mentors and supervises new hypnotists in the development of their skills and practices.

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**Pank, Christophe,**

**When:** Saturday 1:00 PM EST Salon: A

**The Use of the Deep Trance in Auto Hypnosis**

His programs, HYPNOTIC WORKERS and HYPNOTIC BUSINESS SYSTEMS are used by thousands of professional hypnotists world-wide, and he co-trains the ICBCH Train-the-Trainer Program.

**Bio: Christophe Pank (France)**

I'm Pank, a French hypnotist and psychopractitioner. I've worked with energetic, NLP and auto-hypnosis since my teen age years.

I'm a DEHI, NGH, NLPU trainer.

My passion is the understanding of trance in therapy and martial arts.

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**Papadakis, Debbie,** Clinical Hypnotherapist, Registered Psychotherapist

**When:** Friday 1:00 PM EST Salon: B

**Regression Therapy**

**Quickly Find the Root Cause Of Any Complex Issue**

The Relationship Code is a systematic combination of conflict resolution techniques using the secrets of ancient healing, and visualization, with Decording. As demonstrated in her new book, The Relationship Code: Heal Your Wounded Heart, Debbie Papadakis has further enhanced this system with the power of hypnosis, making it a highly dynamic tool for Hypnotists and Hypnotherapists. Learn how to facilitate this very simple, yet powerful system to assist clients to heal their wounded heart. Yes, you too can learn to help your clients transform any relationship!! Debbie will guide you through a step-by-step demonstration using the techniques required to restore and renew your clients' relationships, and heal their wounded heart by removing the blockages that hinder them.

**Bio: Debbie Papadakis (Canada)**

Debbie Despina Papadakis, RP, CHt, CI is a Registered Psychotherapist, Clinical Hypnotherapist, Diplomate of the IMDHA, Author of The Relationship Code: Heal Your Wounded Heart, and has practiced since 1995. She has been featured in Oprah's "O" Magazine, O's Big Book of Happiness, ElleCanada, Zoomer, CNN.com, WTN and VISIONTV. She is an NGH Certified Hypnosis Instructor, an IMDHA Certified Hypnosis and Pain Management Instructor, IBRT Certified Past Life Regression Instructor, Reiki Master, educator, speaker and founding director of Hypno Healing Institute (Hypnosis School & Clinic) in Toronto, Canada. She received the IMDHA Life Diplomate and Fellow Awards in Hypnotherapy and the NGH Charles Tebbetts' Award for spreading the light of hypnotism

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**Peacock, Sue,** C.Psychol, AFBPsS, PhD, MSc, BSc (Hons)

**When:** Friday 12:00 PM EST Salon: B

## **Becoming a Hypnotic Urinary Incontinence Influencer**

Urinary incontinence affects 200 million people worldwide. Often, women wait 6.5 years from the first time they experience symptoms until they obtain a diagnosis.

These figures, just represent the people who have reported symptoms. We know that incontinence is one of the least-talked-about medical issues. Between the social stigma that many patients face and personal embarrassment they experience, it's no surprise that there's less understanding about incontinence than most other health challenges. Urinary incontinence also can have a detrimental effect on activity levels and psychological state, leading to depression and withdrawal from social settings.

Urinary incontinence impacts on the individual, on society and on the economy. As hypnotherapists we are well placed to use our skills to help people manage their symptoms so they can re-engage with their life. My presentation will discuss why Elman's induction is perfect of this group of patients, why it is a useful method to teach other health professionals and my experiences of treating this group of people using case studies.

### **Bio: Sue Peacock (UK)**

Dr Sue Peacock is a leading Consultant Health Psychologist registered with the Health and Care Professions Council. She is an Associate Fellow of The British Psychological Society and a Registered Advanced Clinical Hypnotherapist with an extensive track record of helping clients with sleep disorders, chronic pain, physical health issues, anxiety and clinical depression for over 20 years.

Sue has won accolades including the Top Doctors Award for Psychology and a research grant to pioneer her sleeping with chronic pain programme from NHS Health Innovations. She trains psychologists and hypnotherapy practitioners around the world. Sue is an external examiner for the Doctorate in Health Psychology and a British Psychological Society approved supervisor.

Sue is also a published author and has been featured in academia and by the media for her work. Sue works with an empathetic practical manner with clients and recognises the need to support clients to move forward on a practical level.

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**Polk, Kristie**, Doctorate in Human and Organizational Psychology

**When:** Saturday 4:00 PM EST Salon: A

## **Growing Through Grief**

### **Sad Panda**

According to the Scientific American (2021), "Covid has put the world at risk of Prolonged Grief Disorder". It is likely that we all know someone who has suffered loss and in grief. Join the important discussion about how to come along side bereaved families who are left to navigate the high tides and unpredictable waves of their own grief while they also try to ease the pain of others. Brains are foggy, reality is turned upside down, food has lost its taste, and we aren't prepared; almost no one is naturally equipped for such an overwhelming task. This presentation offers simple ideas through straightforward conversation, based on research and experience, to help navigate our friends, clients, and young children through the flotsam of grief.

#### **Bio: Kristie Polk (USA)**

Kristie Polk is a consulting Human and Organizational Psychologist by degree, a strategic leader by experience, and an enthusiastic psychology instructor by passion. After the unexpected death of her daughter in 2021, grief and resilience became the central focus of her research. When three friends close to her lost their respective husbands in 2022, she knew it was time to put what she'd learned on paper for the children and wives left to navigate their overwhelming losses; Sad Panda and the Bereavement Buddy Collection was born.

Kristie brings her passion for communication and leadership to all aspects of her life including the classroom and her family as part of her mission to equip and empower other leaders. She's been married for over 30 years and treasures her family and faith above all else. Dr. Polk has recently published her first book, dedicated to helping bereaved children successfully navigate their journey through grief, and is weeks from publishing her second. She lives in North Carolina with her husband where their son just made them proud grandparents.

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**Rhodes, Brenda**, CHI, Spiritual Counselor, Hypno-Coach, Reiki Master

**When:** Friday 6:00 PM EST Salon: C

## **Narcissist Be Gone!**

### **Release Narcissistic Trauma**

This workshop involves understanding and dealing with a narcissist. To help people recognize the signs and trauma endured by narcissistic people and reclaiming their confidence and self-esteem.

#### **Bio: Brenda Rhodes (USA)**

Brenda Rhodes, CHI, IHF certified, is a hypnosis, Reiki and instructor of Andean cosmology for over 25 years. She provides in-office and video conference professional training. Brenda's training programs are current, creative, and innovative; she provides a solid non-judgmental framework that ensures her students'/clients' support and success.

## **Riley, Karen (Kaz)**

**When:** Saturday 10:00 AM EST Salon: A

### **The Magical Mrs. Elman An Unsung Hero in the Elman Legacy**

#### **Bio: Karen (Kaz) Riley (UK)**

Kaz Riley is an award winning, leading international hypnotist, hypnotherapist and hypnosis educator. She is recognised as leading expert in the fields of Sexual freedom, sexual dysfunction and kink friendly hypnotherapy, she has an excellent international reputation for both her work with clients and her specialist training and mentoring programmes for hypnotherapists. Kaz is the founder and creator of Sexual freedom hypnosis, which is now taught across the world.

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## **Rocki, MD, PhD, Wieslaw, MD, PhD, CHt**

**When:** Friday 3:00 PM EST Salon: C

### **Dave Elman's Teachings Help Me to be a Better Doctor**

Dave Elman, besides teaching techniques, brought to the medical profession awareness of exploring and healing root causes of diseases. Also, his considering of hypnosis as a state of mind rather than a (fixed or immutable) condition relates to the currently popular concept of neuroplasticity. I would love to explore how Dave Elman philosophy and techniques can be used to address the current hypnotic trances, the epidemic of chronic diseases and the emotional burnout among medical professionals.

In my presentation, I will share how I use teaching of Dave Elman's in my work with patients who face chronic disease and with teaching prevention of burnout in medical profession. I hope by presenting my experience and ideas I will inspire discussion which can originate some initiatives. For example, I feel that there is a calling for the hypnotherapy, with it's techniques and philosophy to move to the first line of healing. In such a case Dave Elman's teachings presents a valid stepping stone.

#### **Bio: Wieslaw Rocki, MD, PhD (USA)**

I am a medical doctor with 45 years of experience in conventional and alternative medicine, research, pharmaceutical development, and non-medical modalities of healing. For the last ten years, my clinical practice and self-healing incorporated clinical hypnotherapy and applied improvisation. These two modalities are fundamental in daily homeostasis (healthy balance) of the mind-body-spirit continuum. The interplay of hypnotherapy with improvisation in healing and self-care has been a topic of my lectures and workshops presented to hypnotherapists and written up in my incoming book titled: Yes to Disease and Healing. Physician's 4-step Roadmap to Health.

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**Roth, Melissa,** CHt. PhD

**When:** Friday 2:00 PM EST Salon: A

## **Irritable Bowel Syndrome Relief ASAP**

IBS affects 1 in 3 adult women and 1 in 5 of the general population. Conventional medicine has little to offer those who suffer from this condition. Gut specific hypnotherapy eliminates ALL symptoms for 86% of clients and the symptoms don't come back when the sessions end. Learn this gentle but powerful protocol and build your client base.

### **Bio: Melissa Roth (USA)**

After healing her own severe IBS and fibromyalgia symptoms using self hypnosis, Melissa became a certified hypnotherapist. She specializes in health challenges that have not responded to conventional medicine.

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**Roth, Seth-Deborah,** CRNA,RN,CCHt,CI

**When:** Sunday 6:00 PM EST Salon: B

## **Using The Elman Induction in Medical Hypnosis**

### **A Basic Tool**

The Elman Induction is also a basic tool for teaching self hypnosis. Self hypnosis is a necessity for many areas of medical hypnosis. Self care is very important for consistent change.

In medical hypnosis we deal with everything including Pain Management, IBS, Cancer Treatment Support, Procedure Anxiety and much more. The Elman Induction is one the BEST basic tools one can be skilled and comfortable with.

### **Bio: Seth-Deborah Roth (USA)**

Seth-Deborah is a CRNA and a Clinical Hypnotherapist. She is a NGH hypnosis instructor, a fellow with the NBCCHT, and a member of the "Order of Braid." She has received the "Award of Excellence in the Field of Health" and the "Charles Tebbetts Award." She has presented at UCSF Integrative Health Forum, the UCSF student elective for Alternative Health class, Samuel Merritt University of Health Sciences, NGH, the American Board of Hypnosis, the Institute of Advanced Studies in Health, Dermatology Nurses Association, Kaiser Hospital, St. Rose Hospital, Sutter Health Hospital, Herrick - Summit Hospital, Seton Hospital, IHF and the Association for Professional Hypnosis and Psychotherapy. Some might remember when she became nationally known for her appearance on the Discovery Channel's "MythBusters" segment on hypnosis.

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**Russo, Giancarlo,** Doctor in Physiotherapy

**When:** Saturday 2:00 PM EST Salon: A

**The Application of Dave Elman Hypnosis Strategy in the Medical Field**  
**How Dave Elman Inspired me in my Work**

The focus of my presentation will be about the revolution Dave Elman's hypnotic style brought into my everyday practice in hospital and private practice.

Building a strong link with the patients, helping them finding solution for their problems, is what make me feel really lucky to do the work I do.

**Bio: Giancarlo Russo (Italy)**

Giancarlo Russo is a Physiotherapist who graduated from the Catholic University of Rome, Italy. He specializes in Neuro Rehabilitation of newborns and adults.

He also specializes in Pain Therapy, Functional Rehabilitation and Sport Injuries Management.

His studies into the hypnosis field started in the middle of the '80s.

He studied under several instructors. An expert in Physiognomy, Non Verbal Hypnosis and Body Language, his practice is mainly in Italy and he travels the world to teach his approach.

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**Sandland, Scott,**

**When:** Sunday 11:00 AM EST Salon: A

**Thinking Big**  
**What Else Can We Do With Hypnosis?**

**Bio: Scott Sandland (USA)**

Scott Sandland is a hypnotherapist and founder of HypnoThoughts Live, the largest hypnosis convention in the world, which takes place annually in Las Vegas.

He's also the co-founder and CEO of Cyrano.ai, a natural language understanding system that improves human-computer communication.

Cyrano.ai and Scott are dedicated to building a digital therapist that can be given away freely to every at-risk teen in America.

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**Santiago, Vicky**, Advanced Diploma in Clinical Hypnotherapy, Rapid Transformational Therapy Practitioner, Simpson Protocol Practitioner

**When:** Sunday 8:00 PM EST Salon: B

**Human Design Hypnosis**  
**Reconnecting with our Authentic Selves**

Human Design is a system that reveals your unique energetic makeup. It is based on your birth data and provides insight into your personality, strengths, weaknesses, and potential.

Because Human Design is all about understanding how people are wired and what motivates them, it's a fantastic tool for supporting your clients to create maximum results. It shines the light on your authentic self, highlighting where you may be out of alignment due to trauma, limiting beliefs and conditioning.

We'll discuss what Human Design is, how it partners beautifully with hypnotherapy, and how I use it in the clinic in conjunction with the Elman induction and deep hypnosis work.

**Bio: Vicky Santiago (New Zealand)**

Vicky Santiago is a Clinical Hypnotherapist and Business Coach specializing in helping professionals reach their full potential in business, life and wellness.

As a professional speaker, Vicky is a regular presenter at conferences and summits both in New Zealand and overseas, speaking on topics related to mental health and business success mindset.

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**Scholl, Barbara,**

**When:** Sunday 10:00 AM EST Salon: B

**DEI Translated for Kids and Teens**  
**HypnoKids® Inductions insight**

Barbara Scholl will share her deep understanding in the field of inductions for children and teens and draw interesting parallels from the adult DEI to her field of specialty: child and teen hypnotherapy.

**Bio: Barbara Scholl (Switzerland)**

Barbara Scholl grew up in Switzerland, Brazil and the USA. She has all her spotlights on child and teen hypnotherapy. She is known for her dynamic way of presenting and for sharing her profound knowledge freely. She is a bestselling author in her field and the global instructor (live and online) of the successful OMNI HypnoKids® method. Come and meet Barbara: her passion will magically swap over to you. Barbara is a certified member of I.A.C.T. and OMNI Hypnosis, trained by Gerald F. Kein and her brother Hansruedi J. Wipf, the successor of Gerald F. Kein.

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**Scott, Patricia**, PhD (Behavioral Science), Board Certified Clinical & Medical Hypnotherapist, Certified Addictions & Immune System Hypnotherapist, CMT (Certified Master Trainer - IACT), Life Fellow (IMDHA), NLP Master Practitioner, CPTT (Certified Parts Therapy Trainer - Tebbetts Foundation), Certified Spiritual Counselor (IHF), Certified Metaphysical & Past Life Regression Practitioner, Registered Hypnotic Anaesthesiologist

**When:** Friday 2:00 PM EST Salon: C

## **Pretalk as a Catalyst for Change**

### **How to Set Your Client UP for Success in the Pretalk**

During 30+ years practicing Hypnotherapy, it has become ever more apparent to me that the pretalk is the single most important element of the session. Coming into this field from a background in the performing arts (singing, acting and songwriting), Dave Elman's focus on improvising and adapting the session to the client rang true for me. The more flexible and creative you are in the pretalk, the more you can set the stage for successful outcomes for your client. In this seminar I'll share approaches, attitudes, and powerful tools I've developed, and provide supporting materials you can begin using immediately to literally set your clients UP for success!

#### **Bio: Patricia Scott (USA)**

Patricia (Patti) is a Board Certified Clinical & Medical Hypnotherapist since 1992, NLP Master Practitioner, International Association of Counselors & Therapists Certified Master Trainer, International Medical & Dental Hypnotherapy Association Life Fellow, International Hypnosis Federation Certified Instructor, and creator and trainer of Medical Hypnotherapy Specialty Certification. She's President at UP Hypnosis Institute (UPHI), an IMDHA approved school in Florida where she works with private clients and teaches internationally-recognized training and Certifications in Hypnosis, Medical Hypnotherapy & NLP, live & on-line. Prior to 1992, Patti spent 20 years as a professional singer, actor, dancer & published songwriter.

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**Shephard, David**, BSc Hons Electronics, Honorary Doctorate in Esoteric Studies, Master Trainer of NLP, Time Line Therapy, Hypnosis and Kumu of Hawaiian Huna.

**When:** Sunday 4:00 PM EST Salon: C

## **How to use the Dave Elman Triple Hand Shake To Remove Any Problem**

When doing a stage hypnosis show, I would regularly have the number four disappear for a volunteer by pure suggestion. I wondered what else I got make disappear. I started with stage fright. In five minutes, I used the Dave Elman Triple handshake induction to remove a phobia of public speaking and have the volunteer then present to 100 people! I've even used it to remove hay fever in the same amount of time. In this session I will give you all the steps to make this work.

#### **Bio: David Shephard (UK)**

I discovered NLP in 1990 which led me to be certified in NLP, Hypnosis and Time Line Therapy in 1993, I was made a Master Trainer of all three disciplines in 1996. I set up my training institute in 1993 and have been teaching the general public, training corporate clients and working with private clients ever since.

**Smith, Karl,**

**When:** Sunday 4:00 PM EST Salon: B

**The Hypnotic Myth  
Do you really need Hypnosis Inductions**

We will discuss inductions and troubleshooting. You will walk away with a new process for free.

**Bio: Karl Smith (Uk)**

12 years British Army and then 12 Years as a SWAT officer, Karl Smith turned Street Hypnotist and Hypnotherapist in the UK. He will give you 15 years of hypnosis experiences.

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**Stockwell Nicholas, Shelley,**

**When:** Sunday 5:00 PM EST Salon: A

**Up to Basics! Explore the Nitty Gritty of YOU and the Work You Do**

**Bio: Shelley Stockwell Nicholas (USA)**

Transpersonal Hypnotherapy Instructor, Shelley Stockwell-Nicholas, PhD is President and co-founder (with Ormond McGill) of the International Hypnosis Federation. She's the author of 25 books used in hypnosis that are used schools worldwide and a regular guest on radio, television, in the press and on social media.

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**Tricarico, Bruno,**

**When:** Friday 3:00 PM EST Salon: A

**Creating our Reality  
How our Brains Create our Reality**

Learn how your brain influences the way you perceive your reality, whether positively or negatively. Understand how neuroscience shows conflicts or resources in our brains and how hypnosis can help transform lives

**Bio: Bruno Tricarico (Brasil)**

A hypnotherapist with over 19 years of experience in therapy processes using hypnosis, Bruno Tricario is an instructor of Hypnotherapy and Neuroscience applied to hypnosis. Author of the book Hypnosis for the Clinician, he is the Co-Founding Partner and Scientific Director of Cortex Academy.

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**Villagras Surco, Luz,** BSc in Psychology, Hypnotherapist, CI practitioner, Conscious Parenting Coach

**When:** Saturday 10:00 AM EST Salon: B

### **Conscious Parenting and Hypnosis The Hypnosis that Parents make on Children**

My presentation is about the importance of parenting and why should we learn about parenting on the most conscious ways. It will also touch on generational traumas, childhood trauma, and personality adaptation due to parental, social, cultural and religious conditioning. We will explore hypnosis in relation to how we (parents) suggest our children personalities from the very early years of their lives through the words and hypnosis we transfer and project into them as well as the connection between childhood and dysfunctional upbringing.

#### **Bio: Luz Villagras Surco (United Arab Emirates)**

My name is Luz Maria Villagras Surco. I am a psychotherapist, NLP Practitioner, Certified Conscious Parenting Coach and Compassionate Inquiry Practitioner. I love my job and what I do. I am a life coach, parent coach, and couples therapist. I am the founder of company called Positive Living UAE.

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### **Watson, Michael,**

**When:** Friday 7:00 PM EST Salon: B

### **Loosening Your Grip: Prerequisites to Transformation**

Unwanted beliefs, thoughts, symptoms and behaviors are intractably locked into our neuromuscular systems and may seem inaccessible and unamenable to change. We'll explore how hypnosis is used to open the lock, so that re-evaluation and reconsolidation become possible. Lively discussion and demonstration will make this presentation memorable.

#### **Bio: Michael Watson (USA)**

Michael Watson is the Principal Trainer for IACT/IMDHA and has been practicing hypnotherapy for over 40 years. His gentle and lighthearted style combined with his commitment to your success make his teaching as enjoyable as it is useful.

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**Waxkirsh, Sharon,** BAHons Cht Mht HBCE

**When:** Friday 9:00:00 AM EST Salon: B

## **Mental Dental**

### **Your Questions answered on Dental Hypnosis**

Have you ever used hypnosis for dentistry? Dave Elman's priority was training the medical and dental profession. Hypnosis/Mesmerism was initially used as a medical and dental tool before chemical anesthesia became available and before it was used as an application in therapy. Elman saw the potential in teaching the medical and dental professionals. Yet, more importantly, I see the potential in teaching the hypnotherapists. We are the ones that get the clients with anxiety, we are the ones that see the phobic patients, we are the ones that have to help clients achieve better outcomes in surgery and medical treatments. We are the ones to introduce this back to the medical and dental profession. Discover the skills needed for dental hypnosis.

#### **Bio: Sharon Waxkirsh (USA)**

Sharon Waxkirsh is director of the Academy for Hypnosis, a school specializing in training surgeons, dentists, anesthetists alongside established hypnotherapists, as well as new entrants into the field of hypnotherapy.

Trained by Gil Boyne, Dr John Butler and Marie Mongan, her work extends to The Portland Hospital, Chelsea and Westminster Hospital, Great Ormond Street, St Johns and Elizabeth, Bushey Spires, and King Edward VII hospitals. She was the supervisor for St Marks Hospital's Hypnotherapy Unit for Gastrointestinal disorders, yearly lecturer for Kent and Canterbury Hospital, Macmillan Cancer support and principal visiting lecturer of hypnosis at Portsmouth Dental University, part of Kings College.

She resides in both the UK and USA with her husband, an Associate Professor of Biological Sciences at Purdue University, Indiana.

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**Wilkins, Tyra-Lee**, Master Practitioner of Hypnosis, Master Practitioner in NLP, Master Practitioner in NLP Coaching, Master Practitioner in Time Line Therapy

**When:** Sunday 1:00 PM EST Salon: A

### **Subconsciously Healing, Consciously Thriving: Surviving The Dark Triad Dad**

Understanding that trauma is unique to each individual is the key to helping someone identify whether trauma is present and where changes need to be made. My experience of trauma was suppressed because of my understanding of the 'definition' of trauma; it felt irrelevant and small in comparison. Unbeknown to many of us, trauma, no matter how big or small, shapes and paves the way for a lot more than we think. When we are in a space where deep down we know something isn't right or we have a 'why does this always happen to me' mentality, we have to look deeper. We have to heal, we have to break the cycle and we need to shift from surviving to thriving - if not for ourselves, then for our children.

#### **Bio: Tyra-Lee Wilkins (UK)**

In my search to become someone who can help people through tough blows life throws at them, I discovered how much personal healing needed to take place first. I understood you cannot help others until you help yourself and in doing so, projected forward into a journey of healing through hypnosis and NLP training to become a Master Practitioner so I could show up in the best way possible for the people who need my help. I am continuously finding areas to grow in my own personal space and focusing on guiding people into places of true self acceptance and congruency within. I am in training to become a Goulding Method- SleepTalk consultant where my aim is to help parents create an environment full of love and acceptance while they are on their own journeys to find them for themselves.

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**Wong, Paul**, BSME, MBA

**When:** Saturday 7:00 PM EST Salon: A

### **Resolving High Achiever Challenges**

In this workshop, Paul Wong shares his experiences of working with 7- and 8- figure business owners, best-selling authors, and influencers.

Even though they are highly successful in their professions, and live luxurious lives, they are still suffering. Why? One core belief is the "I'm not enough" belief. This belief comes from early sufferings or traumas or is passed down from ancestors' conditioning and programs.

This belief causes them to suffer from insecurities, unhappiness, to fail in relationships and even contract debilitating chronic health problems. If you or your client is a high achiever but something is missing or you are suffering from the above, this session is for you.

## **Bio: Paul Wong (USA)**

Paul Wong consults and helps business owners and influencers solve complex and debilitating life challenges. He is an author, instructor, and master healer focused on Eastern energetics and wisdom as well as consciousness work.

He trained extensively with healing modalities including Yuen Method, Matrix Energetics, Spring Forest Qigong, Vortex Healing, EFT, Body Talk, Theta Healing, etc.

He has been a lifelong learner studying hypnotherapy, NLP and Reiki in the 90s. In 2005, he was diagnosed with severe chronic health problems. To resolve them, he trained with the energy healing modalities above. His search for healing took him to ashrams and spiritual masters in India. His techniques are the accumulation of his learnings from teachers and thousands of hours of work with clients, meditation, and self-work.

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**Woods, Steve**, Registered Hypnotist with the Academy of Hypnotic Arts, SNHS Hypnotherapy Diploma, Trained doctors for the BMA for 2 years on Self Hypnosis

**When:** Saturday 3:00 PM EST Salon: C

## **Hypnosis 'Fore' Golf**

**Your clients in the zone every time. Anchor success and release the blocks.**

Millions of golfers around the world struggle with the emotional rollercoaster of their games, their sports - for some, their religions. Five or six years ago, I started to meet golfers that had 'tried' hypnotherapy but said it didn't work. They said the hypnotherapists didn't understand the game.

At the time, I had just finished working with a golfer with great results. But I had a secret..... I didn't play golf (and still don't). But I got great results. So, I took apart what I did and rebuilt it to offer others and I continue to get great results every time. Today you can learn what I do and how it is delivered to get your golf clients in the zone each and every time.

## **Bio: Steve Woods (UK)**

I have been working in the world of helping people through hypnosis since 2004. The last five years have seen a focused and specialised approach to the world of golf. I help golfers get the enjoyment back and be more competitive, if that's their thing.

It's not just about the golf, though. I currently work with a gold medal boxer, motorsport drivers, ice skaters and runners as well.

In the past, I have delivered two years of Self Hypnosis training to doctors and consultants through the British Medical Association. I've worked with a hospice and cancer charity on staff wellbeing and helped corporate clients provide self-care for staff.

I love helping people perform better in life and sharing that with others to do the same!

## Conference Presenters Contact Information

Abrahamsen, Joann	<a href="http://www.JoannAbrahamsen.com">www.JoannAbrahamsen.com</a>
Amorim Filho, Bedito	
Anamaria Cristodora Buiculescu &, Jordi Martinez	<a href="http://www.karmagirona.com">www.karmagirona.com</a>
Andrews, Sean Michael	<a href="http://www.AtlanticHypnosisInstitute.com">www.Atlantic Hypnosis Institute</a>
Baker, Lance	<a href="http://www.branchesofhealing.com.au">www.branchesofhealing.com.au</a>
Banks, Eric	
Barrett Adams, Tracy	<a href="http://www.TracyBarrettAdams.com">www.TracyBarrettAdams.com</a>
Beaven-Marks, Kate	<a href="http://www.hypnotc.com">www.hypnotc.com</a>
Beers, Cindy	<a href="http://www.CindyBeers.com">www.CindyBeers.com</a>
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